



THE OIL HOUSE PRODUCT GUIDE

Australia & New Zealand

Effective 1 March, 2023



Welcome to Young Living

Young Living is a global movement to empower the world with nature's living energy: essential oils. People everywhere are searching for ways to create healthier homes by ditching the dirty status quo and products with synthetic "mystery" ingredients. By switching to Young Living® products with the life-giving energy that comes through the purity of Mother Nature's plant kingdom, we can promote healthier lives and leave behind a better world for our loved ones. This is an exciting time of growth, as more people are looking for products they can trust for a life that's free of harsh chemicals; a life where they don't have to compromise on what they bring into their homes.

Young Living's commitment is to offer everyone the opportunity to live freer lives with peace of mind and wellness with our clean, natural solutions.

As the world leader in essential oils, our company is the standard-bearer for this global movement dedicated to providing the most and best premium essential oils, personal care, cleaning products and nutritional supplements infused with essential oils available on the market today.

The beating heart of Young Living is our proprietary Seed to Seal® quality commitment. That commitment entails the oils that come from our farms and partner farms and also promotes our commitment to providing you with the highest quality for anything that carries our name. We invite you to visit our farms throughout the world for a first-hand look at our passion for quality.

Our products are here to empower you as you create your environment of freedom and well-being and learn how nature's living energy can touch and enhance every part of your life.

We look forward to hearing about your old and new favourites and the benefits they bring to you, your family and friends around the world. Thank you for being part of this great legacy with a purpose fueled by your passion and excitement as we take the mission of Young Living to the far corners of the earth, bringing wellness, abundance and happiness to all.

A handwritten signature in dark green ink that reads "Mary Young". The script is elegant and cursive, with the first letters of "Mary" and "Young" being capitalized and prominent.

Young Living
Co-Founder and CEO

Table *of* Contents

01. ABOUT YOUNG LIVING

- 03. Sustainability, Quality and Purpose
- 04. DIY Guide Book
- 05. How to use Essential Oils
- 06. Usage Keys

07. ESSENTIAL OIL PRODUCTS

- 08. Essential Oil Singles
- 19. Wellness Essential Oils (AU only)
- 21. Essential Oil Blends
- 32. Culinary Essential Oils
- 37. Essential Oil Roll-Ons
- 38. Massage Oils
- 39. Essential Oil Collections
- 41. Essential Oil Diffusers

45. AT HOME

- 46. Thieves Household Care
- 47. Thieves Personal Care
- 48. Thieves Dental Care
- 49. Seedlings
- 51. KidScents
- 53. Animal Scents

55. ESSENTIAL HEALTH

- 56. NingXia
- 57. Slique
- 58. Other Foods & Beverages

59. ESSENTIAL NUTRITION

- 60. Essential Nutrition

63. PERSONAL CARE

- 47. Thieves Personal Care
- 48. Thieves Dental Care
- 64. Facial Care
- 68. Body Care
- 73. Hair Care
- 74. Men's Care

75. JOIN YOUNG LIVING

- 75. Shopping has its benefits
- 76. 3 Ways to Join Young Living
- 77. Starter Bundles
- 78. Lifestyle Collections
- 79. Essential Rewards
- 80. The YL Business Opportunity

81. THE D. GARY YOUNG, YOUNG LIVING FOUNDATION

83. SEED TO SEAL

- 83. Seed to Seal
- 85. Global Farms



For the most up-to-date pricing and product availability, please refer to the products section of the website
www.YoungLiving.com.au or www.YoungLiving.co.nz

You can also view the most current Price List online via the YL Digital Library
Library.YoungLiving.com/en/au or Library.YoungLiving.com/en/nz

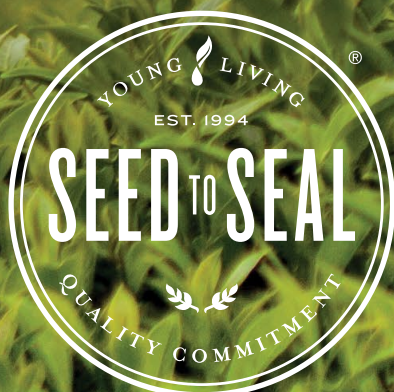
Sustainability, Quality and Purpose

We live in a manufactured world as we deepen the divide between ourselves and the great outdoors. From pine-scented candles to peppermint toothpaste, our homes are filled with products that contain only trace remnants of the natural world. Instead of turning to man-made synthetics to solve our problems, we're turning back to nature to live healthier, cleaner lives.

As the leader in the modern essential oils movement, Young Living has paved the way toward greener living by blending nature and innovative and proprietary technology to draw us closer to the world around us. For over 25 years, we've defined what it means to deliver the most pristine, potent oils on the market. That quality relies on our Seed to Seal® quality commitment, ensuring that every product reflects our rigorous, thoroughly tested, top-to-bottom quality approaches.

With a trophy shelf of clean building awards and more than 2,500 harmful mainstream chemicals banned from our product formulations, we help you reduce your harsh chemical footprint while simultaneously eliminating our own. Our planet takes care of us and we return the favour with recycling, waste-cutting, regenerative agriculture and more to deliver products to your home using the most responsible and sustainable methods.

The synthetic world we live in might be what we're used to, but we aren't confined to the material world. Ancestral knowledge about the workings of nature is all around us. By connecting and learning from the natural world, we live in harmony with the planet and have the potential to elevate and transform our lives.



D. Gary Young - Young Living Essential Oils Founder

DIY GUIDE TO



YOUNG LIVING
— ESSENTIAL OILS —



DOWNLOAD FOR FREE
FROM THE DIGITAL LIBRARY



How to use Essential Oils

All Young Living essential oils feature a signature aroma you can smell for a wide variety of benefits. One oil's crisp scent can be invigorating, while another's soothing aroma can help you unwind after a long day.

Here are some ways to experience the aromatic benefits of a Young Living essential oil:



AROMATICALLY

Use essential oils aromatically to uplift the spirit.

- Rub 2–3 drops of essential oil between your palms and inhale.
- Add a few drops of essential oil to a bowl of hot water. Cover your head and bowl with a towel. Breathe deeply and slowly.
- Use your favourite essential oils in our many diffusers designed to gently and effectively bring nature's aromas into your home or workplace.
- Add a few drops to a bath or shower, turn on the warm water and surround yourself with an invigorating steam.



TOPICALLY

Applying essential oils topically allows your skin to absorb the benefits. Visit our website product pages for suggested uses to explore or start with these tips:

- Place 2–3 drops of essential oil directly on your feet, wrist, chest or neck.
- Add a few drops to your moisturiser or other personal care products.
- Use in a massage.

CAUTION: Always follow the label's dilution instructions. Essential oils are very potent and may be irritating to the skin. If irritation occurs, apply Young Living's V-6™ Enhanced Vegetable Oil Complex or any pure plant-based oil to the area to dilute.

☀ Citrus essential oils and blends may cause photosensitivity; avoid direct sunlight or UV rays for up to 12 hours after applying them.



FLAVOURING

Some Young Living essential oils are generally regarded as safe (GRAS) to add to your recipes and beverages. If you think an oil smells terrific, wait until you taste it! Seasoning your favourite recipes with our culinary essential oils lets you savour all their spicy, herbaceous, fruity potential. Here are three ways to take essential oils internally:

- Add 1–2 drops of approved culinary essential oils to a glass of water, NingXia Red®, juice, yoghurt or milk of choice.
- Add 1–2 drops of culinary essential oils (to taste) to meals when cooking, in place of herbs, zest or juice.

NOTE: Only use the essential oils that have been indicated as suitable for flavouring. See Page 32 for details.

Always consult individual product labels for usage directions.

OIL USAGE ICON KEY



AROMATIC:

Inhale directly or use in a Young Living diffuser.



DILUTE:

Topical dilution with a carrier oil is required. See label for use.



FLAVOURING:

Add 1-2 drops to a beverage or food of choice.



PHOTOSENSITIVITY:

Avoid direct sunlight and UV rays for at least 12 hours after application to skin.



TOPICAL:

Apply directly to skin. Dilution may be required for sensitive skin. See label for use.

VEGAN ICON KEY



VEGAN FRIENDLY



VEGETARIAN FRIENDLY

For further information regarding why products are vegetarian but not vegan, please refer to the PDF here: bit.ly/yl-vegan-list





Essential Oil Products

Essential oils are the heart of Young Living and the foundation of our product line. Browse through our products to discover versatile, powerful essential oils and blends backed by our Seed to Seal® quality commitment and find the essential oils you'll want at your side.

Essential Oil Singles

With decades of research and experience, we've perfected our proprietary Seed to Seal® quality commitment to ensure that our essential oils are the most pure and authentic available. This dedication to excellence is what makes our essential oils stand out from the rest and what delivers a noticeable quality difference you can experience with every bottle.



ANGELICA

Angelica archangelica

Item No. 307802 | 5 ml

Angelica has soothing aromatic qualities that help create a relaxing environment. It has been referred to as the 'oil of angels' because of its ability to calm, restore happy memories and bring peaceful sleep.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



AUSTRALIAN ERICIFOLIA

Melaleuca ericifolia

Item No. 352202 | 5 ml

Australian Ericifolia, commonly known as 'Lavender Tea Tree', is native to Tasmania and has a woody, Australian bush aroma with fresh, sweet floral-herbaceous notes. Add this unique scent to your beauty routine or diffuse to create a calming and soothing atmosphere.

HOW TO USE Diffuse, directly inhale or apply topically.



BASIL

Ocimum basilicum

Item No. 350002 | 15 ml

Basil essential oil has a fresh, herbaceous aroma known to be calming and refreshing. Dilute with V-6™ or another carrier oil when applying directly to the skin.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



BERGAMOT

Citrus aurantium bergamia

Item No. 350302 | 15 ml

Bergamot has a light, citrusy scent, which can be both uplifting and relaxing when diffused. For a rejuvenating night-time routine, add Bergamot to your cleansers and moisturisers for smoother-looking skin.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



BLACK PEPPER

Piper nigrum

Item No. 361102 | 5 ml

When used aromatically or to spice up cooking, Black Pepper is beautifully fragrant. Inhale directly for its energising aroma. Its scent partners well with other essential oils such as Peppermint, Wintergreen or Clove.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



BLUE CYPRESS

Callitris intratropica

Item No. 308302 | 5 ml

Blue Cypress is produced from the steam distillation of the wood of the tree, which is indigenous to Australia. Traditionally used to moisturise dry skin, this essential oil also has historical use as a component in perfumes and even as an adhesive.

HOW TO USE Diffuse, directly inhale or apply topically.



BLUE TANSY

Tanacetum annuum

Item No. 308402 | 5 ml

Blue Tansy has a slightly sweet, herbaceous aroma. It has also been called Moroccan Chamomile and is rich in sesquiterpenes similar to those found in German Chamomile. Diffuse Blue Tansy throughout your home to create an uplifting environment.

HOW TO USE Diffuse, directly inhale or apply topically.

CAUTION: Blue Tansy may stain diffusers, fabrics, surfaces or skin.

Creative Genius

Diffuser Blend

- Black Pepper
- Frankincense
- Manuka



CARDAMOM

Elettaria cardamomum

Item No. 308002 | 5 ml



Cardamom is a member of the ginger family and features a spicy, refreshing aroma that can promote a sense of mental clarity when diffused.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



CARROT SEED

Daucus carota

Item No. 308102 | 5 ml



Produced from distillation of the seeds of the wild carrot plant, Carrot Seed essential oil has a mildly sweet aroma with earthy, herbaceous notes.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.

Coastal Breeze

Diffuser Blend

Four drops of Cedarwood, Orange, Frankincense, and Rosemary.



CEDARWOOD

Cedrus atlantica

Item No. 350902 | 15 ml



With a warm, balsamic aroma, Cedarwood essential oil can help create a calming and comforting atmosphere when diffused. Add Cedarwood to your favourite skincare products and apply topically or massage into the scalp for healthy-looking hair.

HOW TO USE Diffuse, directly inhale or apply topically.



CELERY SEED

Apium graveolens

Item No. 308202 | 15 ml



Produced from the steam distillation of dried seeds, Celery Seed was used historically for having a calming, relaxing and uplifting aroma.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



CILANTRO

Coriandrum sativum

Item No. 26975 | 5 ml



Cilantro has a green, crisp and piquant flavour that elevates popular dishes from around the world. It also features a refreshing, citrusy fragrance that is calming and uplifting when diffused.

HOW TO USE Diffuse, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



CINNAMON BARK

Cinnamomum zeylanicum

Item No. 351502 | 5 ml



Cinnamon Bark has a hot and spicy fragrance and is known to be comforting and purifying. Many use it aromatically for its warm, inviting tones.

HOW TO USE Diffuse, directly inhale or add 1-2 drops to a beverage or food of choice.



CISTUS

Cistus ladanifer

Item No. 351802 | 5 ml



Cistus is believed to be the biblical 'Rose of Sharon' and its soft, fruity aroma with honey overtones is soothing and uplifting. Cistus has been used for centuries to aid in meditation and to help calm the mind.

HOW TO USE Diffuse, directly inhale or apply topically.



CITRONELLA

Cymbopogon nardus

Item No. 308502 | 15 ml



Citronella features a fresh, citrusy scent that can create a pleasant and inviting atmosphere. It is ideal for use before and during outdoor activities and can also refresh and moisturise the skin.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



CLARY SAGE

Salvia sclarea

Item No. 352102 | 15 ml



Clary Sage has a sharp, spicy and grassy aroma that is believed to create a calm and relaxing environment. It can aid mental clarity, help to balance emotions and support a healthy attitude.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



CLOVE

Syzygium aromaticum

Item No. 352402 | 15 ml



Clove is an important ingredient in Young Living's Thieves® essential oil blend. Clove's spicy and warm scent creates a cosy and pleasant atmosphere when diffused.

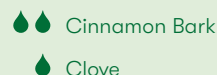
HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

Apple Dreams Diffuser Blend



Vanilla

Valor



Cinnamon Bark

Clove



COPAIBA

Copaifera reticulata

Item No. 354602 | 5 ml



Item No. 343102 | 15 ml

Tapped directly from the copaiba tree, Copaiba essential oil is known for its high levels of beta-caryophyllene. Its moisturising properties also make it a great addition to your daily skincare routine. Apply it to flex points following activity for an uplifting, comforting cool down.

HOW TO USE Diffuse, directly inhale or apply topically,



CORIANDER

Coriandrum sativum

Item No. 352702 | 5 ml



Distilled from the seeds of the coriander plant, this essential oil has a sweet, warm fragrance that is calming and gently uplifting. Dilute when using topically and apply to desired area.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



CYPRESS

Cupressus sempervirens

Item No. 353002 | 15 ml



Cypress has a fresh, herbaceous aroma that can promote a sense of security and grounding, helping to overcome emotional road blocks. Use Cypress in your skincare regimen to support a healthy complexion.

HOW TO USE Diffuse, directly inhale or apply topically.



DILL

Anethum graveolens

Item No. 353602 | 5 ml



Dill essential oil is produced from the distillation of the whole plant and is believed to be calming when used aromatically. This essential oil can be blended with Roman Chamomile to enhance any relaxing aromatic experience.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



DORADO AZUL

Dorado Azul Guayfolius officinalis

Item No. 359802 | 5 ml



A unique essential oil from Ecuador, Dorado Azul™ is exclusive to Young Living. Its fresh scent is perfect for aromatic use, topical use or for a soothing, post-exercise massage.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



ELEMI

Canarium luzonicum

Item No. 354002 | 15 ml



Part of the same family as Frankincense and Myrrh, Elemi has been used traditionally to improve the appearance of the skin.

HOW TO USE Diffuse, directly inhale or apply topically.



EUCALYPTUS BLUE

Eucalyptus bicostata

Item No. 359702 | 5 ml



Eucalyptus Blue is grown and distilled on Young Living's farm in Ecuador. This essential oil is high in eucalyptol and has a calming and invigorating scent when diffused.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

Shooting Star Diffuser Blend

Eucalyptus Blue

Lavender

Rosemary



EUCALYPTUS GLOBULUS

Eucalyptus globulus

Item No. 353902 | 15 ml



Eucalyptus Globulus has a sweet, fresh, earthy aroma and is used in many skincare products for its cleansing properties. Diffuse to create a refreshing atmosphere when studying, meditating or exercising.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



EUCALYPTUS RADIATA

Eucalyptus radiata

Item No. 353802 | 15 ml



Eucalyptus Radiata essential oil is loved for its fresh, pungent and fruity aroma, making it ideal for massage after activity. Diffuse Eucalyptus Radiata to promote a stimulating and rejuvenating environment.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



FENNEL

Foeniculum vulgare

Item No. 354202 | 15 ml



Fennel has a sweet, spicy aroma that encourages feelings of grounding and connection. Use Fennel's cleansing benefits by adding a few drops to a gentle facial cleanser.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



FRANKINCENSE

Boswellia carterii

Item No. 354902 | 5 ml



Diffuse Frankincense essential oil during meditation to help with grounding and purpose. Also, add it to your personal care products to promote a beautiful complexion and to help combat dry skin.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



GERANIUM

Pelargonium graveolens

Item No. 355402 | 15 ml



Geranium essential oil is steam distilled from the plant's fragrant flowers and leaves. It has a sweet, floral scent that encourages peaceful, spiritual feelings when diffused. Add a few drops to a moisturiser to create the appearance of healthier-looking skin.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



GERANIUM BOURBON

Pelargonium graveolens

Item No. 37736 | 5 ml



Aromatically, Geranium Bourbon is sweeter and more complex than Geranium, with rosy undertones that draw comparisons to Rose. Up to 400 kg of Geranium Bourbon flowers, leaves and stems are distilled to produce 1 litre of essential oil. Enjoy as a personal fragrance, an uplifting, floral aroma or topically as part of your skincare routine.

HOW TO USE Diffuse, directly inhale or apply topically.



GERMAN CHAMOMILE

Matricaria recutita

Item No. 308602 | 5 ml



German Chamomile has a calming aroma that helps create feelings of peace and patience. This essential oil can be applied neat or as part of a massage to desired areas.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.

Slay the Day

DIY Perfume Roller Blend

Add these essential oils to a roller bottle and top with V-6™ Enhanced Vegetable Oil Complex to create a sweet, floral perfume for everyday wear.

- Geranium Bourbon
- Orange
- Vanilla
- Bergamot



GINGER

Zingiber officinale

Item No. 355702 | 5 ml



Ginger has a warm, spicy aroma and is known to be energising, uplifting and refreshing. Add a couple of drops to Ortho Sport® Massage Oil for a post-workout massage.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



GOLDENROD

Solidago canadensis

Item No. 356202 | 5 ml



Goldenrod flowering tops are distilled to produce this fragrant essential oil, which has been used traditionally for its calming, uplifting and relaxing aroma. It features a peppery and citrus-based scent known to promote mental clarity and wellbeing.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



GRAPEFRUIT

Citrus paradisi

Item No. 356002 | 15 ml



Grapefruit has a wonderfully uplifting citrus aroma. Brighten your home by diffusing Grapefruit essential oil in the morning or add to skincare products for a smooth-looking glow.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



HELICHRYSUM

Helichrysum italicum

Item No. 356302 | 5 ml



A great essential oil to diffuse when studying or doing homework, Helichrysum has a stimulating, earthy aroma that lifts the spirit. Apply this essential oil topically to enhance the appearance of youthful-looking skin.

HOW TO USE Diffuse, directly inhale or apply topically.



HINOKI

Chamaecyparis obtusa

Item No. 307302 | 5 ml



Hinoki, also known as Japanese cypress, has a rich, invigorating citrus aroma that can increase spiritual awareness. Historically, Hinoki essential oil was used to refresh the soul.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



HONG KUAI

Chamaecyparis formosensis

Item No. 465702 | 5 ml



Hong Kuai has the highest sesquiterpene content of any Young Living essential oil. Its scent promotes spiritual awareness and inspires clarity, intuition and action.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



HYSSOP

Hyssopus officinalis

Item No. 356602 | 5 ml



Hyssop has a slightly sweet scent and was considered a sacred essential oil in ancient Egypt, Israel and Greece. Its fragrant scent is known to stimulate creativity and meditation.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



IDAHO BLUE SPRUCE

Picea pungens

Item No. 309302 | 5 ml



Idaho Blue Spruce is an exclusive essential oil that is distilled at Young Living's St. Maries farm. This remarkable essential oil contains high percentages of alpha-pinene and limonene and has a pleasing and relaxing evergreen aroma.

HOW TO USE Diffuse, directly inhale or apply topically.



IDAHO GRAND FIR

Abies grandis

Item No. 331402 | 5 ml



Idaho Grand Fir has a woody and refreshing scent. Diffuse for a grounding and calming aroma that can revitalise the mind and boost feelings of self-confidence.

HOW TO USE Diffuse, directly inhale or apply topically.



JADE LEMON

Citrus limon Eureka var. formosensis

Item No. 468502 | 5 ml



Jade Lemon has a unique lemon-lime scent that is pleasing and uplifting. Diffuse for a wonderful, zesty fragrance that creates a clean and inviting atmosphere. Add to dishwashing detergent, such as Thieves® Dish Soap, for a spot-free rinse.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



JASMINE[†]

Jasminum officinale

Item No. 356902 | 5 ml



Considered to be exotic and romantic, Jasmine[†] supports the skin's appearance and is used in several Young Living personal care products. The sweet, floral aroma of Jasmine can relax the mind and boost self-confidence.

HOW TO USE Diffuse, directly inhale or apply topically.

[†]Jasmine is an absolute or essence, rather than an essential oil.

Jasmine in the Sky

DIY Perfume Roller Blend

4 drops Sandalwood

3 drops Jasmine

2 drops Ylang Ylang

Add these essential oils to a roller bottle and top with V-6™ Enhanced Vegetable Oil Complex to create a beautiful perfume for everyday wear.

Sweet Saviour Diffuser Blend

- Geranium Bourbon
- Neroli
- Lavender



KUNZEA

Kunzea ambigua

Item No. 23617 | 5 ml



Kunzea offers a spicy and woody aroma to uplift any environment. It has comparable properties and uses to Tea Tree, but offers a more pleasant aroma and milder feel. Dilute and apply topically to help soothe fatigued muscles and help improve the appearance of skin.

HOW TO USE Diffuse, directly inhale or apply topically.



LAVENDER

Lavandula angustifolia

Item No. 357502 | 15 ml



Lavender is a popular essential oil long loved for its calming, soothing fragrance. When diffused, Lavender adds a clean and fresh scent to any room. It is also a relaxing addition to body care products and baths.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



LEMON

Citrus limon

Item No. 357802 | 15 ml



Containing the naturally occurring constituent D-limonene, Lemon, when diffused, can help to eliminate odours and infuse your whole home with its clean, lemon-drop scent. Lemon is commonly used in skin and hair products to reduce the appearance of blemishes and add shine to hair.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



LEMON MYRTLE

Backhousia citriodora

Item No. 307902 | 5 ml



Lemon Myrtle has a clean, citrus aroma that can uplift and refresh the body and mind when diffused. Its powerful lemon scent is even stronger than Lemon essential oil.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



JUNIPER

Juniperus osteosperma

Item No. 357202 | 15 ml



The earthy, woody aroma of Juniper creates a peaceful atmosphere when diffused. When diluted and applied topically, Juniper may help improve the appearance of skin.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



LAURUS NOBILIS

Laurus nobilis

Item No. 357402 | 5 ml



Laurus Nobilis, also known as Bay Leaf, has a spicy scent that is uplifting. Ancient Greeks used leaves of the laurel tree to crown their victors and scholars. Add 1-2 drops to soups, stews or sauces to enjoy its distinctive flavour.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



LEDUM

Ledum groenlandicum

Item No. 357902 | 5 ml



Ledum was used traditionally to support energy flow and features a harmonising and balancing aroma. It is one of the key ingredients in Juva Cleanse™.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



LEMONGRASS

Cymbopogon flexuosus

Item No. 358102 | 15 ml



With a subtle, citrus-herb scent, Lemongrass offers a relaxing aroma that can inspire a sense of clarity. Add 3-4 drops to dishes, a load of laundry or an all-purpose cleaner, such as Thieves® Household Cleaner.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.

Vitamin Sea Diffuser Blend

- Lime
- Sacred Sandalwood
- Lemon Myrtle
- Orange



LIME

Citrus aurantifolia

Item No. 307402 | 15 ml

Lime has a wonderfully light and uplifting aromatic scent. Diffuse it to encourage feelings of positivity, enhance mental clarity and stimulate creativity.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



MANUKA

Leptospermum scoparium

Item No. 532202 | 5 ml

Sourced from our New Zealand farm, Manuka essential oil supports the appearance of healthy-looking skin, reduces the visibility of blemishes and can be added to your favourite skincare products.

HOW TO USE Diffuse, directly inhale or apply topically.



MARJORAM

Origanum majorana

Item No. 358402 | 15 ml

Steam distilled from the leaves of the plant, Marjoram is a key essential oil used in the Raindrop Technique® and can be used in massage after exercise.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



MELISSA

Melissa officinalis

Item No. 358902 | 5 ml

Melissa has a grassy lemon scent that is pleasant, uplifting and encouraging and helps one to reconnect with nature. Add a few drops to your body lotion and apply to skin for added moisture.

HOW TO USE Diffuse, directly inhale or apply topically.



MOUNTAIN SAVORY

Satureja montana

Item No. 359002 | 5 ml

Mountain Savory is an energising essential oil that has been used historically in topical applications on the body. Its herbaceous aroma is motivating and invigorating.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



MYRRH

Commiphora myrrha

Item No. 359302 | 15 ml

Myrrh has a long history of use in skincare for its moisturising properties and ability to soothe dry skin. It was highly regarded in biblical times and has an uplifting aroma that brings a deeper sense of spirituality.

HOW TO USE Diffuse, directly inhale or apply topically.



MYRTLE

Myrtus communis

Item No. 359602 | 15 ml

Myrtle has an elevating aroma that is pleasing when diffused. It also has properties that can help beautify and enhance the appearance of healthy-looking skin when applied topically.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



NEROLI

Citrus aurantium amara

Item No. 308802 | 5 ml

Extracted from orange blossoms, Neroli features a fresh, citrusy, floral scent and was highly regarded for its uplifting aroma. Applied topically, it promotes the appearance of youthful, radiant skin and helps to reduce the appearance of blemishes.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



NORTHERN LIGHTS BLACK SPRUCE

Picea mariana

Item No. 531302 | 5 ml

Northern Lights Black Spruce essential oil comes from Young Living's Northern Lights Farm in British Columbia, Canada. Diffuse this rich, woody scent during meditation to create a grounding and invigorating atmosphere.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

Summer Splash

Diffuser Blend

- Lemon
- Rosemary
- Neroli
- Grapefruit



NUTMEG

Myristica fragrans

Item No. 359902 | 5 ml



Nutmeg has a warm, spicy aroma that is energising and uplifting. Nutmeg blends well with other essential oils such as Orange, Clary Sage, Ginger or any Eucalyptus essential oil.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



OCOTEA

Ocotea quixos

Item No. 355602 | 5 ml



Produced from the distillation of an Ecuadorian tree, Ocotea has a complex aroma that is known for its skin-cleansing properties. Ocotea can be added to food or drinks in place of Cinnamon Bark.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



ORANGE

Citrus sinensis

Item No. 360202 | 15 ml



Orange offers a sweet, uplifting aroma that can fill a room with a sense of peace, harmony and creativity. Add a few drops to your household cleaner, such as Thieves® Household Cleaner or a spray bottle for a DIY air freshener.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



OREGANO

Origanum vulgare

Item No. 360502 | 15 ml



Oregano essential oil is a key oil used in the Raindrop Technique® and has a strong, herbaceous fragrance. Apply to the bottoms of feet to help unwind and relax before bedtime.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



PALMAROSA

Cymbopogon martinii

Item No. 307702 | 15 ml



Palmarosa grass is steam distilled to produce a fragrant essential oil with an aroma that can be stimulating and soothing when diffused. Traditionally used as incense by the ancient Egyptians, Palmarosa inspires connection, security and release.

HOW TO USE Diffuse, directly inhale or apply topically.



PALO SANTO

Bursera graveolens

Item No. 360702 | 5 ml



Palo Santo has an inspiring fragrance and can be diffused for a cleansing and refreshing atmosphere. It can also be used for massage after activity.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



PARSLEY

Petroselinum crispum

Item No. 26331 | 5 ml



With a light, fresh aroma, Parsley can be used to create a bright and refreshing atmosphere when diffused and features cleansing properties. Add a drop to your favourite recipes to enhance any meal.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



PATCHOULI

Pogostemon cablin

Item No. 360802 | 15 ml



Traditionally believed to attract prosperity and abundance, Patchouli essential oil may be used topically to improve the appearance of skin. Diffuse this essential oil for a calming, relaxing and peaceful fragrance.

HOW TO USE Diffuse, directly inhale or apply topically.

Breathe Again

Diffuser Blend

💧 Eucalyptus Radiata 💧 Rosemary
💧 Peppermint 💧 Copaiba



PEPPERMINT

Mentha piperita

Item No. 361402 | 15 ml



Peppermint can be used topically to cool fatigued muscles or aromatically for an atmosphere that invites feelings of peace. Dilute and apply the refreshing aroma to your head and neck for a boost of positivity.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



PETITGRAIN

Citrus aurantium amara

Item No. 361702 | 5 ml



When used aromatically, Petitgrain's floral, citrusy scent is refreshing and uplifting. This essential oil also supports the appearance of skin and hair.

HOW TO USE Diffuse, directly inhale or apply topically.



PINE

Pinus sylvestris

Item No. 361802 | 15 ml



Pine essential oil has a refreshing and empowering aroma. Its scent is calming and balancing when applied topically or diffused. Incorporate Pine into DIY cleaning formulas or diffuse while cleaning your home.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



RAVINTSARA

Cinnamomum camphora

Item No. 362002 | 5 ml



Ravintsara has a clean, pleasant scent and is commonly used in meditation for its calming and relaxing properties. Diffuse or dilute and apply topically to help encourage openness and a peaceful night's sleep.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



ROMAN CHAMOMILE

Chamaemelum nobile

Item No. 351202 | 5 ml



Roman Chamomile has a sweet, herbaceous aroma and is known to be calming and relaxing. Its warm and gentle aroma can help create an atmosphere perfect for children's nurseries or play areas. Soothing to all types of skin, this essential oil is often used in skin and hair care products.

HOW TO USE Diffuse, directly inhale or apply topically.



ROSE

Rosa damascena

Item No. 362302 | 5 ml



Rose has an rich, intoxicating aroma that encourages feelings of positive self-reflection. Commonly used in skincare products, Rose helps to moisturise and support the appearance of healthy, youthful-looking skin. 9.85 kilograms of rose petals are distilled for every 5 ml bottle of essential oil.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.

Beach Bonfire

Diffuser Blend

- Cedarwood
- Rosemary
- Royal Hawaiian Sandalwood
- Citronella



ROSEMARY

Rosmarinus officinalis

Item No. 362602 | 15 ml



Rosemary has a fresh, robust, woody aroma and is known to be energising and clarifying. Diffuse to promote focus and create an uplifting atmosphere or add to recipes to bring a uniquely herbaceous and authentic taste to every dish.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



ROYAL HAWAIIAN SANDALWOOD

Santalum paniculatum

Item No. 474602 | 5 ml



Royal Hawaiian™ Sandalwood has a rich, sweet, woody aroma that is sensual and romantic. Used traditionally for meditation, this essential oil is uplifting and relaxing and is valued in skincare for its moisturising properties.

HOW TO USE Diffuse, directly inhale or apply topically.



SACRED FRANKINCENSE

Boswellia sacra

Item No. 355002 | 5 ml



Item No. 355202 | 15 ml

Sacred Frankincense™ essential oil comes from the distillation of the resin of the *Boswellia sacra* frankincense tree. This essential oil is ideal for those who wish to heighten their spiritual experiences.

HOW TO USE Diffuse, directly inhale or apply topically.



SACRED SANDALWOOD

Santalum album

Item No. 20487 | 5 ml



Sacred Sandalwood essential oil provides a sweet, woody and uplifting aroma while offering a variety of skin benefits. This essential oil is a recognisable base note in many perfumes and fragrances.

HOW TO USE Diffuse, directly inhale or apply topically.



SAGE

Salvia officinalis

Item No. 363202 | 15 ml 


Sage emits a strong, spicy and uplifting aroma when diffused. It has been used traditionally for its cleansing and purifying properties and is known to be calming and soothing when applied topically.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



SPEARMINT

Mentha spicata

Item No. 363802 | 5 ml 

Spearmint is milder than Peppermint and is characterised by an invigorating fragrance that is uplifting and calming. Treasured for its unique minty flavour, Spearmint essential oil can add a cooling effect to foods that is both pleasant and beneficial.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.

Sweet Sleep


Diffuser Blend

💧 Lavender 💧 Tangerine
💧 Spearmint 💧 Ylang Ylang



TANGERINE

Citrus reticulata

Item No. 364402 | 15 ml 


Tangerine essential oil is loved for its delightfully sweet citrus aroma that can create a happy, contented mindset. Bringing complex citrus notes to savoury dishes and desserts, Tangerine essential oil is a bright and tangy addition to any recipe.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



TARRAGON

Artemisia dracunculus

Item No. 364702 | 5 ml 

With a spicy aroma and undertones of anise, Tarragon essential oil brings a unique herbaceous taste to any dish. Diffuse to create a soothing, uplifting atmosphere and inspire positivity.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



TEA TREE

Melaleuca alternifolia

Item No. 358702 | 15 ml 


Tea Tree is known for its cleansing properties and refreshing scent. This versatile essential oil can be used for everything from home cleaning to skincare. Add a few drops to your household cleaner, such as Thieves® Household Cleaner, air fresheners and linen spritzers for a boost of freshness.

HOW TO USE Diffuse, directly inhale or apply topically.



THYME

Thymus vulgaris

Item No. 365002 | 15 ml 

Thyme is a key ingredient in Ortho Ease® massage oil and is great for use after exercise. It is also believed to bring a sense of purpose when used aromatically.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



TSUGA

Tsuga canadensis

Item No. 335202 | 5 ml 

Tsuga has skin-cleansing properties and is spiritually uplifting. Its fresh aroma is the result of steam-distilling the needles and twigs of the conifer tree.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

Vanilla Vibes

DIY Linen Spray

120 ml Distilled Water 3 Vanilla
60 ml Witch Hazel 3 Bergamot



VANILLA

Vanilla planifolia fruit extract and caprylic/capric triglyceride

Item No. 34918 | 5 ml 3 Vanilla 3 Bergamot

Young Living's exclusive Vanilla oleoresin features a warm, rich, slightly sweet aroma. Diffuse to create a calm and welcoming atmosphere or blend it with other essential oils to create your own personal fragrance.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complete to apply topically.

*100% percent pure, Seed-to-Seal Vanilla oleoresin in fractionated coconut oil.

Note: This is not a culinary oil.



VALERIAN

Valeriana officinalis

Item No. 364802 | 5 ml 3 Valerian

Valerian essential oil is produced from the distillation of the botanical's root and has an earthy fragrance that is calming and grounding. Use this essential oil topically or diffuse to create an atmosphere of clarity, relaxation and balance.

HOW TO USE Diffuse, directly inhale or apply topically.



VETIVER

Vetiveria zizanioides

Item No. 365102 | 5 ml 3 Vetiver

Vetiver has a sharp, grassy, earthy aroma. Diffuse this unique essential oil throughout the home or during meditation to create a soothing, grounding atmosphere.

HOW TO USE Diffuse, directly inhale or apply topically.



WINTERGREEN

Gaultheria procumbens

Item No. 365802 | 15 ml 3 Wintergreen

Wintergreen's powerful aroma is stimulating and invigorating. It's a great addition to lotions that are applied after activity for a cooling and tingling sensation.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.



XIANG MAO

Cymbopogon citratus

Item No. 465802 | 5 ml 3 Xiang Mao

Xiang Mao was used traditionally to freshen household air, enlighten the mind and moisturise the skin. Diffuse this refreshing, lemony essential oil to promote feelings of relaxation.

HOW TO USE Diffuse, directly inhale or apply topically.



YLANG YLANG

Cananga odorata

Item No. 365902 | 15 ml 3 Ylang Ylang

Whether diffused or applied topically, Ylang Ylang essential oil inspires romance and joy with its sweet floral aroma. Use as part of your skincare regimen to moisturise the skin or add a few drops to coconut oil for a deep-conditioning hair treatment.

HOW TO USE Diffuse, directly inhale or apply topically.

Peaceful Dreams

Diffuser Blend

4 Lavender 2 Patchouli
3 Neroli 1 Ylang Ylang

Wellness Essential Oils

From the pressures of work to a cough or cold that knocks you down, our wellness essential oils can bring comfort and relief whenever you need it most! Discover our range of 13 listed essential oils, each with multiple therapeutic benefits.

AUSTRALIA
ONLY
RANGE



BERGAMOT WELLNESS *Citrus aurantium bergamia*

Item No. 33518 | 15 ml | AUST L 327879

Traditionally used in Aromatherapy to help healing of mild skin burns and sunburn; to relieve symptoms of indigestion; to relieve symptoms of pharyngitis; and to relieve symptoms of stress and mild anxiety.

For a full list of therapeutic claims please visit our website.

HOW TO USE

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.



CEDARWOOD WELLNESS *Cedrus atlantica*

Item No. 33515 | 15 ml | AUST L 326520

Traditionally used in Aromatherapy to relieve fatigue and feelings of weakness; as an expectorant to clear respiratory tract mucous; and to relieve symptoms of stress.

For a full list of therapeutic claims please visit our website.

HOW TO USE

Diffuse, directly inhale or apply topically. See label for further directions.



CLARY SAGE WELLNESS *Salvia sclarea*

Item No. 33524 | 15 ml | AUST L 326523

Traditionally used in Aromatherapy to relieve menstrual cramps (dysmenorrhea); to regulate and maintain a healthy menstrual cycle; and as an antispasmodic.

For a full list of therapeutic claims please visit our website.

HOW TO USE

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.



FRANKINCENSE WELLNESS *Boswellia carterii*

Item No. 33520 | 15 ml | AUST L 326511

Traditionally used in Aromatherapy to relieve mild upper respiratory tract congestion; to reduce bronchial mucous congestion; and to enhance nerve function.

For a full list of therapeutic claims please visit our website.

HOW TO USE

Diffuse, directly inhale or apply topically. See label for further directions.



GINGER WELLNESS *Zingiber Officinale*

Item No. 33545 | 5 ml | AUST L 327881

Traditionally used in Aromatherapy to relieve nausea and symptoms of motion sickness; and to relieve the symptoms, severity and to decrease the duration of the common cold.

For a full list of therapeutic claims please visit our website.

HOW TO USE

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.



LAVENDER WELLNESS *Lavandula angustifolia*

Item No. 33528 | 15 ml | AUST L 326507

Traditionally used in Aromatherapy to relieve headache symptoms; to relieve colic wind pain; and to relieve mild nerve pain.

For a full list of therapeutic claims please visit our website.

HOW TO USE

Diffuse, directly inhale or apply topically. See label for further directions.



LEMON WELLNESS

Citrus limon

Item No. 33530 | 15 ml | AUST L 326514

Traditionally used in Aromatherapy to enhance mental alertness; to relieve nausea; and as a rubefacient to stimulate blood flow to skin.

For a full list of therapeutic claims please visit our website.

HOW TO USE

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.



LEMONGRASS WELLNESS

Cymbopogon flexuosus

Item No. 33532 | 15 ml | AUST L 327884

Traditionally used in Aromatherapy as an analgesic to relieve pain; to relieve mild rheumatic aches and pains; and to decrease the symptoms and severity of common colds and flu.

For a full list of therapeutic claims please visit our website.

HOW TO USE

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.



ORANGE WELLNESS

Citrus sinensis

Item No. 33534 | 15 ml | AUST L 326522

Traditionally used in Aromatherapy to relieve constipation; as a nervous system relaxant; and to reduce the symptoms and the occurrence of mild anxiety.

For a full list of therapeutic claims please visit our website.

HOW TO USE

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.



PEPPERMINT WELLNESS

Mentha piperita

Item No. 33536 | 15 ml | AUST L 326503

Traditionally used in Aromatherapy as an antipyretic/febrifuge to relieve mild fever; and as an analgesic/anodyne to relieve pain; and to relieve mild migraine symptoms.

For a full list of therapeutic claims please visit our website.

HOW TO USE

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.



SACRED SANDALWOOD WELLNESS

Santalwood Oil East Indian

Item No. 33547 | 5 ml | AUST L 327892

Traditionally used in Aromatherapy to reduce symptoms of mild varicose veins; as an astringent to tighten skin; and to relieve skin dryness.

For a full list of therapeutic claims please visit our website.

HOW TO USE

Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically. See label for further directions.



TEA TREE WELLNESS

Melaleuca alternifolia

Item No. 33538 | 15 ml | AUST L 326517

Traditionally used in Aromatherapy to help relieve symptoms of minor skin wounds; to relieve symptoms of insect bites and stings; and to relieve the symptoms of acne.

For a full list of therapeutic claims please visit our website.

HOW TO USE

Diffuse, directly inhale or apply topically. See label for further directions.



YLANG YLANG WELLNESS

Cananga odorata

Item No. 33541 | 15 ml | AUST L 327888

Traditionally used in Aromatherapy to help relieve the symptoms and reduce the occurrence of mild anxiety; as an aphrodisiac to enhance a healthy libido; and to reduce the symptoms of occasional episodes of gout.

For a full list of therapeutic claims please visit our website.

HOW TO USE

Diffuse, directly inhale or apply topically. See label for further directions.



WELLNESS COLLECTION

Item No. 36669

More info on page 40.

Essential Oil Blends

When essential oils work together, the results can transform lives. We combine already powerful essential oils to create even more powerful blends that you can apply to every part of your life and every corner of your home.



ABUNDANCE

Item No. 330002 | 15 ml   

Abundance™ combines essential oils such as Orange and Ginger, which were used by ancient cultures to attract prosperity and love, as well to magnify joy and peace.

HOW TO USE Diffuse or directly inhale.

INGREDIENTS Orange, Clove, Cinnamon Bark, Frankincense, Ginger, Black Spruce, Patchouli, Myrrh



ACCEPTANCE

Item No. 330302 | 5 ml    

Acceptance™ encourages feelings of self-worth and acceptance. Use this blend when going through a transition or taking on new ideas and challenges.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Sweet Almond Oil, Frankincense, Royal Hawaiian™ Sandalwood, Geranium, Blue Tansy, Neroli, Coriander, Bergamot, Ylang Ylang, Citrus Hystrix, Blue Cypress, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea



AROMAEASE

Item No. 474902 | 5 ml   

AromaEase™ boasts a cool, minty freshness and contains powerful essential oil constituents that contribute to a calming aroma.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Peppermint, Spearmint, Ginger, Cardamom, Fennel



AROMA LIFE

Item No. 330602 | 15 ml   



Aroma Life™ uses Marjoram and Ylang Ylang essential oils to energise the spirit, create a sense of connection and encourage vitality and longevity.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Sesame Seed Oil, Cypress, Helichrysum, Ylang Ylang, Marjoram



AROMA SIEZ

Item No. 330902 | 15 ml  

A key Young Living blend, Aroma Siez™ combines the soothing and relaxing properties of Lavender and Peppermint. When applied topically, this blend can help to release tension in the body and mind and encourage consistency.

HOW TO USE Dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Basil, Lavender, Cypress, Marjoram, Peppermint



AUSTRALIAN BLUE

Item No. 332602 | 5 ml    

Australian Blue™ is often used to uplift the spirit. This blend contains Blue Cypress, which is distilled from the highly prized Callitris intratropica wood in Darwin, Australia.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Blue Cypress, Cedarwood, White Fir, Ylang Ylang, Blue Tansy, Geranium, Citrus Hystrix, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea



AUSTRALIAN KURANYA

Item No. 25679 | 5 ml   





Bring the outback inside with the crisp, woody aroma of Australian Kuranya™. Featuring Australian oils such as Lemon Myrtle and Blue Cypress, this skin-loving blend can also help cleanse and enhance your natural radiance.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Lemon Myrtle, Blue Cypress, Kunzea, Sacred Sandalwood, Fennel, Australian Ericifolia, Eucalyptus Radiata, Tea Tree



AWAKEN

Item No. 334902 | 5 ml    
Item No. 331202 | 15 ml

Awaken™ is a blend of five other blends. Expertly formulated to help you become aware of limitless potential, Awaken is the first step toward making positive life changes.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Joy™, Present Time™, Harmony™, Forgiveness™, Dream Catcher™

NEW!



BLOOM BY YOUNG LIVING

Item No. 38987 | 5 ml   

Brighten your day with BLOOM by Young Living essential oil blend, inspired by the exquisite aroma of the BLOOM Brightening Cream to create a luxe, sophisticated scent for home, office or personal use.

HOW TO USE Diffuse or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Clove, Vetiver, Spearmint, Blue Cypress, Davana, Geranium, Royal Hawaiian Sandalwood, Jasmine, Sacred Frankincense

NEW!



BLUE RELIEF

Item No. 40425 | 15 ml    

We've formulated Blue Relief with seven select essential oils to create a fast-acting, hot-cold sensation on skin. Reach for Blue Relief for a helping hand in soothing skin!

HOW TO USE Dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Bergamot, Clove, Copaiba, German Chamomile, Ginger, Xiang Mao and Peppermint

BELIEVE

Item No. 466102 | 15 ml   

Believe™ contains Idaho Blue Spruce, Idaho Balsam Fir, Frankincense and other essential oils that may encourage feelings of strength, self-confidence and faith.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Idaho Blue Spruce, Idaho Balsam Fir, Frankincense, Coriander, Bergamot, Ylang Ylang, Geranium

BRAIN POWER

Item No. 331302 | 5 ml    

Brain Power™ is a blend of essential oils high in sesquiterpenes and can promote a sense of clarity and focus. Use Brain Power when procrastination strikes to inspire motivation.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Sacred Sandalwood, Melissa, Helichrysum, Cedarwood, Blue Cypress, Frankincense, Lavender

CELEBRATION




Item No. 520702 | 5 ml    

Formulated for the grand opening of the European market, Celebration™ is a rich, earthy, herbaceous blend that elevates emotional well-being and supports a sense of harmonic balance. Diffuse this uplifting blend to encourage positive feelings and open you to new possibilities.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Lavender, Angelica, German Chamomile, Cardamom, Rosemary, Peppermint, Dill, Sacred Sandalwood, Ylang Ylang, Frankincense, Orange, Geranium, Hyssop, Spanish Sage, Northern Lights Black Spruce, Coriander, Bergamot, Lemon, Jasmine, Roman Chamomile, Palmarosa, Rose

CHRISTMAS SPIRIT


Item No. 335602 | 5 ml   
Item No. 331502 | 15 ml

Tap into the happiness and comfort of the holiday season all year long, with the warm, comforting aroma of Christmas Spirit™. Thanks to its familiar notes and timeless aroma, this blend helps evoke feelings and memories tied to the joy of Christmas.

HOW TO USE Diffuse or directly inhale.

INGREDIENTS Orange, Cinnamon Bark, Black Spruce

CITRUS FRESH

Item No. 331802 | 15 ml    

Featuring the fresh, bright aromas of five citrus essential oils plus Spearmint, Citrus Fresh™ is perfect to wear as an inspiring personal fragrance or to diffuse and freshen any indoor environment.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.

INGREDIENTS Orange, Grapefruit, Mandarin, Tangerine, Lemon, Spearmint

CLARITY

Item No. 332102 | 15 ml    

Clarity contains Basil, Rosemary and Peppermint essential oils to promote clarity of thought. Use this rich blend to provide emotional balance and a clearer mind.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Basil, Roman Chamomile, Cardamom, Geranium, Bergamot, Rosemary, Lemon, Ylang Ylang, Peppermint, Jasmine, Palmarosa, Coriander



COMMON SENSE

Item No. 309102 | 5 ml

Common Sense™ is a proprietary blend formulated with an aroma to encourage feelings of purpose. Use this calming blend to balance emotions and help in rational decision-making.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Frankincense, Ylang Ylang, Ocotea, Goldenrod, Ruta, Dorado Azul, Lime



COOL AZUL

Item No. 539902 | 15 ml

Apply Cool Azul™ topically for a cooling sensation before exercise to stay alert, during exercise to promote focus and after physical and strenuous activities to unwind.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Wintergreen, Peppermint, Sage, Plectranthus Oregano, Balsam Copaiba, Niaouli, Lavender, Blue Cypress, Elemi, Vetiver, Caraway, Dorado Azul, German Chamomile



DIGIZE

Item No. 332302 | 5 ml
Item No. 332402 | 15 ml

One of our most unique blends, DiGize™ features a rich, calming scent when diffused. Apply it topically after meals to enjoy the crisp, comforting aroma.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Tarragon, Ginger, Peppermint, Juniper, Fennel, Lemongrass, Anise, Patchouli



DRAGON TIME

Item No. 332702 | 15 ml

The aroma of Dragon Time™ is designed to invite positive emotions for women. This blend is recommended for both young and mature women.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Clary Sage, Lavender, Yarrow, Fennel, Marjoram, Jasmine



DREAM CATCHER

Item No. 333002 | 15 ml

Dream Catcher™ is designed to harness the power of positive dreams, helping you realise your desires and stay on the path to fulfilment.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Sacred Sandalwood, Tangerine, Ylang Ylang, Black Pepper, Bergamot, Juniper, Anise, Geranium, Citrus Hystrix, Blue Cypress, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Spearmint, Lemon, Ocotea



EGYPTIAN GOLD

Item No. 333202 | 5 ml

Egyptian Gold™ contains ancient biblical essential oils that can be used to enhance moments of devotion and reverence. Diffuse Egyptian Gold while meditating to deepen spiritual connections, uplift and empower.

HOW TO USE Diffuse or directly inhale.

INGREDIENTS Frankincense, Lavender, Idaho Balsam Fir, Myrrh, Hyssop, Cedarwood, Rose, Cinnamon Bark, Northern Lights Black Spruce, Vetiver



ENDOFLEX

Item No. 333302 | 15 ml

EndoFlex™ is a blend of Spearmint, Geranium and other pure essential oils that help create a calming and balancing aroma when diffused.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Spearmint, Sesame Seed Oil, Geranium, German Chamomile, Sage, Myrtle, Nutmeg



EN-R-GEE

Item No. 333602 | 15 ml

Fresh and herbaceous, En-R-Gee™ offers an invigorating boost with its stimulating, spicy fragrance. Diffuse this blend to enhance energy and mental clarity.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Rosemary, Nutmeg, Black Pepper, Juniper, Idaho Balsam Fir, Lemongrass, Clove



ENVISION

Item No. 333702 | 5 ml

Envision™ contains scents that stimulate feelings of creativity and resourcefulness, encouraging renewed faith in the future and inspiring the strength necessary to achieve your dreams.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Black Spruce, Orange, Sage, Geranium, Lavender, Rose



FORGIVENESS

Item No. 333902 | 5 ml

Forgiveness™ contains an aroma that supports the ability to forgive yourself and others while letting go of negative emotions - an important part of personal growth.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Sesame Seed Oil, Melissa, Angelica, Bergamot, Geranium, Lavender, Ylang Ylang, Frankincense, Lemon, Palmarosa, Jasmine, Helichrysum, Royal Hawaiian™ Sandalwood, Roman Chamomile, Rose, Coriander



GARY'S LIGHT

Item No. 37952 | 5 ml

Gary Young spent his life dedicated to the study, discovery and research of essential oils and creating unique blends. The rich, layered aroma of Gary's Light™ will help you celebrate his legacy by helping you find the courage, hope and grounding to share your own light with the world.

HOW TO USE Diffuse or directly inhale.

INGREDIENTS Cinnamon Bark, Cistus, Lemongrass, Dorado Azul, Myrrh, Hyssop, Eucalyptus Radiata, Petitgrain, Sacred Frankincense, Bitter Orange



GATHERING

Item No. 334202 | 5 ml

Gathering™ features a blend of aromas that invites you to overcome the chaotic energy of everyday life and keeps you on the path to higher achievement.

HOW TO USE Diffuse or directly inhale.

INGREDIENTS Lavender, Frankincense, Northern Lights Black Spruce, Geranium, Royal Hawaiian™ Sandalwood, Rose, Ylang Ylang, Cinnamon Bark, Vetiver



GENTLE BABY

Item No. 336202 | 5 ml

Gentle Baby™ is a soothing blend of pure essential oils with an aroma that invites a sense of calming for mothers and children.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Geranium, Jasmine, Ylang Ylang, Roman Chamomile, Lemon, Lavender, Palmarosa, Coriander, Rose, Bergamot



GRATITUDE

Item No. 334602 | 5 ml

Foster a grateful attitude and embrace the blessings in your life. The uplifting aroma of Gratitude™ invites feelings of emotional and spiritual progress.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Idaho Balsam Fir, Frankincense, Myrrh, Ylang Ylang, Geranium, Bergamot, Coriander, Northern Lights Black Spruce, Vetiver



GROUNDING

Item No. 334802 | 5 ml

Grounding™ is a balancing and grounding blend of scents used to promote feelings of clarity and enhance spirituality. Diffuse this relaxing blend to help with restlessness during times of chaos.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS White Fir, Pine, Angelica, Northern Lights Black Spruce, Cedarwood, Juniper, Ylang Ylang



HARMONY

Item No. 335102 | 15 ml

This spiritual and emotional blend may help with releasing emotional burdens and stubbornness by creating harmonious balance in the mind, spirit and body.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Geranium, Angelica, Bergamot, Lavender, Northern Lights Black Spruce, Ylang Ylang, Sacred Sandalwood, Hyssop, Palmarosa, Spanish Sage, Rose, Frankincense, Jasmine, Lemon, Orange, Roman Chamomile, Coriander



HIGHEST POTENTIAL

Item No. 337302 | 5 ml   

Highest Potential™ harnesses the uplifting and inspiring power of Blue Cypress and other pure essential oils to help you reach beyond limitations and overcome barriers.

HOW TO USE Diffuse or directly inhale.

INGREDIENTS Blue Cypress, Ylang Ylang, Cedarwood, Geranium, Citrus Hystrix, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea, Blue Tansy, White Fir, Lavender, Frankincense, Royal Hawaiian™ Sandalwood, Northern Lights Black Spruce, Cinnamon Bark, Vetiver



HUMILITY

Item No. 335402 | 5 ml    

True humility is the foundation of emotional strength. Humility™ is a blend of pure essential oils that promote deeper spiritual awareness.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Coconut Oil, Melissa, Myrrh, Ylang Ylang, Frankincense, Neroli, Geranium, Northern Lights Black Spruce, Rose, Bergamot, Coriander, Vetiver



INNER CHILD

Item No. 336002 | 5 ml    

The sweet fragrance of Inner Child™ encourages you to connect with your spontaneous, joyful and authentic self. Diffuse this soothing blend to process thoughts and emotions that are keeping you from moving forward.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Orange, Jasmine, Northern Lights Black Spruce, Tangerine, Royal Hawaiian™ Sandalwood, Neroli, Ylang Ylang, Lemongrass



JOURNEY ON

Item No. 25128 | 5 ml   

Journey On™ is a commemorative blend celebrating the life and vision of D. Gary Young. This inspiring aroma is herbaceous and earthy and can be diffused to motivate your personal journey toward whole-life wellness.

HOW TO USE Diffuse or directly inhale.

INGREDIENTS Dream Catcher™, ImmuPower™, Motivation™, Peppermint, Copaiba, Camphor wood oil, Cinnamon Bark, Blue Tansy



HOPE

Item No. 335702 | 5 ml   





The blend of essential oils found in Hope™ brings an aroma that invites you to restore your faith by reconnecting with feelings of strength and stability.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Sweet Almond Oil, Melissa, Myrrh, Juniper, Northern Lights Black Spruce



IMMUPOWER

Item No. 336302 | 15 ml    

ImmuPower™ is a powerful blend of essential oils with an aroma that creates a fragrant and protective haven whilst encouraging positive energy.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Hyssop, Mountain Savory, Cistus, Ravintsara, Frankincense, Oregano, Clove, Cumin, Dorado Azul



INSPIRATION

Item No. 336602 | 15 ml    

Inspiration™ is a blend of pure essential oils that were traditionally used for enhancing spirituality and meditation. Diffuse this harmonising blend to create a calming and uplifting atmosphere.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Cedarwood, Myrtle, Northern Lights Black Spruce, Royal Hawaiian™ Sandalwood, Frankincense, Coriander, Bergamot, Ylang Ylang, Geranium, Vetiver



JOY

Item No. 337202 | 15 ml    

The alluring and sweet aroma of Joy™ invites a sense of romance, bliss and warmth when diffused. When worn as a fragrance, it invites togetherness, happiness and confidence.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Bergamot, Lemon, Palmarosa, Ylang Ylang, Rose, Geranium, Jasmine, Roman Chamomile, Coriander, Tangerine



JUVA CLEANSE

Item No. 339502 | 15 ml



Juva Cleanse™ is a premium blend of pure essential oils that are known for their cleansing properties and ability to assist in releasing negative emotions. Diffuse to help foster positive emotions, such as approval and contentment.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Helichrysum, Ledum, Celery Seed



JUVAFLEX

Item No. 337402 | 5 ml



Combining Fennel, Geranium, Rosemary and other essential oils, JuvaFlex™ is an uplifting and peaceful blend. Apply topically to improve areas of tender skin or diffuse to help release negative energy.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Sesame Seed Oil, Fennel, Geranium, Rosemary, Roman Chamomile, Blue Tansy, Helichrysum

KidScents

Visit page 51 to read more about the KidScents exclusive premium essential oils and roll-ons especially formulated to support children's needs using the best nature has to offer.



LADY SCLAREOL

Item No. 337602 | 15 ml



Lady Sclareol™ is an essential oil blend created especially for women to enhance their feminine nature. This energising blend is calming and emotionally balancing and can promote love and confidence.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Coriander, Geranium, Vetiver, Orange, Clary Sage, Bergamot, Ylang Ylang, Royal Hawaiian™ Sandalwood, Spanish Sage, Jasmine, Idaho Blue Spruce, Spearmint, Hinoki



LIVE YOUR PASSION

Item No. 576602 | 5 ml



Live Your Passion was created to evoke feelings of empowerment, clarity and inspiration. Wear it as a captivating fragrance that subtly reminds you to leave the past behind, live in the present and shape the future each day.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Royal Hawaiian™ Sandalwood, Orange, Nutmeg, Lime, Idaho Blue Spruce, Northern Lights Black Spruce, Ylang Ylang, Frankincense, Peppermint



LONGEVITY

Item No. 338802 | 15 ml



Longevity™ contains powerful essential oils that help promote youthful-looking skin. When diffused, this spicy, herbaceous aroma can help promote emotions of joy, hope and forgiveness.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Thyme, Clove, Orange, Frankincense



LUSHIOUS LEMON

Item No. 37333 | 15 ml



Lushious Lemon™ helps neutralise unwanted odours and fills your space with the bright citrus notes of Lemon Myrtle and Lemon, the fresh floral scent of Ylang Ylang and cool, inviting Spearmint and Eucalyptus Globulus.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complete to apply topically.

INGREDIENTS Ylang Ylang, Eucalyptus Globulus, Lemon Myrtle, Lemon, Spearmint



M-GRAIN

Item No. 338702 | 15 ml

M-Grain™ has a cool, spicy, herbaceous scent and is known to be calming, clarifying and invigorating. Dilute and apply to muscles, temples, feet, spine or neck for a soothing sensation.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Basil, Lavender, Roman Chamomile, Marjoram, Peppermint, Helichrysum



MAGNIFY YOUR PURPOSE

Item No. 337702 | 5 ml

Magnify Your Purpose™ essential oil blend stimulates creativity, desire, focus and motivation, encouraging you to seize initiative and bring your dreams into reality.

HOW TO USE Diffuse or directly inhale.

INGREDIENTS Sacred Sandalwood, Nutmeg, Ginger, Patchouli, Sage, Cinnamon Bark, Coriander, Bergamot, Ylang Ylang, Geranium



MELROSE

Item No. 337802 | 15 ml

Melrose™ is a blend of essential oils with powerful cleansing properties and can support the appearance of skin. Named after the combination of Melaleuca and Rosemary, this calming blend can help clear negative emotions and promote acceptance.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Rosemary, Clove, Tea Tree, Niaouli



MISTER

Item No. 338102 | 15 ml

Created for men, Mister™ essential oil blend is uplifting and balancing. Diffuse or wear it as a personal fragrance to promote feelings of tranquility, peace and self-worth.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Sesame Seed Oil, Sage, Lavender, Peppermint, Fennel, Myrtle, Yarrow



MOTIVATION

Item No. 338402 | 5 ml

The powerful scent of Motivation™ can promote feelings of action and accomplishment when diffused. Dilute and apply topically to help overcome emotional and mental resistance.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Roman Chamomile, Northern Lights Black Spruce, Ylang Ylang, Lavender



ONE HEART

Item No. 33207 | 5 ml

Find connection and empower your life with One Heart™. Specifically blended to bring people together and encourage a bright outlook on life. This uplifting blend will have a special spot in your heart and on your shelf.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Ylang Ylang, Lemon, Lime, Northern Lights Black Spruce, Ocotea, Valor®

NEW!



ONE PURPOSE

Item No. 41243 | 5 ml

The floral aroma of One Purpose™ honours the efforts of artisan women around the world who work to support their families, communities and in turn break the bounds of poverty.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Roman Chamomile, Northern Lights Black Spruce, Ylang Ylang, Lavender



ONE VOICE

Item No. 38252 | 5 ml

One Voice™ has a story as inspiring as its liberating aroma and as vibrant as its label, co-designed by a young survivor of human trafficking. This grounding aroma supports you in speaking your own truth and using your voice to help those in need. Diffuse the aroma to evoke the feelings of belief, self-confidence and courage.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Highest Potential™, Clarity™, Sacred Sandalwood, Sacred Frankincense, Ylang Ylang, Idaho Grand Fir, Idaho Blue Spruce, Helichrysum, Rose


THE D. GARY YOUNG
YOUNG LIVING
FOUNDATION

35% of each wholesale purchase of One Heart, One Purpose and One Voice is donated to the D. Gary Young, Young Living Foundation's efforts to end slavery and exploitation by empowering, inspiring and changing the lives of those in need.

These 3 foundation oils are also available in the One by YL Collection - read more on page 40.



PANAWAY

Item No. 339102 | 5 ml 
Item No. 339002 | 15 ml

This cooling blend has a refreshing scent and is uplifting during moments of exhaustion. Dilute and apply PanAway® after exercise or to the neck and back anytime for a soothing and stimulating aromatic experience.

HOW TO USE Dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Wintergreen, Helichrysum, Clove, Peppermint



PEACE & CALMING

Item No. 339802 | 5 ml 

Peace & Calming® creates a soothing and relaxing atmosphere when diffused, added to a bath or used during meditation and yoga. When applied topically, Peace & Calming may improve the appearance of skin and support a healthy-looking glow.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Tangerine, Ylang Ylang, Blue Tansy, Orange, Patchouli



PEACE & CALMING II

Item No. 532702 | 5 ml 

Peace & Calming II® creates a relaxing and pleasant aroma when inhaled or diffused. Dilute and apply topically to moisturise and beautify the appearance of skin.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Tangerine, Orange, Ylang Ylang, Patchouli, German Chamomile, Vetiver, Cistus, Bergamot, Cassia, Davana, Northern Lights Black Spruce



PRESENT TIME

Item No. 339602 | 5 ml 

Present Time™ helps you focus on the here and now, so you can release the past in order to move forward. This grounding blend can bring alignment back to the mind and body during times of uncertainty.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Sweet Almond Oil, Neroli, Black Spruce, Ylang Ylang



PROGESSENCE PHYTO PLUS

Item No. 458102 | 15 ml 

Progessence Phyto Plus™ features Sacred Frankincense, Peppermint and other essential oils that help women find the balance that nature intended. This blend also enhances moisture and soothes the skin.

HOW TO USE Apply 2-4 drops daily on the neck area. For added effect, apply 1-2 drops along forearms twice daily.

INGREDIENTS Copaiba, Wild Yam, Frankincense, Cedarwood, Bergamot, Peppermint, Clove, Chaste Tree



PURIFICATION

Item No. 339902 | 15 ml 


The refreshing scent of Purification® instantly deodorises and neutralises bad smells in the air. Apply topically to enjoy the outdoors annoyance free or diffuse this uplifting blend to cleanse negative emotions and vibrations.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Lemongrass, Rosemary, Tea Tree, Myrtle, Citronella, Lavandin



R.C.

Item No. 340902 | 5 ml 
Item No. 340502 | 15 ml


R.C.™ is a refreshing blend containing 3 types of eucalyptus essential oil. Dilute R.C. with V-6™ Enhanced Vegetable Oil Complex to create a spa-like atmosphere during massage. It can also be used in place of Aroma Siez™ in the Raindrop Technique®.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Eucalyptus Globulus, Eucalyptus Radiata, Eucalyptus Citriodora, Myrtle, Black Spruce, Cypress, Peppermint, Pine, Lavender, Marjoram



RAVEN

Item No. 340202 | 15 ml 

Raven™ is a cleansing blend of Ravintsara, Peppermint, Eucalyptus Radiata and other essential oils. Dilute and apply Raven to the chest and throat for a cooling sensation.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Ravintsara, Peppermint, Eucalyptus Radiata, Wintergreen, Lemon



RELEASE

Item No. 340802 | 15 ml    

Release™ is a blend with a relaxing aroma that facilitates the ability to let go of negative emotions such as anger and frustration. When diffused, it promotes harmony and balance.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Ylang Ylang, Olive Oil, Lavandin, Geranium, Royal Hawaiian™ Sandalwood, Blue Tansy, Citrus Hystrix, Blue Cypress, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea



RELIEVE IT

Item No. 341102 | 15 ml    

Relieve It™ is a comforting balance of pure Black Spruce, Black Pepper and other essential oils and combines their soothing properties into one useful blend.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Northern Lights Black Spruce, Black Pepper, Hyssop, Peppermint



RUTAVALA

Item No. 341902 | 5 ml   




RutaVala™ is a calming blend of Ruta, Valerian and Lavender that relieves everyday stress, soothes tension and promotes relaxation of the body and mind.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Ruta, Valerian, Lavender



SACRED MOUNTAIN

Item No. 341602 | 5 ml   
Item No. 341402 | 15 ml

Sacred Mountain™ is a blend of Ylang Ylang and conifer essential oils that evoke the sense of sanctity found in nature. When diffused, this blend promotes feelings of strength, empowerment, grounding and protection.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Ylang Ylang, Northern Lights Black Spruce, Idaho Balsam Fir, Cedarwood



SARA

Item No. 341702 | 5 ml    

SARA™ is a blend of Geranium, Ylang Ylang, Rose, Blue Tansy and other essential oils and was designed to be a soothing scent during difficult or emotional times.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Sweet Almond Oil, Ylang Ylang, Geranium, Lavender, Orange, Citrus Hystrix, Blue Cypress, Davana, Jasmine, German Chamomile, Rose, Grapefruit, Tangerine, Spearmint, Lemon, Ocotea, Blue Tansy, Cedarwood, White Lotus



SCLARESSENCE

Item No. 341802 | 15 ml    

Sclaressence™ contains the balancing properties of Fennel and Clary Sage, soothing Peppermint and calming Spanish Sage. This blend is comforting and relaxing and may help encourage emotional and physical balance.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Clary Sage, Fennel, Spanish Sage, Peppermint



SEEDLINGS CALM

Item No. 26025 | 5 ml  

Dreamland is only a few drops away with Seedlings™ Calm™ essential oil blend. Lavender, Coriander, Bergamot, Ylang Ylang and Geranium come together to create a soothing, warm and welcoming environment for the whole family.

HOW TO USE Diffuse to help your little one relax when it's time to settle down for the night.

INGREDIENTS Lavender, Coconut Oil, Coriander, Bergamot, Ylang Ylang, Geranium



SENSATION

Item No. 342002 | 5 ml   

Sensation™ combines pure Ylang Ylang, Coriander and other essential oils to strengthen feelings of self-love and to inspire romance and affection.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Ylang Ylang, Jasmine, Geranium, Bergamot, Coriander



SHUTRAN

Item No. 483502 | 15 ml    





An empowering essential oil blend specially formulated with a scent for men to boost feelings of masculinity and confidence. Shutralan™ is perfect for use as a cologne that appeals to both men and women.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Idaho Blue Spruce, Ylang Ylang, Ocotea, Hinoki, Davana, Cedarwood, Lavender, Coriander, Lemon, Northern Lights Black Spruce



SLIQUE ESSENCE

Item No. 458602 | 15 ml    

Slique™ Essence combines powerful citrus essential oils, naturally sweetened with Stevia Extract, in a unique blend that supports healthy goals, especially when used in conjunction with other Slique™ products.*

HOW TO USE Shake vigorously before use. Use as a gentle sweetening and flavouring agent when added to water, NingXia Red® or Slique Tea^.

INGREDIENTS Grapefruit, Tangerine, Lemon, Spearmint, Ocotea, Stevia Extract. The Stevia extract in this formula may impede diffuser performance.



STRESS AWAY

Item No. 463002 | 15 ml   

Stress Away™ is the first product to contain the unique combination of pure Lime and Vanilla therapeutic-grade essential oils. With an aroma that is the perfect blend of tropical and citrus, Stress Away is uniquely relaxing and comforting.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Copaiba, Lime, Cedarwood, Vanilla, Ocotea, Lavender



SURRENDER

Item No. 342402 | 5 ml    

Surrender™ is a blend of Lavender, Black Spruce, Roman Chamomile and other essential oils that provide aromas to help cast off inhibitions that may be controlling your life or limiting your potential.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Lavender, Northern Lights Black Spruce, Mountain Savory, Lemon, Angelica, Roman Chamomile, German Chamomile



THIEVES

Item No. 342302 | 15 ml   

Thieves® essential oil blend was inspired by the legend of four 15th-century French thieves. With an irresistibly spicy scent and exceptional cleaning power, Thieves is a core ingredient in our home cleaning and personal care products.

HOW TO USE Diffuse or directly inhale.

INGREDIENTS Clove, Cinnamon Bark, Rosemary, Lemon, Eucalyptus Radiata



3 WISE MEN

Item No. 342602 | 15 ml   

The 3 Wise Men™ blend contains Sandalwood, Frankincense, Myrrh and other essential oils chosen to promote feelings of reverence, receptivity and spiritual awareness.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Sweet Almond Oil, Royal Hawaiian™ Sandalwood, Juniper, Frankincense, Northern Lights Black Spruce, Myrrh



TRANSFORMATION

Item No. 306002 | 15 ml   

Containing powerful essential oils such as Idaho Blue Spruce, Palo Santo and Ocotea. Transformation™ empowers you to transform a negative mindset into an uplifting positive attitude.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Lemon, Sacred Frankincense, Sandalwood, Peppermint, Cardamom, Clary Sage, Idaho Blue Spruce, Palo Santo, Ocotea



TRAUMA LIFE

Item No. 635002 | 5 ml   

Trauma Life™ is a natural blend of pure Sandalwood, Helichrysum, Rose and other essential oils and is designed to offer support during difficult emotional exploration.

HOW TO USE Diffuse, directly inhale or dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically.

INGREDIENTS Frankincense, Davana, Citrus Hystrix, Royal Hawaiian™ Sandalwood, Northern Lights Black Spruce, Rose, Valerian, Geranium, Lavender, Helichrysum



VALOR

Item No. 343002 | 5 ml 

Valor® essential oil blend is a top seller and was one of Young Living founder D. Gary Young's favourite blends. Apply to wrists, chest, base of neck and bottoms of feet to feel empowered and uplifted.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Northern Lights Black Spruce, Camphor wood oil, Blue Tansy, Frankincense, Geranium, Coconut Oil



WHITE ANGELICA

Item No. 342802 | 5 ml 

Containing pure Melissa and Bergamot essential oils, White Angelica™ promotes feelings of protection and security when diffused and can be used to guard against negative energy.

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Sweet Almond Oil, Bergamot, Melissa, Geranium, Ylang Ylang, Rose, Myrrh, Northern Lights Black Spruce, Sacred Sandalwood, Hyssop



WINTER NIGHTS

Item No. 35240 | 5 ml 



Cosy up your home when the nights grow short and the air grows cold with Young Living's exclusive Winter Nights essential oil blend!

HOW TO USE Diffuse, directly inhale or apply topically.

INGREDIENTS Northern Lights Black Spruce, Cedarwood, Orange, Peppermint

*These statements have not been evaluated by the Therapeutic Goods Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Consult individual product labels for safety information.

Aroma Rings

Hands-free, discreet and comfortable,
Aroma Rings are your very own personal silicon diffuser!



Read more on page 41

Culinary Essential Oils

Many of our essential oils also belong in your pantry! Our line of approved culinary essential oils is your go-to for fresh, concentrated flavour in both sweet and savoury recipes. Discover wellness - for food, for family, for life!



BASIL

Fresh & herbaceous

Item No. 350002 | 15 ml

This herb is found in a variety of dishes and is popular in both Asian and European cooking. Basil pairs well with savoury foods, but you can add its sweet, slightly peppery flavour to any meal - try with sauces, breads, soups, chicken or seafood.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



BERGAMOT

Light & citrusy

Item No. 350302 | 15 ml

Bergamot's complex citrus taste makes it the perfect addition to many summer dishes and can be used to liven up sugarless baked goods. Bergamot's taste is somewhere between a sour orange and a lemon, making it a distinctive, zesty addition to seafood recipes.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



BLACK PEPPER

Rich & spicy

Item No. 361102 | 5 ml

Black Pepper is the most common and potent flavouring of the peppercorn family. Use this essential oil in marinades and rubs for meat and fish or add to roasted vegetables or homemade salad dressings. Black Pepper also works well in guacamole as a quick way to spice up Mexican favourites.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



CARDAMOM

Warm & spicy

Item No. 308002 | 5 ml

A must-have for every kitchen, Cardamom has a rich taste and is a popular spice. Try adding it to your favourite dishes to accentuate sweet and savoury flavours. Alternatively, add 1-2 drops to your favourite smoothie, green juice or tea for a unique taste experience.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



CARROT SEED

Earthy & herbaceous

Item No. 308102 | 5 ml

Carrot Seed has a mildly sweet aroma with earthy, herbaceous notes. Try adding a drop to roasted vegetables for a hit of earthy flavour or use a few drops in salad dressing to infuse fresh greens. Carrot Seed can also add a new dimension of flavour to quinoa or wild rice.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



CELERY SEED

Earthy & grassy

Item No. 308202 | 15 ml

Commonly described as earthy and grassy, Celery Seed brings a pleasant aroma and taste to many dishes. Try Celery Seed with coleslaw and salad dressings for a unique taste or add 1-2 drops to the cooking water for rice and serve with baked poultry.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



CILANTRO

Fresh & earthy

Item No. 26975 | 5 ml

Cilantro has a fresh, pungent and earthy flavour that elevates popular dishes from around the world. Trying adding Cilantro to your favourite salsa or guacamole recipe or to soups, curries, sauces and marinades for a delicious flavour boost.

HOW TO USE Diffuse, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



CINNAMON BARK

Hot & spicy

Item No. 351502 | 5 ml

Cinnamon Bark features a concentrated and potent flavour that complements a variety of classic culinary treats. Add this spice to bring a warm taste sensation to your favourite dishes or turn your NingXia Red® shot into a 'Hot Shot' by adding a drop or two.

HOW TO USE Diffuse, directly inhale or add 1-2 drops to a beverage or food of choice.



CITRUS FRESH

Strong & citrusy

Item No. 331802 | 15 ml



Try adding Citrus Fresh™ to your recipes for a zesty and refreshing burst of flavour! Keep hydrated by infusing your water with 2-3 drops or add 1-2 drops to fruit and vegetable juices or NingXia Red® for a quick intake of nutrients and flavour.

INGREDIENTS Orange, Grapefruit, Mandarin, Tangerine, Lemon, Spearmint

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



CORIANDER

Sweet, nutty & a little spicy

Item No. 352702 | 5 ml



Add this herb to Chinese soups, Indian masalas and Mexican salsas to enjoy its versatile taste. Alternatively, mix Coriander with your favourite dressings and marinades to add a fresh layer of seasoning.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



DILL

Warm, aromatic & slightly bitter

Item No. 353602 | 5 ml



Dill provides a fresh, pungent taste to replace fresh or dried dill in dressings and dips. This essential oil pairs beautifully with Lemon as an appetising ingredient for soups and stews. Dill is a key element in many traditional Russian, European, Mediterranean, Asian and Scandinavian dishes.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



FENNEL

Sweet & spicy

Item No. 354202 | 15 ml



Featuring a flavour reminiscent of black licorice, Fennel can give your soups and dips added complexity. Try adding 1-2 drops to your desired beverage, such as a cup of tea or warm water after meals, to enjoy its unique licorice taste.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



FRANKINCENSE

Aromatic & sharp

Item No. 354902 | 5 ml



Item No. 354802 | 15 ml

Known for its unmistakably complex, sweet and woody flavour and aroma. Try adding Frankincense to water, juice or even your daily shot of NingXia Red®.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



GERANIUM

Sweet, floral & earthy

Item No. 355402 | 15 ml



Add the floral and earthy taste of Geranium essential oil to sweeten dishes and drinks such as desserts, cakes, jellies and teas.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



GERMAN CHAMOMILE

Sweet & fruity

Item No. 308602 | 5 ml



Known for its sweet, apple-like flavour profile, German Chamomile will quickly become an indispensable part of your evening relaxation routine. Add 1-2 drops to a smoothie, shake or salad for a sweet, slightly fruity aroma or place a few drops in water or tea.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



GINGER

Warm & spicy

Item No. 355702 | 5 ml



Ginger adds an exotic zing of intense, spicy flavour to dishes, particularly stir-fries. Alternatively, try adding a drop of Ginger to your tea for a nice, soothing hot drink or a few drops with your marinades and salad dressings to add a warm, spicy note.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



GRAPEFRUIT

Sour & tangy

Item No. 356002 | 15 ml

Grapefruit is known for its invigorating citrus scent and delicious, tangy taste. Blend Grapefruit with NingXia Red® for an added boost of wolfberry goodness or add to desserts, marinades, salad dressings or cold water for a refreshing drink.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



JADE LEMON

Uniquely lemon-lime

Item No. 468502 | 5 ml

Jade Lemon features a unique lemon-lime taste that is wonderfully bright and invigorates the senses. For a twist of fun, combine Jade Lemon with a frozen yoghurt treat or add to NingXia Red® for the perfect beverage infusion.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



LAURUS NOBILIS

Spicy & aromatic

Item No. 357402 | 5 ml

Laurus Nobilis is distilled from the common bay leaf. Its flavour is known as a ubiquitous addition to many hearty stew and soup recipes.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



LAVENDER

Aromatic & earthy

Item No. 357502 | 15 ml

Make homemade fruit jams infused with the sweet, slightly floral flavour of Lavender. Lavender also complements dairy in shortbread, pound cake, ice cream, meringue or whipped cream recipes and works well in savoury dishes with herbs such as thyme, rosemary and oregano.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



LEMON

Citrusy, sweet & sour

Item No. 357802 | 15 ml

Use Lemon to add flavour to savoury foods like fish and chicken or sweet foods like pastries, cakes and baked goods. Add Lemon to a tall glass of cold water or tea for a fresh drink or try 1 drop in vanilla yoghurt and top with fresh berries to start your day.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



LEMONGRASS

Aromatic & light with spice

Item No. 358102 | 15 ml

The delicate citrus tang of Lemongrass complements many dishes - especially Asian recipes - and can be easily incorporated into your seasonings. Add a couple of drops to a glass of water or a hot cup of tea for a unique taste.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



LEMON MYRTLE

Sweet & sour

Item No. 307902 | 5 ml

Used sparingly as a seasoning for chips and roast vegetables, Lemon Myrtle is versatile and refreshing. The sweet and sour taste complements many culinary delights, from fish and chicken to ice cream or sorbet.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



LIME

Light & citrusy

Item No. 307402 | 15 ml

Lime is prized for the ability to bring a unique citrus flavour and delicious zing to any recipe. Combine Lime with olive oil to use as a marinade for meat and vegetables or add to stir fries for a greater depth of flavour. Alternatively, add a few drops of Lime to berry dishes to complement their natural sweetness.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



MARJORAM

Woody & spicy

Item No. 358402 | 15 ml



Marjoram is found in many savoury dishes, especially in Italian cuisine. It has a similar flavour profile to oregano and complements foods like fish and vegetables. Try infusing extra virgin olive oil with a drop of Marjoram to make flavourful salad dressings, marinades and bread dips.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



MELISSA

Citrusy with hints of mint

Item No. 358902 | 5 ml



This aromatic member of the mint family brings together the acidity of lemon with subtle hints of mint. Try adding this dynamic flavour to iced tea, fruit or vegetable salads, vinaigrettes and seafood dishes. Melissa can also act as a substitute for lemon peel in sauces and soups.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



NUTMEG

Warm & spicy

Item No. 359902 | 5 ml



This pungent spice offers a warm, sweet and distinctly spicy taste and aroma. Nutmeg can be used to enhance the flavour of winter produce like sweet potatoes and pumpkin and works well in savoury meat-based dishes to subtly enhance and round out the flavour.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



OCOTEA

Earthy & aromatic

Item No. 355602 | 5 ml



Also known as 'false cinnamon', Ocotea can be used in many recipes - try adding 3-4 drops to apple pies or spice cakes. If steaming your vegetables, add a few drops of Ocotea to add an earthy and aromatic taste.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



ORANGE

Citrusy & light

Item No. 360202 | 15 ml



Orange has a zesty, refreshing flavour and contains the naturally occurring constituent limonene - try using it in baked goods to contrast sweetness. Orange combines well with other fruity flavours, making it the perfect addition to smoothies, water, NingXia Red® and other drinks.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



OREGANO

Strong & herbaceous

Item No. 360502 | 15 ml



Oregano's distinctive, pungent taste makes it an indispensable addition to Mediterranean and Mexican cuisines. However, it can be used in a variety of other recipes, particularly within savoury dishes.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



PARSLEY

Light, herbaceous & aromatic

Item No. 26331 | 5 ml



One of the most versatile cooking herbs, Parsley offers a light, fresh flavour. Use as a seasoning to balance and brighten seafood, poultry, meat and eggs, as well as rice, pasta and vegetable dishes.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



PEPPERMINT

Cooling & slightly spicy

Item No. 361402 | 15 ml



Peppermint has a bright, cooling flavour. Blend with your pre-workout drink for an energising start or wind down after your workout with a mint-infused chocolate or vanilla protein shake. Peppermint also complements baking and can be used in a wide variety of desserts.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



ROSE

Aromatic & earthy

Item No. 362302 | 5 ml



Rose features a slightly floral and exotic flavour that is perfect for adding to baked goods. Add a few drops to frosting, icing or as a filling in rich cakes - if the filling is strong, a cake flavoured with Rose will pair nicely because of its light and fresh aroma. Additionally, try adding Rose to salad dressings, jams or yoghurts.

HOW TO USE Diffuse, directly inhale, apply topically or add 1-2 drops to a beverage or food of choice.



ROSEMARY

Strong & woody

Item No. 362602 | 15 ml



Rosemary has a uniquely herbaceous taste, making it perfect for many savoury recipes. To add an authentic, fresh flavour, stir in a few drops of Rosemary to your pasta sauce, marinades and salad dressings. Alternatively, combine olive oil, balsamic vinegar and Rosemary for a bread dip.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



SLIQUE ESSENCE

Gentle & sweet

Item No. 458602 | 15 ml



Slique™ Essence is naturally sweetened with Stevia extract, with no added calories. Citrus essential oils add an uplifting element, while Ocotea adds a cinnamon-like aroma.

INGREDIENTS Grapefruit, Tangerine, Lemon, Spearmint, Ocotea and Stevia Extract

HOW TO USE Shake vigorously before use. Use as a gentle sweetening and flavouring agent when added to water, NingXia Red® or Slique Tea.



SPEARMINT

Cooling & sweet

Item No. 363802 | 5 ml



With a distinctly sweeter, softer mint taste than Peppermint, Spearmint is perfect for infusing in water. Give meats and vegetables a minty note by including Spearmint in your marinades.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



TANGERINE

Sweet & citrusy

Item No. 364402 | 15 ml



Add Tangerine to savoury dishes and desserts to introduce bright and complex citrus notes. For a deliciously tangy twist, add 1-2 drops of Tangerine to NingXia Zyng™ or try adding a few drops to your salad dressing for a wonderful citrus zing.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



TARRAGON

Spicy with an undertone of anise

Item No. 364702 | 5 ml



Native to southern Europe, Tarragon features a distinctly strong, herbaceous taste. Add to seafood, poultry, eggs and vegetables to enjoy Tarragon's sophisticated, complementary flavour.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



THYME

Spicy, warm & herbaceous

Item No. 365002 | 15 ml



Thyme has a rich, warm, herbaceous aroma and works well when included in pasta and poultry dishes. Try adding 1-2 drops of Thyme to your marinades to infuse meats, vegetables and dips with herby richness.

HOW TO USE Diffuse, directly inhale, dilute with V-6™ Enhanced Vegetable Oil Complex to apply topically or add 1-2 drops to a beverage or food of choice.



Young Living
Culinary Brand
Ambassador and
Chef to the Stars!

Discover Chef Kate's recipes
using Young Living
Culinary essential oils
on our blogs:

YoungLiving.com/blog/Australia
YoungLiving.com/blog/New-Zealand

Essential Oil Roll-Ons

The benefits of essential oils can be yours anytime, anywhere. These roll-ons are excellent and convenient travel companions that bring the pure essence of Young Living wherever you go!



BREATHE AGAIN

Item No. 3528525 | 10 ml

Breathe Again™ Roll-On features four types of Eucalyptus essential oil to create a powerful, invigorating experience with a refreshing and rejuvenating aroma.

HOW TO USE Apply generously to chest and neck as desired.

INGREDIENTS Coconut Oil, Eucalyptus Staigeriana, Eucalyptus Globulus, Eucalyptus Radiata, Eucalyptus Blue, Laurus Nobilis, Peppermint, Copaiba, Myrtle, Blue Cypress, Rosehip



PEACE & CALMING

Item No. 26497 | 10 ml

Keep calm and carry on! Peace & Calming® Roll-On is a lighthearted blend of sweet citrus scents with fresh, woody notes. Take advantage of its grounding and calming benefits all day long.

HOW TO USE Apply generously to wrists, temples or neck as needed.

INGREDIENTS Coconut Oil, Tangerine, Orange, Ylang Ylang, Patchouli, Blue Tansy



STRESS AWAY

Item No. 4472525 | 10 ml

Stress Away™ Roll-On is a unique, light blend of Vanilla, Lime, Copaiba and other pure essential oils with a relaxing fragrance, created to combat normal stresses that creep into everyday life.

HOW TO USE Apply generously to wrists, temples, neck or any desired area as needed.

INGREDIENTS Coconut Oil, Copaiba, Lime, Cedarwood, Vanilla, Ocotea, Lavender



VALOR

Item No. 3529525 | 10 ml

A truly unique blend of Black Spruce, Blue Tansy, Camphor Wood, Geranium and Frankincense, Valor® Roll-On has a woody, grounding aroma that can increase feelings of strength, courage and self-esteem.

HOW TO USE Apply generously on wrists, neck or temples as needed.

INGREDIENTS Coconut Oil, Northern Lights Black Spruce, Camphor wood oil, Blue Tansy, Frankincense, Geranium



DEEP RELIEF

Item No. 3534525 | 10 ml

Blended with Peppermint essential oil, Deep Relief™ Roll-On creates a cooling sensation when applied topically. With a fresh aroma that is both invigorating and relaxing, this blend is perfect to keep in your gym bag to use after a workout.

HOW TO USE Apply generously on temples, back of neck or tired muscles.

INGREDIENTS Peppermint, Coconut Oil, Idaho Balsam Fir, Clove, Vetiver, Wintergreen, Lemon, Helichrysum, Copaiba, Dorado Azul



RUTAVALA

Item No. 4471525 | 10 ml

RutaVala™ Roll-On utilizes a proprietary blend of Ruta, Valerian and Lavender essential oils. This combination creates a refreshing aroma that can enhance feelings of emotional balance and relaxation.

HOW TO USE Apply generously to wrists, neck, temples or bottoms of your feet.

INGREDIENTS Coconut Oil, Lavender, Valerian, Ruta



TRANQUIL

Item No. 3533525 | 10 ml

Apply this comforting aroma for stress relief and relaxation. Tranquil™ Roll-On includes Lavender, Cedarwood and Roman Chamomile, which are known for their ability to induce tranquillity.

HOW TO USE Apply generously on wrists or back of neck as needed.

INGREDIENTS Coconut Oil, Lavender, Cedarwood, Roman Chamomile

KidScents Roll-Ons

Visit page 52 to read more about the KidScents exclusive roll-ons.




Massage Oils

Aromatherapy meets massage in our specially crafted massage oils. Formulated and blended with quality in mind, these professional-grade products take the power of massage to a whole new level.



CEL-LITE MAGIC MASSAGE OIL

Item No. 303502 | 236 ml 


Cel-Lite Magic™ Massage Oil tones and nourishes the skin with pure vegetable oils, vitamin E and authentic essential oils. Grapefruit essential oil improves the appearance of skin texture, while Juniper essential oil helps cleanse.

HOW TO USE Massage on locations where firming and toning are desired. Shake well before using.

INGREDIENTS Coconut Oil, Grape Seed Oil, Grapefruit, Cedarwood, Clary Sage, Cypress, Juniper, Wheat Germ Oil, Sweet Almond Oil, Olive Oil



DRAGON TIME MASSAGE OIL

Item No. 303402 | 236 ml 

Recommended for both young and mature women, Dragon Time™ Massage Oil is specifically blended with the calming and relaxing aromas of Lavender, Ylang Ylang, Jasmine and other uplifting essential oils.

HOW TO USE Gently massage onto lower abdomen and lower back. Shake well before using.

INGREDIENTS Coconut Oil, Grape Seed Oil, Lavender, Sage, Blue Yarrow, Fennel, Clary Sage, Ylang Ylang, Wheat Germ Oil, Sweet Almond Oil, Olive Oil, Jasmine



ORTHO EASE MASSAGE OIL

Item No. 303302 | 236 ml 

Ortho Ease® Massage Oil is a calming blend of vegetable oils and therapeutic-grade essential oils, including Wintergreen, Peppermint, Juniper and Marjoram.

HOW TO USE Gently massage onto areas of body or muscles after exercise as desired. Shake well before using.

INGREDIENTS Coconut Oil, Wintergreen, Grape Seed Oil, Peppermint, Juniper, Eucalyptus Globulus, Eucalyptus Radiata, Thyme, Lemongrass, Marjoram, Vetiver, Wheat Germ Oil, Sweet Almond Oil, Olive Oil



ORTHO SPORT MASSAGE OIL

Item No. 303202 | 236 ml 


Ortho Sport® Massage Oil combines pure vegetable oils with therapeutic-grade essential oils such as Wintergreen, Peppermint, Thyme and Oregano.

HOW TO USE Thoroughly massage onto areas of the body following exercise. Shake well before using.

INGREDIENTS Coconut Oil, Grape Seed Oil, Wintergreen, Peppermint, Oregano, Eucalyptus Globulus, Elemi, Wheat Germ Oil, Vetiver, Lemongrass, Sweet Almond Oil, Thyme, Olive Oil



RELAXATION MASSAGE OIL

Item No. 303702 | 236 ml 


Relaxation™ Massage Oil combines specifically selected vegetable oils with the soothing essential oil scents of Lavender, Tangerine, Coriander and Spearmint for maximum relaxation.

HOW TO USE Gently massage onto skin as needed. Shake well before using.

INGREDIENTS Coconut Oil, Grape Seed Oil, Tangerine, Lavender, Spearmint, Ylang Ylang, Peppermint, Coriander, Bergamot, Wheat Germ Oil, Sweet Almond Oil, Olive Oil, Geranium



SENSATION MASSAGE OIL

Item No. 303602 | 236 ml 


Sensation™ Massage Oil inspires and encourages feelings of romance and youthfulness with the beautifully blended fragrances of Ylang Ylang, Jasmine, Geranium and other essential oils. This special blend leaves the skin feeling smooth and soft.

HOW TO USE Gently massage onto skin as needed. Shake well before using.

INGREDIENTS Coconut Oil, Grape Seed Oil, Ylang Ylang, Jasmine, Coriander, Geranium, Bergamot, Wheat Germ Oil, Sweet Almond Oil, Olive Oil



V-6 ENHANCED VEGETABLE OIL COMPLEX

Item No. 303102 | 236 ml 

Item No. 303002 | 944 ml (Refill)

V-6™ Enhanced Vegetable Oil Complex can be used to create custom massage oils or to dilute essential oils for sensitive skin.

HOW TO USE Direct application: blend 1 drop essential oil in 1-8 teaspoons V-6. Custom blend: mix 15-30 drops of essential oils to 1/8-1/4 cup V-6. Stronger essential oils (e.g. Clove, Oregano) require more dilution than gentler oils. Shake well before using.

INGREDIENTS Coconut Oil, Sesame Seed Oil, Grape Seed Oil, Sweet Almond Oil, Wheat Germ Oil, Sunflower Seed Oil, Olive Oil



Essential Oil Collections

Let our expertly assembled collections guide you toward harmony and wellness. This selection of essential oils and blends makes it easy to choose the best Young Living products for your unique needs.



AROMA COMPLETE

Item No. 310002

Aroma Complete™ contains 5 ml bottles of 120 different Young Living essential oil singles and blends and includes a YL branded backpack that fits up to 140 bottles. The collection does not contain Wellness Oils, Rose, Melissa and a few seasonal oils.[†]

WHAT'S INCLUDED 120 x 5 ml oils + premium display case

HOW TO USE See individual products.

[†]Because essential oils may vary according to season and availability, Young Living reserves the right to substitute essential oils of equal or greater value.



ESSENTIAL 7

Item No. 312002

Used aromatically or applied topically, Young Living's Essential 7™ essential oils were specially chosen to calm, cleanse, energise, uplift, soothe and rejuvenate the mind and body.

WHAT'S INCLUDED 7 x 5 ml essential oils (Lavender, Peppermint, Lemon, Joy™, PanAway™, Peace & Calming II™, Purification®)

HOW TO USE See individual products.



EVERYDAY OILS

Item No. 369502

The Everyday Oils™ collection is perfect for beginners as it contains ten of our most popular and versatile essential oils. This kit will become a useful part of your day, every day.

WHAT'S INCLUDED 10 x 5 ml essential oils (Frankincense, Lavender, Lemon, Peppermint, Tea Tree, Joy™, PanAway®, Purification®, Stress Away™, Thieves™)

HOW TO USE See individual products.



FEELINGS KIT

Item No. 312502

The Feelings™ collection features a range of 6 essential oil blends that uplift and encourage emotional wellbeing and balance when diffused.

WHAT'S INCLUDED 6 x 5 ml essential oils (Forgiveness™, Harmony™, Inner Child™, Present Time™, Release™, Valor™)

HOW TO USE See individual products.



FINCA BOTANICA FARM COLLECTION

Item No. 37613

Bring a touch of the tropics into your home with this collection of four rare, exotic essential oils from plants cultivated at Young Living's Finca Botanica Farm and Distillery in Chongon, Ecuador. Create a fresh, woody-floral diffusion blend by combining a few drops of each oil to fill your space with the aromas of Ecuador.

WHAT'S INCLUDED 4 x 5 ml essential oils (Incan Melissa, Paicotea, Ecuadorian Ylang Ylang, Palo Santo), 1 x Finca Botanica Farm Collection Booklet

HOW TO USE See individual products.





OILS OF ANCIENT SCRIPTURE

Item No. 19345

The Oils of Ancient Scripture™ collection contains 10 oils from the most significant plants, botanicals, materials and resins mentioned in the Bible. This collection is designed to help you enjoy the beautiful aromas and intriguing histories of these precious, pure essential oils.

WHAT'S INCLUDED 10 x 5 ml essential oils (Aloes (Sandalwood), Cassia, Cedarwood, Cypress, Frankincense, Hyssop, Myrrh, Myrtle, Onycha, Rose of Sharon (Cistus))

HOW TO USE See individual products.



RAINDROP TECHNIQUE

Item No. 313702

Incorporating health-based principles from Ancient Egyptian, Ancient Tibetan and Native American cultures, the Raindrop Technique® collection is a revolutionary way of marrying pure essential oils with the benefits of massage. The Raindrop Technique helps bring balance and harmony to the body and mind by combining targeted massage with distinctive energy approaches.

WHAT'S INCLUDED 9 x 5 ml essential oils (Aroma Siez™, Basil, Cypress, Marjoram, Oregano, Peppermint, Thyme, Valor™, Wintergreen), 1 x Ortho Ease® Massage Oil, 1 x V-6™ Enhanced Vegetable Oil Complex, 1 x Raindrop Technique® booklet

HOW TO USE See Raindrop Technique booklet (enclosed) and individual products.



ONE BY YOUNG LIVING COLLECTION

Item No. 43274

One by Young Living™ Collection features three special essential oil blends crafted in collaboration with The D. Gary Young, Young Living Foundation: One Heart™, One Voice™ and One Purpose™. Each blend supports a Foundation partner, local artisan or cause and every purchase helps expand our impact on the world.

35 percent of all sales of the One by Young Living Collection are donated to the Foundation, channeled directly to their fight to open the doors of educational opportunity, break the cycle of poverty and end human exploitation.

WHAT'S INCLUDED 3 x 5 ml essential oils (One Heart, One Voice, One Purpose)

HOW TO USE See individual products.



WELLNESS COLLECTION

Item No. 36669

This travel-sized, beautiful and versatile Wellness Case holds twelve Wellness Essential Oils plus four additional spaces to add your own favourite oils. Also included is a handy Wellness Information Guide. No matter where you are, these Wellness Essential Oils are perfectly selected to bring comfort and relief whenever you need it most!

WHAT'S INCLUDED 1 x Wellness Case (vegan leather), 12 x 5 ml Wellness essential oils (Bergamot, Cedarwood, Clary Sage, Frankincense, Ginger, Lavender, Lemon, Lemongrass, Orange, Peppermint, Tea Tree, Ylang Ylang), 1 x Wellness Information Guide

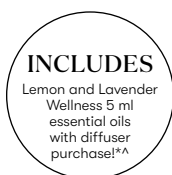
HOW TO USE See individual products.

*Wellness Collection not available in New Zealand.

Always read the label and follow the directions for use. View the full list of health warnings at YoungLiving.com/en_au/health-warnings. Not to be taken. The claims listed above are only applicable for Australia. To share or sell these products compliantly please refer to the Product Claim Pages found in your Virtual Office.

Essential Oil Diffusers

Transform your home, office or personal space into your very own aromatherapy oasis! Integrate essential oils into any part of your life with our elegantly designed diffusers and create a spa-like experience anywhere you go - even on the road!



ARIA ULTRASONIC DIFFUSER

Item No. 452402	Diffuser
Item No. 4540	Replacement Glass Dome
Item No. 4541	Replacement Remote

The Aria™ diffuser combines the latest in ultrasonic technology with useful features such as a remote control, music auxiliary port, soothing built-in sounds and multicoloured LED lights. Inside the Aria is a small ultrasonic plate that vibrates over a million times per second, dispersing the water and essential oil into the air.

HOW TO USE Fill well with water and add 15-20 drops of desired essential oil. See instruction booklet for complete usage details.

Medium Room (approx. 40 m²)	21.5 x 21.5 x 15.5 cm	260 ml
12 hours max.	Ultrasonic	2.3 kg



AROMA RING with AromaEase or Lavender

Item No. 32316 AromaEase	8 pk
Item No. 32317 Lavender	8 pk

The Aroma Ring is a soft silicone ring that fits comfortably on your nose or ear to deliver persistent and effective aromatherapy for up to six hours. Available in two scents - AromaEase® and Lavender - this reusable personal diffuser is so versatile and discreet.

AromaEase® gives you a soothing, long-lasting, aroma when encountering strong odours in crowded public spaces and cars. It also helps to soothe and comfort during times of uneasiness.

Take an extra dose of Lavender's aromatic calm during your massage, meditation, travel, yoga practice, night-time sleep routine or to mask strong odours during smelly jobs.

HOW TO USE Remove Aroma Ring from package and place on nose, on ear or near face; then breathe deeply and enjoy. Recommended for children over 8 with parental supervision.



WHILE STOCKS LAST

CAR VENT DIFFUSERS

Item No. 25200	Grey
Item No. 25190	Rose Gold
Item No. 25111	Replacement Pads 10 pk

Available in Silver or Rose Gold, Young Living's Car Vent Diffuser is designed with your commuting needs in mind. Without the fuss of batteries or cables, this diffuser lets your air vent do the work! Add a few drops of oil to the cotton pads and you'll be cruising with your favourite aroma in no time!

HOW TO USE Put 6-8 drops of essential oil on the cotton pad and open the diffuser using the notch opposite the hinge. Place the pad inside the diffuser, oil side down, then close the diffuser. Pull out the back clip to rotate the YL logo until oriented to your vent. Clip onto your vent and turn on the fan to diffuse the aroma.

Average Car (approx. 15 m²)	3.5 x 3.5 x 3.8 cm	6-8 drops
Variable	Air flow	0.028 kg



LIMITED TIME ONLY

INCLUDES

Lavender & Citrus Fresh 5 ml essential oils with diffuser purchase!

DUET DIFFUSER

Item No. 43760

The Duet Diffusers timelessly sleek and sophisticated design will add an air of opulence to any space with the benefits of aromatherapy by utilising water-free technology. With the built-in Bluetooth speaker and automatic shut-off, diffuse two different essential oils at once and create an atmosphere which is just right for you.

HOW TO USE Press down on the diffuser pump until it pops open and gently remove. Remove the drop reducer cap on the essential oil bottle and insert the tube into the bottle and screw on. Place the pump into the top of the diffuser and connect the power supply. See instruction booklet for complete usage details.

Large Room (approx. 56 m²)	14.5 cm x 12.65 cm	1.36 kg
8 hours max.	Atomiser	



WHILE STOCKS LAST

INCLUDES

Lemon and Lavender Wellness 5 ml essential oils with diffuser purchase!*

DEWDROP ULTRASONIC DIFFUSER

Item No. 533002

The Dewdrop™ Diffuser functions as a humidifier, atomiser and aroma diffuser in one simple-to-use product. Custom designed with up to ten hours of diffusion, automatic shut-off and 11 LED light options, this diffuser can make any space feel like a spa.

HOW TO USE Fill well with room-temp tap water, add 8-12 drops of desired essential oil and turn on the diffuser. See instruction booklet for complete usage details.

Medium Room (approx. 30 m²)	13.5 x 13.5 x 19 cm	180 ml
10 hours max.	Ultrasonic	0.44 kg



INCLUDES

Citrus Fresh & Peppermint 5 ml essential oils with diffuser purchase!

EMBER DIFFUSER

Item No. 36368

Made with terracotta clay and sustainable rubberwood, this sleek diffuser has eight subtle light settings and up to seven hours diffusion. The Ember's cover is carefully crafted from natural terracotta clay, sourced from the Yunnan Province of China with the base constructed from a sustainable rubberwood cultivated in Thailand.

HOW TO USE Fill the reservoir with water and add 5-10 drops of essential oil. Select diffusion and light modes. See instruction booklet for complete usage details

Medium Room (approx. 35 m²)	94 x 160 cm	100 ml
7 hours max.	Ultrasonic	0.454 kg

* Free oils are not available with Starter Bundle purchases.

^Wellness essential oils are only available to Australian customers, therefore New Zealand orders will receive the regular label essential oil.



INCLUDES

Lavender Wellness
5 ml essential oil
with diffuser
purchase!^

KIDSCENTS FEATHER THE OWL DIFFUSER

Item No. 27009

Our adorable forest friend is ready to help transform bedrooms, playrooms and nurseries into energising creative spaces and dreamy slumberlands. This easy-to-use ultrasonic diffuser includes a humidifier, 10 LED lights options, white-noise sounds and touch sensitive power - owl in one!

HOW TO USE See instruction booklet for complete usage directions.



Medium Room
(approx. 30 m²)



13.6 x 13.3 x 15.1 cm



165 ml



10 hours max.



Ultrasonic



0.44 kg



and BOTANICAL GARDEN at Liberty Park

A portion of all proceeds from our Feather the Owl Diffuser sales will go to support the Tracy Aviary, a USA based non-profit organisation dedicated to using research, outreach and action to protect birds and their habitats. Visit TracyAviary.org



WHILE STOCKS LAST



INCLUDES

Lemon and Lavender
Wellness 5 ml
essential oils
with diffuser
purchase!^A

LANTERN ULTRASONIC DIFFUSER

Item No. 23719

Enjoy your favourite essential oils with the Lantern Diffuser's top-of-the-line ultrasonic technology and elegant, classic lantern design. Fashioned from metal and glass, this diffuser features remarkably long run times, 3 different diffuser settings and 11 unique lighting options.

HOW TO USE Fill with room-temp. tap water, add 8-10 drops of essential oil and turn on the diffuser. See instruction booklet for complete usage details.



Medium Room
(approx. 30 m²)



13.9 x 13.9 x 24.3 cm



200 ml



10 hours max.



Ultrasonic



0.77 kg



INCLUDES

Citrus Fresh &
Peppermint 5 ml
essential oils
with diffuser
purchase!

LUCIA ARTISAN DIFFUSER

Item No. 32629

Each Lucia Artisan Diffuser comes from the south of China along the Pearl River Delta. Handcrafted by a master glassblower trained for years in the art of glasswork, making each diffuser a unique work of art. This gorgeous diffuser has 3 different timer options, with intermittent diffusion and 8 LED light options.

HOW TO USE | Fill with water and add 5-8 drops of essential oil, select diffusion and light modes. See instruction booklet for complete usage details.



Medium Room
(approx. 35 m²)



22 x 13 cm



90 ml



8 hours max.



Ultrasonic



0.59 kg



INCLUDES

Citrus Fresh &
Peppermint 5 ml
essential oils
with diffuser
purchase!

LUSTRE ARTISAN DIFFUSER

Item No. 32681

Each Lustre Artisan Diffuser comes from the south of China along the Pearl River Delta. Handcrafted by a master glassblower trained for years in the art of glasswork, making each diffuser a unique work of art. This beautifully unique diffuser has 3 different timer options, with intermittent diffusion and 8 LED light options.

HOW TO USE Fill with water and add 5-8 drops of essential oil, select diffusion and light modes. See instruction booklet for complete usage details.



Medium Room
(approx. 35 m²)



25 x 16.5 cm



130 ml



12 hours max.



Ultrasonic



1.44 kg



RAINSTONE ULTRASONIC DIFFUSER

Item No. 533102

Young Living's Rainstone™ Ultrasonic Diffuser combines state-of-the-art ultrasonic technology with traditional Chinese ceramic craftsmanship, it includes up to eight hours of diffusion with automatic shutoff, five soft LED light settings, a negative ioniser and a remote control.

HOW TO USE Fill with room-temp. tap water, add 8-10 drops of essential oil and turn on the diffuser. See instruction booklet for complete usage details.

Medium Room (approx. 30 m²)	12.8 x 12.8 x 17 cm	200 ml (+/- 10 ml)
8 hours max.	Ultrasonic	2.2 kg



SPROUT THE PUPPY DIFFUSER

Item No. 43503

Sprout the Puppy Diffuser offers up to 5 hours of continuous diffusion and 10 hours of intermittent diffusion with automatic shutoff. It also has an ambient light control, touch-sensitive controls and a speaker with five different sounds, depending on what atmosphere is desired: rain, birds, ocean waves, fan and lullaby. Sprout also comes in an adorable specially-designed box!

HOW TO USE Fill with water and add 5-8 drops of essential oil, select diffusion and light modes. See instruction booklet for complete usage details.

Medium Room (approx. 30m²)	13 x 16 x 11 cm	165 ml
12 hours max.	Ultrasonic	0.44 kg



USB DIFFUSER

Item No. 5223 | Black

Item No. 5226 | Purple

Diffuse your favourite essential oils wherever you go with Young Living's USB Diffuser. Plug it into your laptop or use it in your car or when you travel. It's mobile, compact and silent, with 10-second, 30-second or 60-second diffusion interval settings.

HOW TO USE Fill essential oil cartridge, insert into USB Diffuser and plug diffuser into a USB port. See instruction booklet for complete usage details.

Close Area (approx. 14 m²)	8.5 x 2 x 1.5 cm	1 ml
20 hours max.	Atomising	0.142 kg



VIYA TRAVEL DIFFUSER

Item No. 33626

Made to fit in your cup holder, this on-the-go car and camper diffuser is fingerprint and dirt resistant with an elegant, matte-gray finish that's right at home in your car's console. Its unique, moulded-resin cover and spill-resistant top will keep you diffusing for up to 7 hours.

HOW TO USE Fill reservoir with water and add 3-4 drops of essential oil. Select diffusion and light modes. See instruction booklet for complete usage details.

Average Car (approx. 15 m²)	177 x 71 cm	40 ml
7 hours max.	Ultrasonic	0.285 kg

* Free oils are not available with Starter Bundle purchases.

^Wellness essential oils are only available to Australian customers, therefore New Zealand orders will receive the regular label essential oil.



At Home

Keep your home clean without compromising your family's health and wellbeing. Our naturally derived products are powerful enough to deliver results and gentle enough to give you peace of mind. Our home care products feature the ingredients you want, without the ones you don't.

Thieves

We've infused our proprietary Thieves® essential oil blend into a range of personal care, oral care and cleaning products. Our Thieves line provides pure, plant-derived alternatives formulated to work hard without the toxic chemicals. Reduce your toxin footprint and fill your life and home with safe, gentle and effective substitutes.



Thieves Household Care



THIEVES ESSENTIAL OIL BLEND

Item No. 342302 | 15 ml 

Thieves® essential oil blend was inspired by the legend of four 15th-century French thieves. With an irresistibly spicy scent and exceptional cleaning power, Thieves is a core ingredient in our home cleaning and personal care products.

HOW TO USE Diffuse or directly inhale.

INGREDIENTS Clove, Cinnamon Bark, Rosemary, Lemon, Eucalyptus Radiata



THIEVES DISH SOAP

Item No. 535002 | 355 ml 

With naturally derived ingredients, Thieves® Dish Soap effectively cleans your dishes without harsh chemicals, dyes or synthetics. Young Living's pure essential oils - Thieves, Jade Lemon and Bergamot - work with other plant-based ingredients to leave your dishes sparkling clean.

HOW TO USE | Dispense a small amount of soap with warm running water. Add additional soap as required.



THIEVES FRUIT & VEGGIE SOAK


Item No. 5352508 | 473 ml 

Infused with Thieves®, DiGize™ and Purification® essential oil blends, this unique formula helps remove waxes, harsh chemicals, impurities, surface pesticides, handling residue and soil from produce without affecting the taste. Naturally derived and safe to use on produce, this soak is more effective than cleaning with water alone.

HOW TO USE See product label for usage directions.



THIEVES HOUSEHOLD CLEANER

Item No. 374302 | 426 ml 

Item No. 447502 | 1.8 L Refill

Item No. 20830 | 10pk Single Use Sachets 30 ml ea

Combining naturally derived and plant-based ingredients, Thieves® Household Cleaner provides exceptional home cleaning and purifying power. This multi-purpose solution can be used on most surfaces in your home or office and is safe to use around every member of your family, including children and pets.


HOW TO USE | Use for household cleaning purposes as needed. Dilute or use neat for extra strength. Dilution ratios are listed on the label.



NEW!



THIEVES KITCHEN & BATH SCRUB


Item No. 30654 | 397 g 

Thieves® Kitchen and Bath Scrub gives you the power of a surface scrub free of harmful chemical smells and residue. Designed for use on multiple surfaces, Thieves Kitchen and Bath Scrub is your new naturally derived cleaner: tough on messes and safe for your family.

HOW TO USE Sprinkle Thieves Kitchen and Bath Scrub onto a wet surface or sponge. Rub the surface with a cloth or sponge for a sparkling clean, then rinse.



THIEVES LAUNDRY SOAP

Item No. 534902 | 946 ml 

With a plant-based formula, Thieves® Laundry Soap gently and naturally washes your clothes, cleaning them without any chemical or synthetic residue. Natural enzymes and powerful essential oils add to the formula's strength to leave your clothes fresh and clean with a light citrus scent.

HOW TO USE See product label for usage directions.



THIEVES SPRAY

Item No. 326502 | 29.5 ml

Item No. 326602 | 3 pk - 29.5 ml ea

Thieves® Spray is a portable cleaning spray ideal for purifying small surfaces. This spray can be used on doorknobs, handles, toilet seats and more.

HOW TO USE Spray on surfaces to clean as needed.



THIEVES WIPES

Item No. 375602 | 30 pk

Thieves® Wipes are infused with the powerful properties of Thieves essential oil blend and are a convenient way to clean a variety of surfaces.

HOW TO USE Wipe surfaces to clean as needed.

Thieves Personal Care



THIEVES CLEANSING SOAP

Item No. 367902 | 100 g

Thieves® Cleansing Soap offers ultra-cleansing benefits and the power of pure essential oils. Containing the legendary Thieves blend, this bar soap is ideal for purifying the skin.

HOW TO USE Lather. Wash. Rinse.



THIEVES HAND SANITISING WIPES

Item No. 30619 | 30 wipes

Keeping your hands clean is the first step in keeping you and your family happier and healthier. Convenient and resealable, Thieves Hand-Sanitising Wipes kill 99.99% of germs when soap and water aren't available. Perfect for little and big hands, our plant-based formula is infused with our exclusive Young Living Thieves essential oil blend and pure Peppermint essential oil for a sweet-spicy aroma that everyone will love!

HOW TO USE Wipe hands to sanitise.



THIEVES WATERLESS HAND SANITIZER

362102 | 29.56 ml

362202 | 3 pk - 29.56 ml ea

514202 | 225 ml*

Kick 99.99% of germs to the curb! Infused with soothing aloe and the cleansing properties of Thieves® blend and Peppermint essential oil, Thieves Waterless Hand Sanitizer effectively eliminates common germs and bacteria. This lightweight formula leaves hands soft and smelling like peppermint.

HOW TO USE Use daily as often as necessary to sanitise hands.

*225 ml not available in New Zealand.



THIEVES FOAMING HAND SOAP

367402 | 236 ml

364302 | 3 x 236 ml

359402 | 946 ml Refill

Cleanse your skin with Thieves® Foaming Hand Soap. Blending Thieves, Lemon and Orange essential oils with other natural ingredients, it's a gentle and effective alternative to chemical soaps. Thieves Foaming Hand Soap is the perfect companion for every sink in your home.

HOW TO USE Pump foam onto hands, lather and rinse thoroughly.

All 236 ml bottles include 1 x pump.

Conquer everyday cleaning with Thieves

ALL PURPOSE CLEANER

INGREDIENTS

1 capful Thieves® Household Cleaner
2 cups water
Glass spray bottle

DIRECTIONS

Combine ingredients in a glass spray bottle.
Spray surfaces liberally and wipe clean.

GLASS CLEANER

INGREDIENTS

1 tsp. white vinegar
3 cups water
Glass spray bottle
1 capful Thieves Household Cleaner
10-15 drops Citrus Fresh™

DIRECTIONS

Combine ingredients and store in a glass spray bottle. Spray surface liberally and wipe clean with a lint-free cloth.

HARD SURFACE FLOOR CLEANER

INGREDIENTS


¼ cup white vinegar
1 bucket hot, distilled water
1-2 capfuls Thieves Household Cleaner
5-10 drops Purification

DIRECTIONS

Combine ingredients in a bucket and use to mop hard floors.



THIEVES AROMABRIGHT TOOTHPASTE

Item No. 303902 | 113.4 g 

Harnessing the power of Thieves® essential oil blend, Thieves AromaBright™ Toothpaste can help support clean teeth and healthy gums. Free from fluoride, synthetic dyes and preservatives, this toothpaste is a great choice for the whole family for a minty-fresh flavour and long-lasting fresh breath.

HOW TO USE Brush teeth every morning and night and preferably after each meal.



THIEVES DENTAROME PLUS TOOTHPASTE


Item No. 373802 | 113.4 g 

Discover a new level of clean with Thieves® Dentarome™ Plus Toothpaste. Naturally derived ingredients such as baking soda and Thieves essential oil blend gently lift stains for brilliantly clean teeth. The minty combination of Peppermint and Wintergreen essential oils add to the refreshing flavour.

HOW TO USE Brush teeth every morning and night and preferably after each meal.



THIEVES WHITENING TOOTHPASTE

Item No. 26668 | 113.4 g 

Start your morning on the bright side with the natural power of Thieves® Whitening Toothpaste. Pure and safe ingredients combine to whiten teeth, fight plaque, support healthy gums and remove stains without damaging enamel. Great for the whole family, Young Living's exclusive formula is free of fluoride and other harsh ingredients.

HOW TO USE Brush teeth every morning and night and preferably after each meal.



THIEVES DENTAL FLOSS

Item No. 4463560 | 50 m 

Item No. 446402 | 3 pk - 50 m ea

Thieves® Dental Floss is made with strong fibres that resist fraying and easily glide between teeth for those hard-to-reach places. Saturated twice, this hard-wearing floss provides two layers of essential oils, offering double the protection to freshen your breath.

HOW TO USE For daily use as needed.



THIEVES FRESH ESSENCE PLUS MOUTHWASH

Item No. 368302 | 236 ml 

Thieves® Fresh Essence Plus™ Mouthwash is powered by our Thieves essential oil blend for incredibly clean teeth and gums. Made from naturally derived ingredients, this mouthwash is safe and effective without the use of alcohol, synthetic dyes or artificial flavours.

HOW TO USE Rinse mouth with 1 tablespoon or capful for 30-60 seconds or as needed.

Seedlings

Our Young Living Seedlings® line offers expertly created, essential oil-infused baby products that are safely diluted for babies' sensitive skin. Free from harsh ingredients, this line's gentle, plant-based formulas were specially formulated to carefully comfort the littlest members of the family and give parents peace of mind.



SEEDLINGS BABY LOTION

Item No. 20441 | 113 g

Moisturise baby's delicate skin with Seedlings™ Baby Lotion, a lightly scented plant-based formula with the calming aroma of pure essential oils. This mild lotion quickly absorbs into the skin to gently moisturise, nourish, smooth and support healthy-looking skin.

HOW TO USE Squeeze a small amount into your hands. Rub your hands together to warm the lotion and gently massage into baby's skin.



SEEDLINGS BABY OIL

Item No. 20376 | 75 ml

Formulated specifically for infants, Seedlings™ Baby Oil soothes and nourishes delicate skin. Use throughout the day or as part of a night-time routine to promote a restful night's sleep with its peaceful, relaxing scent.

HOW TO USE Apply a small amount to your hands. Rub your hands together to warm the oil and gently massage into baby's skin.



SEEDLINGS BABY WASH & SHAMPOO

Item No. 20406 | 236 ml

Seedlings™ Baby Wash & Shampoo gently cleanses your baby's skin and hair, leaving it soft, smooth and lightly scented. It features a sulphate-free, non-drying formula that is tear-free and ready for bath time play.

HOW TO USE Wet hair and skin with warm water. Apply a small amount to a moistened washcloth or hand and gently lather over entire body and scalp.



SEEDLINGS BABY WIPES

Item No. 20433 | Single pk - 72 wipes
Item No. 39304 | 3 pk
Item No. 39320 | 6 pk

Seedlings™ Baby Wipes use a mild formula and pure essential oils for a gentle clean and soothing scent. Made from a strong yet soft material, these wipes thoroughly clean while leaving skin fresh and smooth.

HOW TO USE Close lid firmly after each use to keep moist. Do not flush. Store at room temperature.



SEEDLINGS CALM ESSENTIAL OIL BLEND

Item No. 26025 | 5 ml 

Dreamland is only a few drops away with Seedlings™ Calm™ essential oil blend. Lavender, Corinader, Bergamot, Ylang Ylang and Geranium come together to create a soothing, warm and welcoming environment for the whole family.

HOW TO USE Diffuse to help your little one relax when it's time to settle down for the night.

INGREDIENTS Lavender, Coconut Oil, Coriander, Bergamot, Ylang Ylang, Geranium



SEEDLINGS DIAPER CREAM

Item No. 20402 | 57 g

Made with naturally derived ingredients, Seedlings® Diaper Cream is a thick, Lavender-scented, white paste that soothes tender and sensitive skin on contact, seals out wetness and helps balance skin moisture levels.

HOW TO USE Cleanse the diaper area and allow to dry. Apply cream liberally with each diaper change, especially at bedtime or anytime when exposure to wet diapers may be prolonged.



SEEDLINGS LINEN SPRAY

Item No. 20379 | 80 ml

Envelop your child in the calming aroma of Seedlings™ Linen Spray. This naturally derived spray is made without alcohol, artificial fragrances or synthetic preservatives making it gentle enough to use around babies and breastfeeding mothers. Safely refresh sheets, blankets, pillows, car seats, clothing and other fabric with this soothing linen spray.

HOW TO USE Shake well before use. Spray on linens as needed. Do not spray directly on skin or face.



SEEDLINGS TENDER TUSH

Item No. 358902 | 52 g

Seedlings® Tender Tush™ is a thin, mild, gentle ointment for daily use that nourishes and soothes dry, delicate skin. Made with plant-based ingredients and essential oils, this ointment creates a moisturising barrier and helps protect infants' sensitive skin.

HOW TO USE Apply liberally to nappy area, elbows, chins, cheeks, knees and other dry or sensitive areas as often as needed to help soothe and protect skin.



SEEDLINGS BABY BUNDLE

Item No. 24701

Nurture your little one with six Seedlings™ products in one convenient bundle. This exclusive collection includes a Seedlings branded hooded baby towel, a beautiful rope basket and a handy washcloth.

INCLUDES

1 x Seedlings Baby Lotion 113 g	1 x Seedlings Linen Spray 80 ml
1 x Seedlings Baby Oil 75 ml	1 x Seedlings Hooded Baby Towel
1 x Seedlings Baby Wipes 72 ct	1 x Seedlings Rope Baby Basket
1 x Seedlings Diaper Cream 57 g	1 x Seedlings Washcloth
1 x Seedlings Baby Wash & Shampoo 236 ml	

KidScents

Our KidScents® line is infused with safe essential oils and mild formulas, made just for your little ones. We also offer our line of essential oils for kids, crafted especially to address your children's needs.



KIDSCENTS BATH GEL

Item No. 26782 | 236 ml **REFORMULATED**

KidScents® Bath Gel safely cleanses and protects sensitive skin. Formulated with MSM, aloe vera, antioxidants and pure Lemon, Cedarwood and other essential oils, this liquid soap is pH balanced for even the most sensitive of skin.

HOW TO USE Apply a small amount to a washcloth or directly to the skin. Rub gently and rinse.



KIDSCENTS LOTION

Item No. 27873 | 220 g **REFORMULATED**

KidScents® Lotion contains safe and gentle ingredients to moisturise and soften sensitive skin. This premium blend of MSM, shea butter, aloe vera and pure Cedarwood, Geranium and other essential oils supports healthy-looking skin for children and adults.

HOW TO USE Apply liberally to skin as needed.



KIDSCENTS SHAMPOO

Item No. 27228 | 214 ml **REFORMULATED**

KidScents® Shampoo contains no synthetic perfumes, colours or toxic ingredients. The natural components in this shampoo - aloe, MSM, Chamomile, Tangerine and Lemon essential oils - effectively and gently cleanse without causing irritation.

HOW TO USE Apply a small amount of shampoo to hair. Lather and rinse.



KIDSCENTS SLIQUE TOOTHPASTE

Item No. 457402 | 144 g

KidScents® Slique™ Toothpaste uses Thieves® and Slique Essence™ essential oil blends to gently clean and protect teeth. This safe and effective blend supports healthy teeth without the use of fluoride, dyes, synthetic colours, artificial flavours or preservatives.

HOW TO USE Use morning, night and after meals to help young smiles stay healthy and vibrant.



BRAND AMBASSADOR *Laura Csortan*

Our celebrity brand ambassador, Laura Csortan, former Miss Australia, model and TV presenter, loves the KidScents® essential oil blends, as they are safe for her young daughter, Layla-Rose. These blends are gentle on young skin and pre-diluted, so they're easy to use!

Follow Laura on Instagram @lauracsortan



NEW!

KIDSCENTS GENEYUS

Item No. 531002 | 5 ml



Item No. 39645 | 15 ml Roll-On



GeneYus™ is an excellent blend to diffuse to keep young minds focused and attentive. Diffuse or apply this supportive oil to create a positive environment and enhance creativity.

HOW TO USE OIL

Diffuse, directly inhale or apply topically.

HOW TO USE ROLL-ON

Apply generously on wrist, back of neck or shoulders as needed.*

INGREDIENTS Caprylic/capric triglyceride, Sacred Frankincense, Blue Cypress, Cedarwood, Idaho Blue Spruce, Palo Santo, Melissa, Northern Lights Black Spruce, Almond Oil, Bergamot, Myrrh, Vetiver, Geranium, Royal Hawaiian™ Sandalwood, Ylang Ylang, Hyssop, Coriander, Rose



NEW!

KIDSCENTS KIDCARE

Item No. 530802 | 5 ml



Item No. 39662 | 15 ml Roll-On



For an added boost, try KidCare™ essential oil blend. Apply this gentle blend topically to improve the appearance of your child's skin or to promote positive feelings.

HOW TO USE OIL

Diffuse, directly inhale or apply topically.

HOW TO USE ROLL-ON

Apply generously on wrist, neck or shoulders as needed.*

INGREDIENTS Caprylic/capric triglyceride, Idaho Balsam Fir, Tea Tree, Helichrysum, Elemi, Cistus, Hinoki, Clove



NEW!

KIDSCENTS KIDPOWER

Item No. 39711 | 15 ml Roll-On



KidPower™ is a unique, everyday blend formulated to help inspire feelings of confidence, courage and positivity at home, at school or on the playground.

HOW TO USE

Apply generously on wrists, back and neck or shoulders.

INGREDIENTS Caprylic/capric triglyceride, Black Spruce, Blue Tansy, Frankincense, Geranium, Ho Wood, Orange, Vanilla



NEW!

KIDSCENTS REFRESH

Item No. 530602 | 5 ml



Item No. 39708 | 15 ml Roll-On



Refresh™ is a rejuvenating blend with crisp, calming aroma. Apply it to your child's chest before bedtime for a relaxing experience.

HOW TO USE OIL

Diffuse, directly inhale or apply topically.

HOW TO USE ROLL-ON

Apply generously on wrist, neck or shoulders as needed.*

INGREDIENTS Caprylic/capric triglyceride, Eucalyptus Blue, Palo Santo, Lavender, Dorado Azul, Ravintsara, Myrtle, Eucalyptus Globulus, Marjoram, Pine, Eucalyptus Citriodora, Cypress, Eucalyptus Radiata, Black Spruce, Peppermint



NEW!

KIDSCENTS SLEEPYZEE

Item No. 530702 | 5 ml



Item No. 39663 | 15 ml Roll-On



SleepyZee™ combines the naturally calming aromas of select botanicals to create a serene atmosphere that will help your child unwind.

HOW TO USE OIL

Diffuse, directly inhale or apply topically.

HOW TO USE ROLL-ON

Apply generously to wrists, neck, temples or bottoms of your feet as needed.*

INGREDIENTS Caprylic/capric triglyceride, Lavender, Geranium, Roman Chamomile, Tangerine, Bergamot, Sacred Frankincense, Valerian, Rue



NEW!

KIDSCENTS TUMMYGIZE

Item No. 530502 | 5 ml



Item No. 39646 | 15 ml Roll-On



TummyGize™ is a relaxing, quieting blend that can be applied to little tummies. This blend helps calm children on a physical, emotional and mental level.

HOW TO USE OIL

Diffuse, directly inhale or apply topically.

HOW TO USE ROLL-ON

Apply generously on stomach, wrist, neck or shoulders as needed.*

INGREDIENTS Caprylic/capric triglyceride, Spearmint, Peppermint, Tangerine, Fennel, Anise, Ginger, Cardamom

Recommended application is for children ages 2-12. To be applied only by a trusted adult or under adult supervision.

Animal Scents

Looking for safe essential oil-infused products for pets? Young Living's Animal Scents® range is the perfect solution for grooming, comforting and protecting your furry friends.





ANIMAL SCENTS INNER BALANCE

Item No. 527002 | 15 ml

Animal Scents® Inner Balance is a refreshing blend, containing a relaxing aroma that can be applied to your pet's belly with a gentle massage, leaving your fur baby smelling extra fresh!

HOW TO USE Dilute according to the label directions and apply 1-2 drops topically to the abdominal area. Carefully apply according to the size and species of animal. Dilute more for smaller species. Diffuse in an open room.

INGREDIENTS Coconut Oil, Ginger, Anise, Peppermint, Cumin, Spearmint, Rosemary, Juniper, Fennel, Lemongrass, Patchouli



ANIMAL SCENTS PET CARE

Item No. 527302 | 15 ml

When leaving your pet home alone for short periods of time or when there is high activity in the household, Animal Scents® Pet Care creates an environment of comfort and reassurance for your furry loved one.

HOW TO USE Dilute according to the label directions and apply topically behind each ear, to the bottoms of paws or on the flanks. Carefully apply according to the size and species of animal. Diffuse in an open room.

INGREDIENTS Coconut Oil, Tangerine, Lavender, Royal Hawaiian Sandalwood™, German Chamomile, Frankincense, Valerian, Ylang Ylang, Black Spruce, Geranium, Davana, Orange, Angelica, Rue, Helichrysum, Hyssop, Spanish Sage, Lime, Patchouli, Coriander, Blue Tansy, Bergamot, Rose, Lemon, Jasmine, Roman Chamomile, Palmarosa



ANIMAL SCENTS PET FRESH

Item No. 527102 | 15 ml

Pamper your pet! Animal Scents® Pet Fresh is a grounding animal essential oil offers an instant refresh, helping to support a soft and healthy-looking coat and improves the appearance of skin.

HOW TO USE Dilute according to the label directions and apply 1-2 drops topically to your pets back, belly and behind ears. Carefully apply according to the size and species of animal. Diffuse in an open room.

INGREDIENTS Coconut Oil, Myrrh, Patchouli, Dorado Azul, Palo Santo, Ocotea, Ecuador Oregano



ANIMAL SCENTS PET RENEW

Item No. 526902 | 15 ml

Dealing with a high maintenance mane? Help your furry friend unwind after playtime is over with Animal Scents® Pet Renew's rich, grounding aroma. Use this skin-loving animal blend to nourish and moisturise their dry skin.

HOW TO USE Dilute according to the label directions and apply 1-2 drops topically to your pets back, belly and behind ears. Carefully apply according to the size and species of animal. Diffuse in an open room.

INGREDIENTS Coconut Oil, Geranium, Lavender, Hyssop, Myrrh, Frankincense



ANIMAL SCENTS PURICLEAN

Item No. 526802 | 15 ml

When playtime adventures become a bit too rowdy, reach for Animal Scents® Puriclean. Inspired by the great outdoors, this light, crisp, lemony scent helps purify your pets skin keeping them smelling fresh after playtime's over.

HOW TO USE Dilute according to the label directions and apply 1-2 drops topically to your pets back, belly and behind ears. Carefully apply according to the size and species of animal. Diffuse in an open room.

INGREDIENTS Coconut Oil, Patchouli, Lavender, Mountain Savory, Cistus, Palo Santo, Lemongrass, Citronella, Rosemary, Tea Tree, Lavandin, Myrtle



ANIMAL SCENTS SHAMPOO

Item No. 5167 | 236 ml

Animal Scents® Shampoo cleans, conditions and protects your pet's coat without harmful ingredients. Formulated with five pure essential oils and natural ingredients, this shampoo is both safe and effective for animals.

HOW TO USE Pour a small amount of shampoo onto palm and rub gently between hands. Massage onto pet's wet coat. Lather and then rinse thoroughly.

CAUTION: Not for human use. Take extra care when using any essential oils, especially those with citric ingredients, around cats. Specifically formulated for veterinary use.



The Vital Ground Foundation addresses the issue of wildlife habitat fragmentation by collaborating with private landowners to permanently protect the conservation values of their land to benefit grizzly bears and other wide-ranging wildlife. A portion of all Young Living Animal Scents® product sales goes to benefit the foundation's preservation efforts.

Essential Health

True wellness starts from within, which is why our Essential Health ranges offer optimal nutrition with a boost of pure, potent essential oils to jump-start your journey. Go the distance with foods and beverages that nourish your vitality and satisfy your taste buds!




NingXia

For more than 700 years, the northwest region of China known as Ningxia has earned a reputation for producing and cultivating premium wolfberries. Also known as goji berries, wolfberries have a rich nutritional profile. NingXia Red® is our powerful superfruit drink that harnesses that nutrition to energise, fortify and revitalise both body and mind. This delicious, proprietary blend features pure essential oils, Ningxia wolfberry puree and other superfruits to supply the body with vital phytonutrients.



NINGXIA RED

Item No. 3042560 | 2 pk (750 ml ea.) 
Item No. 3044560 | 4 pk (750 ml ea.)

NingXia Red® contains whole Ningxia wolfberry puree, a superfruit blend (blueberry, aronia, cherry, pomegranate and plum juices), natural stevia extract, grape seed extract, pure vanilla extract and Orange, Yuzu, Lemon and Tangerine essential oils. Enjoy NingXia Red daily to energise, fortify and revitalise the body and support overall wellness from head to toe.

HOW TO USE Drink 60 ml 2 times daily.



NINGXIA DRIED WOLFBERRIES

Item No. 636002 | 453 g 


Ningxia Dried Wolfberries contain powerful antioxidants, providing an array of nutrients and protein as one of nature's most nutritious fruits. Slightly tart in flavour, these wolfberries can add flavour and texture to many of your favourite foods or recipes.

HOW TO USE Enjoy 14 g daily as desired. Add to baked goods, cereal, salad, trail mix, etc.

NOTE: NingXia Dried Wolfberries are not available in New Zealand.



NINGXIA RED SINGLES

3525560 | 30 pk (60 ml ea.) 

These on-the-go sachets deliver the same powerful benefits of NingXia Red® in a single 60 ml serving that is perfect for your purse, backpack or bag. Each box comes with 30 individual single-serve packets.

HOW TO USE Drink 1 packet (60 ml) 2 times daily.



NINGXIA ZYNG

Item No. 307102 | 12 pk (245 ml ea.) 

NingXia Zyng™ is a light, sparkling beverage that delivers a splash of hydrating energy fuelled by a proprietary blend of pure Black Pepper and Lime essential oils, wolfberry puree and white tea extract.

HOW TO USE Drink one can as desired. Best served chilled. Lightly invert can before opening.

Slique

With Slique's unique combination of exotic ingredients and powerful essential oils, you can take a step in the right direction - toward a healthier, more vibrant you! When combined with a proper diet and exercise, Slique® products can help create feelings of satiety and provide nutritional support.



SLIQUE ESSENCE

Item No. 458602 | 15 ml 

Slique™ Essence combines powerful citrus essential oils, naturally sweetened with Stevia Extract, in a unique blend that supports healthy goals, especially when used in conjunction with other Slique products.*

HOW TO USE Shake vigorously before use. Use as a gentle sweetening and flavouring agent when added to water, NingXia Red® or Slique™ Tea.

INGREDIENTS Grapefruit, Tangerine, Lemon, Spearmint, Ocotea, Stevia Extract

NOTE: The Stevia extract in this formula may impede diffuser performance.



SLIQUE TEA

Item No. 4572523 | 25 Tea Pouches 

Based on the prized Oolong Jade tea from the high mountains of Taiwan, Slique™ Tea is an exotic drink formulated with Ocotea, Frankincense powder and other natural ingredients chosen for their impressive phytonutrient content, rich aroma and antioxidant content. Natural stevia plant extract is added to lightly sweeten the tea without adding calories.*

HOW TO USE Bring 250 ml water to a boil. Place 1 pouch in a cup and add water. Leave to infuse for at least 3 minutes.



SLIQUE KIT

Item No. 458702

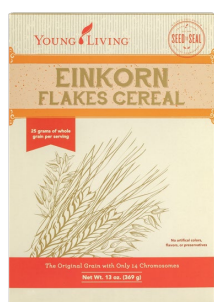
The Slique™ Kit is the best way to meet your goals when combined with a healthy diet and regular exercise.

INCLUDES 2 x Slique™ Tea 25 pk, 2 x Balance Complete™ 770 g, 1 x Slique™ Essence 15 ml

HOW TO USE See individual products.

Other Food & Beverages

We're dedicated to bringing you better options in every aspect of your wellness journey, even in the kitchen! Get the most from your food and beverages with healthy cereal and tea options the whole family will love. Best of all you can enjoy them knowing it's the way nature intended.



GARY'S TRUE GRIT EINKORN FLAKES CEREAL

Item No. 24362 | 369 g

Gear up for any kind of day with the sweet crunch of Gary's True Grit™ Einkorn Flakes Cereal! Made with whole ancient grain einkorn, oat bran and lightly sweetened with coconut sugar, these flakes are a nourishing morning meal that the whole family will get excited to wake up for.

HOW TO USE Pour a serving of cereal into a bowl and add milk or your favourite milk substitute. For a delicious twist to your morning cereal, add Ningxia wolfberries or fresh fruit.



GARY'S TRUE GRIT EINKORN GRANOLA

Item No. 575102 | 340 g

Whether you're starting your day, reaching for a mid-afternoon snack or looking for a healthier option on the go, your whole family will enjoy the great taste and nutrition of Gary's True Grit™ Einkorn Granola!

HOW TO USE This versatile granola can be consumed as a hot or cold breakfast cereal, by itself as a dry snack or as a topping for yoghurts and other foods.



YL VYTALYTE DROPS

Item No. 36534 Lavender Lemonade | 48 ml

Item No. 36533 Grapefruit Bergamot | 48 ml

YL Vytalys™ Drops help you stay hydrated by replacing sugary drinks like soda or juice with water, without losing any of the flavour. Lean into healthy hydration with the two delicious flavours of Grapefruit Bergamot and Lavender Lemonade, formulated with naturally occurring minerals from the Great Salt Lake in Utah, USA.

HOW TO USE Add one squeeze of YL Vytalys Drops to 240 ml of cold water. If desired, add more drops according to taste preference. Shake well before use.



YL VYTALYTE TEA ORANGE ROSE HIP BLACK TEA

Item No. 37983 | 15 sachets

Beautifully bold, with a gracefully balanced blend of exotic Assam and pu'erh teas, Young Living's Orange Rosehip Black Tea is the perfect sweet boost to start your day! With a full-bodied, earthy aroma, this tea's fragrance is nearly as delectable as its carefully crafted ingredients.

HOW TO USE Add 250 ml of boiling water to your favourite teapot and place tea bag into teapot. Infuse with one or two drops of Young Living's premium culinary essential oils of your choice. Steep, covered for 5 minutes; then pour, relax and enjoy!

Essential Nutrition


Nutritional support is vital for whole-body wellness, whether you're hitting the gym, keeping up with your children's boundless energy or simply striving to feel your best. Young Living's nutrition products help create a foundation for wellness, as well as target specific needs.





ALKALIME

AUST L 294029

Item No. 319902 | 227 g 

AlkaLime™ can help to restore a feeling of balance to the body with its effervescent antacid formula created to relieve symptoms of heartburn. Infused with Lemon and Lime essential oils, AlkaLime also features biochemical cell salts.

HOW TO USE Adults - Add 5 g powder to 120-180 mL of distilled or purified water; let sit for 20-25 seconds. Gently stir until thoroughly mixed and then drink immediately. Mix only with water. Take 1-3 times daily, 1 hour before meals or retiring to bed.



BALANCE COMPLETE

Item No. 329202 | 770 g 

Balance Complete™ is a superfood-based formulated meal replacement, which supplies an impressive 12 grams of fibre per serving. Formulated to energise and cleanse, Balance Complete can help support your weightloss goals when consumed in conjunction with a nutritious diet and regular exercise.

HOW TO USE Add 3 scoops to 200 ml cold water or milk and blend until smooth. For added flavour, add fruit or culinary essential oils.



BLACK SEED OIL

AUST L 338102

Item No. 31056 | 106 ml 

Traditionally used in Middle Eastern herbal medicine to maintain and support healthy immune system function. Acts as an antioxidant to reduce the formation of free radicals in the body and maintains healthy blood sugar levels.

HOW TO USE Adults - Take 5 mL liquid twice daily. Liquid can be taken straight or mixed with water or food and consumed immediately.



BLOOM BY YOUNG LIVING COLLAGEN COMPLETE

Item No. 30710 | 10 pk (50 ml ea.)

Item No. 38054 | 30 pk (50 ml ea.)

Enjoy the beautiful benefits of Collagen Complete®! This unique formula delivers the glow-giving benefits of 10,000 mg of Peptan® liquid marine collagen, as well as wolfberry juice and jasmine green tea extract, with a delicious wolfberry-citrus flavour. Infused with pure Grapefruit, Lemon and Lime essential oils, a single serving helps you enjoy radiant beauty from within every day!

HOW TO USE Drink 1 bottle per day. Shake well before use.



BLM

AUST L 174196

Item No. 323402 | 90 capsules

Item No. 302402 | 3 pk (90 capsules ea.)

BLM™ is formulated with a proprietary blend of MSM, glucosamine and essential oils. Take BLM daily to help support joint cartilage health.

HOW TO USE Adults - Take 1 capsule, 3 times daily, with water.



COMFORCLEANSE

AUST L 193422

Item No. 320402 | 150 capsules 

ComforCleanse® is an effective laxative that aids in the relief of constipation. It effectively combines healthy fibre, minerals, herbs and essential oils to restore balance.

HOW TO USE Adults only: Take 2-3 capsules, twice daily, with water, before breakfast and at bedtime. Drink plenty of water (at least 2 L of distilled water) throughout the day for best results.



ILLUMINEYES

AUST L 326422

Item No. 27334 | 30 capsules 

Whether you spend your days in bright sunlight or exposed to blue light from electronics, ILLUMINEYES™ is here to maintain your clear view of the world. ILLUMINEYES is a proprietary formula that features powerful ingredients such as lutein and zeaxanthin to reduce eye strain, maintain healthy eyesight and healthy vision development as well as helps enhance skin health.

HOW TO USE Adults - Take 1 capsule, once daily, with water.



INNER DEFENSE

AUST L 192048

Item No. 329502 | 60 liquid capsules

Inner Defense™ capsules are designed to maintain and support immune system health. Each capsule contains potent essential oils like Oregano, Thyme and Thieves® which are rich in thymol, carvacrol and eugenol.

HOW TO USE Adults only: Take 2 capsules, once daily, with water in the morning.



LIFE 9

AUST L 327643

Item No. 27358 | 30 capsules 

Life 9™ is a proprietary probiotic that combines 17.5 billion live cultures from 9 beneficial bacteria strains. In adults it maintains gastrointestinal system health, intestinal beneficial flora and supports a healthy immune system function.

HOW TO USE Adults - Take 1 capsule with water every night following a meal.



MASTER FORMULA ESSENTIAL

Item No. 30529 | 30 x 13.3 ml sachets 

Master Formula Essential is a nutrient-rich complex providing micro-emulsified vitamins and minerals along with food-based nutriment from a fruit juice blend. Containing added vitamins and minerals, Master Formula Essential is great when you're on the go to optimise wellbeing.

HOW TO USE Consume 1 sachet once a day. Contents of sachet is to be consumed straight without mixing required.



MEGACAL

Item No. 328002 | 450 g 

MegaCal™ is a powerful calcium and mineral powder. This supplement contains pure Lemon essential oil, calcium, magnesium, manganese and vitamin C.

HOW TO USE Take 1 teaspoon daily mixed in 1 cup of water or juice 1 hour after meals (or medications) or before bed.



MINERAL ESSENCE

Item No. 322202 | 108 ml 

Mineral Essence™ is a liquid mineral supplement enhanced with Lemon and Cinnamon Bark essential oils. It has a low sodium profile and contains easily absorbed ionic minerals.

HOW TO USE Take 5 half droppers (1 ml each) morning and evening or as needed. Shake well before use and refrigerate after opening.

Please note that Mineral Essence is not available in New Zealand.



OLIVE ESSENTIALS

AUST L 326006

Item No. 27418 | 30 capsules 

Olive Essentials™ features hydroxytyrosol from Spanish olives. Each capsule contains olive fruit and leaf extracts which have antioxidant properties to reduce free radicals formed in the body.

HOW TO USE Adults - Take 1 capsule, once daily, with water.



OMEGAGIZE³

AUST L 309866

Item No. 309702 | 120 Liquid Ocean Capsules

OmegaGize³ is a fish oil supplement that can support in adults healthy cardiovascular system function, bone health and brain function. OmegaGize³ also helps enhance general health and wellbeing in adults as well as supporting energy levels.

HOW TO USE Adults - take 2 capsules, in the morning and 2 capsules in the evening with water. Do not take more than 4 capsules per day.



PROSTATE HEALTH

AUST L 198371


Item No. 464402 | 60 liquid capsules

Prostate Health™ is a herbal product formulated with Fennel and pumpkin seed oil to help maintain healthy prostate function.

HOW TO USE Adults - take 1 capsule, twice daily, with water.



PURE PROTEIN COMPLETE CHOCOLATE DELUXE


Item No. 329802 | 828 g 

Pure Protein Complete™ Chocolate Deluxe is a formulated supplementary sports food designed to give you a protein boost whenever and wherever you need it. This delicious multi-nutrient shake contains three different protein sources: whey, pea and egg proteins along with Orange essential oil and Cocoa Powder for an energising citrus, rich chocolate flavour.

HOW TO USE Add 2 heaped scoops to 200 ml of cold water or milk (cows, almond, rice or other). Shake or stir until completely mixed. Consume immediately. 1 serving per day.



PURE PROTEIN COMPLETE VANILLA SPICE

Item No. 330102 | 738 g 

Pure Protein Complete™ Vanilla Spice is a formulated supplementary sports food designed to give you a protein boost whenever and wherever you need it. This delicious multi-nutrient shake contains three different protein sources: whey, pea and egg proteins along with Orange essential oil and Cinnamon Bark Powder for an energising citrus, vanilla flavour.

HOW TO USE Add 2 heaped scoops to 200 ml of cold water or milk (cows, almond, rice or other). Shake or stir until completely mixed. Consume immediately. 1 serving per day.



SULFURZYME

AUST L 172507

Item No. 324302 | 180 capules 

Item No. 19372 | 3 pk

Sulfurzyme™ contains MSM, which is a natural form of dietary sulphur, to relieve symptoms of mild osteoarthritis.


HOW TO USE Adults - Take 2 capsules, 3 times daily, with water. Take 1 hour before or after meals.

NEW!



SUPER VITAMIN D

AUST L 379391

Item No. 34825 | 120 dissolving tablets 

With our proprietary formula and delivery system, Young Living's plant-based Super Vitamin D is highly absorbable, vegan friendly and completely synthetic free. Dissolvable in a delicious mixed berry-flavoured chewable tablet, Super Vitamin D helps enhance bone health and supports muscle health.

HOW TO USE For adults and children over 12 years of age. Take 1 tablet daily with food. Place in mouth and allow to dissolve for 5-10 seconds, then chew for optimal results.

NEW Super Vitamin D

Vegan friendly

Helps enhance bone health

Plant-based

Synthetic free

Supports muscle health



Personal Care

Free from harsh chemicals, Young Living's essential oil-infused shampoos, lotions and targeted skincare products will cleanse and moisturise your skin for a natural, healthy-looking glow. Pamper your skin with the power of essential oils!

Facial Care


Young Living's skincare range brings together premium botanical and essential oil ingredients to support and improve the appearance of your skin. This line offers essential skincare solutions for every skin type, with products that are expertly formulated to help keep your skin looking healthy and smooth.



Cleanse



ART GENTLE CLEANSER

Item No. 5361 | 100 ml 

ART® Gentle Cleanser promotes glowing skin by washing away impurities with a soft, gentle lather. Infused with nourishing essential oils, your face will feel clean and refreshed with a renewed, radiant look.

HOW TO USE Apply to wet hands and massage over face and neck with a circular motion. Rinse off and follow with ART® Refreshing Toner and ART® Moisturizer.

NEW!



BALANCE BY YOUNG LIVING CLEANSER


Item No. 37985 | 100 ml 

As step one of the Balance Skincare System, BALANCE by Young Living™ Cleanser prevents breakouts and clogged pores by removing excess dirt and oil, while also helping to maintain the natural moisture barrier. This formula is gentle enough for everyday use, relying on non-stripping ingredients to condition and moisturise to help your skin feel balanced.

HOW TO USE Gently squeeze a small amount into the palm of your hand and massage it onto wet skin. Rinse thoroughly and pat dry, repeating both morning and night.



BLOOM BY YOUNG LIVING BRIGHTENING CLEANSER

Item No. 31322 | 100 ml 

Featuring the invigorating scent of Sheerlumé™ Brightening Complex, the BLOOM by Young Living Brightening Cleanser is a naturally derived facial wash that leaves your skin feeling fresh and clean while gently removing light makeup and impurities. Powered by plumeria (frangipani) flower extract, sodium hyaluronate and pracaxi seed oil to cleanse and hydrate your skin.

HOW TO USE Wet skin with lukewarm water and gently massage a small amount of cleanser onto skin. Rinse thoroughly and pat dry. Repeat morning and night.



MIRAH LUMINOUS CLEANSING OIL

Item No. 23735 | 118 ml 

Formulated with essential oils like Sandalwood, Rose, Jasmine** and pure carrier oils, including jojoba and argan, this facial cleanser removes impurities and improves skin texture without stripping away the natural oils your skin needs.

HOW TO USE Apply 3-4 pumps to dry hands and massage onto face to cleanse and remove makeup. Rinse off with warm water.

**Jasmine is an absolute or essence, rather than an essential oil.

Exfoliate



SATIN FACIAL SCRUB, MINT

Item No. 20454 | 57 g

Satin Facial Scrub™ Mint contains apricot seeds that act as a natural, gentle exfoliant. It contains jojoba oil, mango butter, MSM (methylsulfonylethane), aloe and Peppermint essential oil to minimise the appearance of pores and invigorate dull skin. This luxurious scrub also features raspberry fruit extract as an antioxidant.

HOW TO USE Massage gently over face and neck with warm water and rinse thoroughly. Use as needed.

Mask



ART BEAUTY MASQUE

Item No. 20210 | 4 pk

Treat your skin to a hydrating, nourishing infusion for a complexion that looks smoother, firmer, younger and more radiant with ART® Beauty Masque. Naturally occurring hyaluronic acid hydrates the skin to improve the appearance of fine lines and wrinkles, while orchid petal extract and essential oils refresh dull skin.

HOW TO USE Wash and dry face. Remove masque from pouch and place over entire face. Leave masque on for 20 minutes, then gently remove and discard. Use damp cloth to remove any residue.



CHARCOAL MASK

Item No. 35061 | 74 ml

The Charcoal Mask uses Tahitian volcanic black sand to gently exfoliate for softer, glowing skin, while activated charcoal from China and South Africa absorbs impurities to detox skin, purify pores, reduce the appearance of blemishes and restore the appearance of an even skin tone. Made with naturally derived ingredients to support healthy skin without the synthetic shortcuts.

HOW TO USE After cleansing, apply the mask and allow to harden for 10 minutes (dry/sensitive skin) or 20 minutes (oily/combination/normal skin). Once the mask has changed colour, rinse with warm water or a warm damp cloth. Avoid the eye area, nostrils and lips.

Tone



ART REFRESHING TONER

Item No. 5360 | 120 ml

ART® Refreshing Toner gently removes impurities without drying the skin. This perfect blend of essential oils helps balance your skin's pH, while leaving your face clean, toned and refreshed.

HOW TO USE After cleansing and before moisturising, sweep toner across face and neck with a cotton pad. Use morning and evening as needed.



BALANCE BY YOUNG LIVING DUAL-PHASE TONER

Item No. 5360 | 120 ml

As step two of the Balance Skincare System, the BALANCE by Young Living™ Dual-Phase Toner helps reduce the appearance of pores and blemishes, may help against future breakouts and provides all-day shine control for a more flawless complexion.

HOW TO USE Shake well before use. After cleansing, use to moisten a cotton round and sweep over skin morning and night. Avoid eye area.

Treat



ART RENEWAL SERUM

Item No. 5175 | 20 ml

ART® Renewal Serum is an intricate blend of exotic orchid extract and essential oils that nourish the most delicate areas of the face. These premium ingredients are formulated to deeply rejuvenate, hydrate and help maintain a youthful appearance.

HOW TO USE Wash face. Apply to delicate areas of face 2 times daily and allow to absorb. For best results, follow up with your choice of Young Living moisturising creams.



BLOOM BY YOUNG LIVING BRIGHTENING CREAM

Item No. 31328 | 50 ml

BLOOM by Young Living Brightening Cream features Young Living's beloved Sheerlume™ with added advanced ingredients that provide rich hydration to smooth the skin's texture and reduce the appearance of dark spots while brightening, for an even more radiant complexion.

HOW TO USE Gently press and pat a small amount of skin-brightening cream evenly over face, neck and décolletage. Repeat morning and night.

Treat



BLOOM BY YOUNG LIVING BRIGHTENING ESSENCE

Item No. 31324 | 140 ml 🌿

The BLOOM by Young Living Brightening Essence infuses moisture into your skin, refining it's look and texture. With ethically sourced mica instantly illuminating skin, giving it a radiant glow. Our non-stripping and pH balance-restoring formula also maintains a healthy skin microbiome, leaving your skin refreshed.

HOW TO USE Gently shake before use. Pour a generous amount onto the palm of your hand. Rub hands together and lightly press palms onto your skin from the centre of face outward, including your neck and décolletage. Repeat morning and night.



BLOOM BY YOUNG LIVING COLLAGEN COMPLETE

Item No. 30710 | 10 pk (50 ml ea.)
Item No. 38054 | 30 pk (50 ml ea.)

Enjoy the beautiful benefits of Collagen Complete®! This unique formula delivers the glow-giving benefits of 10,000 mg of Peptan® liquid marine collagen, as well as wolfberry juice and jasmine green tea extract, with a delicious wolfberry- citrus flavour. Infused with pure Grapefruit, Lemon and Lime essential oils, a single serving helps you enjoy radiant beauty from within every day!

HOW TO USE Drink 1 bottle per day. Shake well before use.



DRY SKIN SERUM

Item No. 378202 | 15 ml 💧 🌿

Young Living's Dry Skin Serum contains Blue Cypress and Lavender essential oils, known for their ability to maintain the skin's natural moisture balance.

HOW TO USE Add 3-5 drops to your daily moisturiser and apply gently over face and neck. For spot treatment, apply directly onto desired area and rub gently into skin.

INGREDIENTS Cedarwood, Coconut oil, Avocado oil, Blue Cypress, Rosehip oil, Jojoba oil, Lavender, Myrrh, Clove, Tocopherol, Wolfberry seed oil, Sandalwood



ROSE OINTMENT

Item No. 3709 | 24.5 g 🌿

Rose Ointment™ deeply hydrates dry skin with premium botanicals and pure essential oils. Easy to apply and ultra-versatile, this luxurious balm is perfect for use on lips, elbows, knees and other areas of dry skin. Rose essential oil improves skin texture, while Tea Tree works to soothe rough skin.

HOW TO USE Apply to desired area several times daily. Do not use on heat-stressed skin.

Moisturise



ART INTENSIVE MOISTURIZER

Item No. 566302 | 50 ml 🌿

Add ART® Intensive Moisturizer to your daily skincare routine and discover the perfect way to pamper yourself. This deep, ultra hydrating lotion smooths and nourishes the skin while also reducing the appearance of fine lines and wrinkles.

HOW TO USE With upward and outward motions, apply on clean, dry face and neck. Use morning and night and throughout the day as needed.



ART LIGHT MOISTURIZER

Item No. 5362 | 30 ml 🌿

ART® Light Moisturizer helps your skin retain and maintain proper hydration. With its nourishing combination of Young Living essential oils and other premium ingredients, your skin will enjoy a feeling of silky softness.

HOW TO USE After cleansing and toning skin, apply gently over face and neck. Use in the morning or as needed.



BALANCE BY YOUNG LIVING MATTIFYING LOTION

Item No. 39851 | 50 ml 🌿

As step three of the Balance Skincare System, BALANCE by Young Living™ Mattifying Lotion uses optimal hydration to keep your skin happy throughout the day, locking in moisture and supporting a healthy skin biome. This formula is also gentle enough for everyday use, relying on oil-balancing and mattifying ingredients to control shine for clearer-looking skin.

HOW TO USE Gently press and pat a small amount evenly over face. Repeat morning and night.



BLOOM BY YOUNG LIVING BRIGHTENING LOTION

Item No. 31326 | 150 ml 🌿

Infused with the most advanced natural ingredients, BLOOM by Young Living Brightening Lotion brightens the skin's appearance while boosting natural radiance. This lightweight hydration helps moisturise skin, while antioxidants help minimise the appearance of future damage.

HOW TO USE Gently press and pat a small amount of lotion evenly over face, neck and décolletage. Repeat morning and night.

Moisturise



ROYAL HAWAIIAN SANDALWOOD HYDROSOL

Item No. 27276 | 110 ml

Refresh your face - and your space - with Royal Hawaiian™ Sandalwood Hydrosol. This distillation water is a refreshing, aromatic multi-purpose spray that hydrates skin and hair and adds a welcoming aroma to linens and the air in your home.

HOW TO USE Shake well before use. Refrigerate after opening. For topical usage, spritz 2-3 times on desired skin area as a refreshing body mist. For aromatic usage, spray 4-5 times inside rooms to freshen or mist onto desired linens 20-25 cm away for a light fragrance.

Eye Care



WOLFBERRY EYE CREAM

Item No. 5145 | 14 g

Wolfberry Eye Cream™ is a natural, water-based moisturiser designed to moisturise and nourish the delicate eye area. Containing the anti-ageing and skin-conditioning properties of natural botanical ingredients including wolfberry seed oil, this cream soothes tired eyes and minimises the appearance of fine lines.

HOW TO USE After cleansing and toning, massage gently onto soft skin under the eyes. Use in the evening before bed.

Lip Care



LIP BALM

Item No. 515002 Cinnamint™	4.5 g
Item No. 517802 Grapefruit	4.5 g
Item No. 520302 Lavender	4.5 g

Moisturise and protect your lips with our all-natural lip balm. Formulated with pure essential oils, Young Living Lip Balms help prevent dehydration and leave your lips feeling soft and smooth.

HOW TO USE Apply to lips as needed.



POPPY SEED LIP SCRUB

Item No. 25046 | 12 g

Poppy Seed Lip Scrub is a gentle exfoliant that conditions and moisturises lips before applying the perfect shade of lipstick. Formulated with four types of butter and non-toxic ingredients, this scrub leaves lips smooth and soft.

HOW TO USE Apply a pea-sized amount to lips, exfoliating in small, circular motions. Use a cotton pad to remove excess.

Skin Care Systems



ART SKIN CARE SYSTEM

Item No. 5362

Young Living's new ART® Skin Care System safely and effectively cleanses, tones and moisturises your face to bring out your natural and inherent beauty. That is the beauty of ART!

WHAT'S INCLUDED 1 x ART® Refreshing Toner 120 ml, 1 x ART® Light Moisturizer 30 ml, 1 x ART® Gentle Cleanser 100 ml

HOW TO USE See individual products.



BALANCE BY YOUNG LIVING COLLECTION

Item No. 42118

This simple, three-step system harnesses the strongest naturally derived actives for oily and blemish-prone skin to help you feel confident in your complexion.

INCLUDES 1 x BALANCE by Young Living Cleanser 100 ml, 1 x BALANCE by Young Living Dual-Phase Toner 120 ml, 1 x BALANCE by Young Living Mattifying Lotion 50 ml

HOW TO USE See individual products.




BLOOM BY YOUNG LIVING BRIGHTENING SKIN CARE SET

Item No. 32613

On the inside of every BLOOM by Young Living carton, you'll find a colour and cutout flower activity to encourage the reuse of packaging and to help spread the message of reducing waste.

INCLUDES 1 x BLOOM by Young Living Brightening Cleanser 100 ml, 1 x BLOOM by Young Living Brightening Essence 140 ml, 1 x BLOOM by Young Living Brightening Lotion 50 ml, 1 x BLOOM Gift Box with ribbon

HOW TO USE See individual products.




Body Care

It's important to be conscious of what you put in your body - and because your skin is your largest organ, it's equally important to be careful what you put on it. Whether you're looking for shower gel, moisturising lotion, essential oil-infused soap or toxin-free deodorant products, this line has you covered!

Bar Soap



CHARCOAL BAR SOAP


Item No. 23799 | 85 g 

Made with a fresh orange blossom scent and powerful activated charcoal, this deep-cleaning soap is perfect for men and women alike. Formulated for the body and face to wash away excess dirt and oil without stripping the skin's natural moisture barrier.

HOW TO USE Lather. Wash. Rinse.



LAVENDER OATMEAL BAR SOAP


Item No. 490402 | 100 g 

With a relaxing floral scent and luxuriously creamy formula, our Lavender-Oatmeal Bar Soap is vegan-friendly and great for the whole family. Oats gently exfoliate while moisturising botanicals prevent over-drying, leaving skin feeling soft, smooth and refreshed.

HOW TO USE Lather. Wash. Rinse.



LEMON SANDALWOOD CLEANSING SOAP

Item No. 367502 | 100 g 

The Lemon essential oil in Lemon Sandalwood Cleansing Soap has clarifying properties to thoroughly cleanse the skin, while Sandalwood combats dryness.

HOW TO USE Lather. Wash. Rinse.



SHUTRAN BAR SOAP


Item No. 5711 | 170 g 

Containing ingredients such as Shutran™ essential oil blend, olive oil, shea butter, wolfberry seed oil and jojoba oil, Shutran Bar Soap is gentle on skin. Plus, it contains activated carbon, giving the bar its rich grey colour and deodorising properties.

HOW TO USE Lather. Wash. Rinse.



THIEVES CLEANSING SOAP

Item No. 367902 | 100 g 

Thieves® Cleansing Soap offers ultra-cleansing benefits and the power of pure essential oils. Containing the legendary Thieves essential oil blend, this bar soap is ideal for purifying the skin.

HOW TO USE Lather. Wash. Rinse.



VALOR MOISTURIZING SOAP

Item No. 3680 | 100 g 

Valor® Moisturizing Soap combines the empowering scent of Valor essential oil blend with all-natural ingredients to cleanse, soothe, moisturise and rejuvenate the skin.

HOW TO USE Lather. Wash. Rinse.

Bath Bombs & Shower Steamers



LAVENDER CALMING BATH BOMBS

Item No. 20671 | 4 bath bombs 

Lavender Calming Bath Bombs are formulated with Lavender essential oil for a soothing and calming aroma. These vegan bath bombs are also filled with nourishing ingredients and no unwanted additives. That means they're not only fun and relaxing—they also leave skin soft and moisturised.

HOW TO USE Drop one bath bomb into a tub filled with warm water.



STRESS AWAY RELAXING BATH BOMBS

Item No. 20674 | 4 bath bombs 

Popular for its warm and inviting vanilla-lime scent, Young Living's Stress Away™ essential oil infused vegan bath bombs are made with a mineral-rich formula and skin-loving ingredients to create a relaxing atmosphere while moisturising your skin.

HOW TO USE Drop one bath bomb into a tub filled with warm water.



CITRUS FRESH ENERGIZING SHOWER STEAMERS

Item No. 25153 | 4 steamers 

Let the bright, clean fragrance of Citrus Fresh™ help perk up your morning routine. Simply pop a Citrus Fresh Energizing Shower Steamer on the floor or shelf opposite your shower head to surround yourself with the aroma of five invigorating citrus essential oils, boosted by a hint of spearmint.

HOW TO USE Place one shower steamer onto the shower floor or shelf where it gets wet but does not obstruct the main water stream. Breathe in the fragrant steam for an amazing, spa-like experience. Not to be used as bath bombs.



EASY BREEZE AWAKENING SHOWER STEAMERS

Item No. 25155 | 4 steamers 

Let the crisp, effervescent scent of Peppermint and Eucalyptus essential oils drift through warm steam, filling your shower with a rejuvenating aroma. Let Easy Breeze™ Awakening Shower Steamers infuse your morning with an invigorating, luxurious experience.

HOW TO USE Place one shower steamer onto the shower floor or shelf where it gets wet but does not obstruct the main water stream. Breathe in the fragrant steam for an amazing, spa-like experience. Not to be used as bath bombs.

Deodorant



CITRAGUARD DEODORANT

REFORMULATED

Item No. 42619 | 42.5 g 


Unlike many conventional deodorants and antiperspirants, CitraGuard™ deodorant is clinically shown to help maintain the balance of the skin's natural microbiome. It shields your skin from unwanted external and environmental influences while offering dynamic protection from odour-causing bacteria.

HOW TO USE Apply as required.



MEADOW MIST DEODORANT

REFORMULATED

Item No. 42620 | 42.5 g 

Meadow Mist™ Deodorant contains no aluminum, parabens, talc or alcohol, so you can feel confident with every swipe. Made with skin-soothing oils and butters, our clean deodorant formula features sunflower seed wax instead of beeswax, making it vegan friendly. The sunflower wax base also improves the deodorant's structural integrity by reducing tackiness for a higher-quality stick.

HOW TO USE Apply as required.



VALOR DEODORANT

REFORMULATED

Item No. 42610 | 42.5 g 

Valor® Deodorant provides the protection you need against odour without using aluminium or harsh chemical additives, giving you a non-irritating, skin-soothing deodorant. Top notes of Black Spruce and Blue Tansy blend with subtle notes of Frankincense for a motivating scent that powers you through your day while protecting your pits.

HOW TO USE Apply as required.

Hand & Body Lotion



GENESIS HAND AND BODY LOTION


Item No. 370602 | 245 g 

Genesis™ Hand & Body Lotion is an ultra-moisturising cream containing coconut oil and other natural botanicals to soothe and nourish dry, dehydrated skin. Geranium, Palmarosa, Bergamot and other pure essential oils are included for their soothing properties.

HOW TO USE Use as needed to moisturise dehydrated skin.



LAVENDER HAND AND BODY LOTION


Item No. 520102 | 226 g 

Infused with Lavender essential oil and other plant-based ingredients, Lavender Hand and Body Lotion moisturises and protects skin from overexposure while offering long-lasting hydration.

HOW TO USE Use as needed to moisturise dehydrated skin.



LUSHIOUS LEMON HAND LOTION

Item No. 36644 | 236.5 g 

Hydrate and soften hands with the bright, citrusy aroma of Lushious Lemon™. The creamy, fatty acid and antioxidant rich formula quickly absorbs into skin to provide immediate, long-lasting hydration while protecting the skin's natural moisture barrier - without any greasy or heavy feel on the skin.

HOW TO USE Pump onto hands and massage into skin. Use as needed.



WINTER NIGHTS HAND LOTION

Item No. 33288 | 226 g 

The crisp, sweet, evergreen scents of Northern Lights Black Spruce, Peppermint, Cedarwood and Orange come together in a delightful combination, bringing to mind the magic of softly falling snow, the peace of crisp midnight air in winter and the warmth of cosy spaces. Made with naturally derived ingredients, this lotion lifts spirits and hydrates hands, helping you focus on all the best winter has to offer.

HOW TO USE Pump onto hands and massage into skin. Use as needed.

Body Butter



COCONUT-LIME REPLENISHING BODY BUTTER

Item No. 20225 | 80 g 


Containing mango and cupuacu butters with no added water, Coconut-Lime Replenishing Body Butter naturally moisturises your skin to keep you hydrated and soft all day long with a fresh, tropical scent.

HOW TO USE Apply all over body to moisturise skin. Use daily.

Winter Nights Collection



WINTER NIGHTS WONDERLAND COLLECTION

Item No. 36114 

Make the brisk winter air come alive with our Winter Nights Wonderland collection! Warm hearts and freshen homes with this trio of crisp and cosy-scented essentials.

INCLUDES 1 x Winter Nights Foaming Hand Soap 236.5 ml, 1 x Winter Nights Hand Lotion 226 g, 1 x Winter Nights Essential Oil Blend 5 ml

Hand Soap

LAVENDER FOAMING HAND SOAP



Item No. 443002	236 ml	🌿
Item No. 443102	3 pk (236 ml ea.)	

Lavender Foaming Hand Soap cleanses and conditions your hands without leaving dryness or irritation. Infused with Lavender essential oil, vitamin E and aloe, this soap is effective and gentle enough for the most sensitive skin.

HOW TO USE Pump foam onto hands, lather, then rinse thoroughly.

All 236 ml bottles include 1 x pump.

LUSHIOUS LEMON FOAMING HAND SOAP



Item No. 30942	236.5 ml	🌿
Item No. 30837	3 pk (236 ml ea.)	
Item No. 30922	946 ml (Refill)	

The Lushious Lemon Foaming Hand Soap combines Lemon, Lemon Myrtle, Spearmint and Ylang Ylang essential oils with other plant-based ingredients to gently cleanse hands. With a revitalising signature scent our hand soap leaves skin feeling soft and refreshed with a light lemony scent.

HOW TO USE Pump foam onto hands, lather, then rinse thoroughly.

All 236 ml bottles include 1 x pump.

THIEVES FOAMING HAND SOAP



Item No. 367402	236 ml	🌿
Item No. 364302	3 pk (236 ml ea.)	
Item No. 359402	Refill (946 ml)	

Cleanse your skin with Thieves® Foaming Hand Soap. Blending Thieves, Lemon and Orange essential oils with other natural ingredients, it's a gentle and effective alternative to harsh chemical soaps. Thieves Foaming Hand Soap is the perfect companion for every water outlet in your home.

HOW TO USE Pump foam onto hands, lather and rinse thoroughly.

All 236 ml bottles include 1 x pump.

WINTER NIGHTS FOAMING HAND SOAP



Item No. 36199	236.5 ml	🌿
Item No. 33068	3 pk (236.5 ml ea.)	

This Young Living Signature Scent combines the foresty and cooling scents of Northern Lights Black Spruce, Peppermint, Cedarwood and Orange. Richly foaming Winter Nights Foaming Hand Soap cleanses and invigorates, reminding you of soft snow.

HOW TO USE Pump foam onto hands, lather and rinse thoroughly.

All 236 ml bottles include 1 x pump.

Shower Gel

BATH AND SHOWER GEL BASE



Item No. 375102	236 ml	🌿
-----------------	--------	---

Young Living's Bath and Shower Gel Base is the perfect way to nourish and cleanse your skin. Add a few drops of your favourite essential oil single or blend to the gel base for a luxurious custom bath or shower gel.

HOW TO USE Add 5-15 drops of essential oil to 236 ml of gel base and shake to mix. Lather. Wash. Rinse.

EVENING PEACE BATH AND SHOWER GEL



Item No. 374202	245 g	🌿
-----------------	-------	---

Evening Peace™ Bath and Shower Gel refreshes the skin and calms the mind. Essential oils such as Coriander, Bergamot, Ylang Ylang and Geranium invoke feelings of serenity and relaxation to soothe and nourish the skin.

HOW TO USE Lather. Wash. Rinse.

LAVENDER BATH AND SHOWER GEL



Item No. 5202	236 ml	🌿
---------------	--------	---

Infused with pure Lavender essential oil, Lavender Bath and Shower Gel cleanses, soothes and relaxes your skin. It is free from harsh chemicals and synthetic preservatives and contains plant-based ingredients such as coconut oil and star anise.

HOW TO USE Lather. Wash. Rinse.

MORNING START BATH AND SHOWER GEL



Item No. 374502	236 ml	🌿
-----------------	--------	---

Morning Start™ Bath and Shower Gel will help you feel refreshed at the start of every day with the power of pure essential oils. Peppermint, Lemongrass and Rosemary uplift and energise, while Juniper purifies and cleanses the skin.

HOW TO USE Lather. Wash. Rinse.

Shower Gel



SENSATION BATH AND SHOWER GEL

Item No. 374802 | 236 ml

Sensation™ Bath and Shower Gel contains several pure essential oils, including Ylang Ylang and Jasmine, for a soothing, relaxing experience which can inspire feelings of romance and connection.

HOW TO USE Lather. Wash. Rinse.



COOL AZUL SPORTS GEL

Item No. 543602 | 100 ml

Cool Azul™ Sports Gel is formulated with a full 10 percent of pure essential oils in every 100 ml tube. Along with hydrating the skin, our sports gel boasts a topically cooling blend of Peppermint, Plectranthus Oregano and Dorado Azul essential oils with menthol and camphor.

HOW TO USE Shake well before use. Rub and massage generously onto skin. Wash hands after use. Keep away from eyes.



LAVADERM COOLING MIST

Item No. 324902 | 59 ml

LavaDerm™ Cooling Mist contains Lavender essential oil and aloe to soothe and rejuvenate overexposed skin.

HOW TO USE Spray topically onto desired area. Repeat every 10-15 minutes as needed.



MINERAL SUNSCREEN LOTION SPF 50

Item No. 24189 | 85 g

This SPF 50 broad spectrum, high protection sunscreen is formulated to protect from UVA and UVB rays. Use this water-resistant sunscreen with other sun protection measures to help prevent premature ageing. Add this to your outdoor ensemble (such as a broad-rimmed hat, sunnies and a sleeved shirt) for effective protection year-round.

HOW TO USE Apply liberally 20 minutes before sun exposure. Re-apply after 80 minutes of swimming or sweating, immediately after towel drying or at least every 2 hours. Avoid prolonged sun exposure.



OUTDOOR BLEND

Item No. 28391 | 177 ml

Outdoor Blend is a powerful formula combining Citronella and Lemongrass essential oils, both known for their outdoor use, along with sesame oil and vitamin E. Outdoor Blend offers a bright, citrusy aroma and applies smoothly to skin without leaving a sticky, greasy residue.

HOW TO USE Apply to the arms, legs and neck before heading outdoors.

More Body Care



CLARADERM SPRAY

Item No. 375002 | 59 ml

ClaraDerm™ Spray soothes dry, chapped or itchy skin. This gentle blend of Lavender, Frankincense and other essential oils is expertly formulated to relieve occasional skin irritations. It is especially comforting to delicate, stressed skin before and after childbirth.

HOW TO USE Apply topically as needed.



LAVADERM AFTER SUN SPRAY

Item No. 25389 | 57 g

LavaDerm™ After Sun Spray uses menthol from mint to soothe and cools the skin. It has moisturising ingredients such as aloe, Lavender essential oil and Helichrysum essential oil which leave skin feeling soft and smooth. LavaDerm After Sun Spray is safe for the whole family to use after the beach, a hike or after any outdoor activity.

HOW TO USE Apply to desired area no more than 3-4 times daily.

WHILE STOCKS LAST



LAVAMINT SOFTENING FOOT SCRUB

Item No. 25152 | 85 g

This Lavender and Peppermint-infused natural exfoliant rubs away rough, callused skin on your feet and opens pores so you can apply essential oils to reveal soft, healthy-looking skin.

HOW TO USE Massage into dry feet, including toes, soles and heels, then apply a small amount of warm water to transform the gel base into a milky lotion. Continue scrubbing over wet feet. Clean with a damp towel or rinse with water.



MIRAH SHAVE OIL

Item No. 5156 | 59 ml

Mirah™ Shave Oil is formulated with a rich blend of essential oils, emollients and botanical ingredients for a luxuriously close shave. Exotic baobab, meadowfoam and avocado oils work together with our exclusive Mirah essential oil blend to reduce razor drag, bumps and nicks.

HOW TO USE Pump shave oil into hands and rub a thin layer over skin. Shave and rinse.

Hair Care

Give your hair the care it deserves! Our hair care products are infused with essential oils and made with plant-based, safe and environmentally responsible ingredients, so you don't have to worry about introducing any unwanted toxins to your hair or back into the environment.



COPAIBA-VANILLA MOISTURIZING SHAMPOO

REFORMULATED

Item No. 29022 | 295 ml

Copaiba Vanilla Moisturizing Shampoo is a rich, hydrating shampoo for dry or damaged hair.

HOW TO USE Lather. Rinse. Use when required to hydrate dry or damaged hair.



COPAIBA-VANILLA MOISTURIZING CONDITIONER

REFORMULATED

Item No. 29029 | 295 ml

Copaiba Vanilla Moisturizing Conditioner is a rich, hydrating conditioner for dry or damaged hair.

HOW TO USE Apply to shampooed hair, avoiding the roots. Rinse. Use to hydrate dry or damaged hair.

WHILE STOCKS LAST



LAVENDER MINT CLARIFYING SHAMPOO

REFORMULATED

Item No. 28857 | 295 ml

Lavender Mint Daily Shampoo is an invigorating daily shampoo suitable for all hair types.

HOW TO USE Lather. Rinse. Use when required to cleanse and nourish hair.

WHILE STOCKS LAST



LAVENDER MINT CLARIFYING CONDITIONER

REFORMULATED

Item No. 28992 | 295 ml

Lavender Mint Daily Conditioner is an invigorating daily moisture-blended conditioner suitable for all hair types.

HOW TO USE Apply to shampooed hair, avoiding the roots. Rinse. Use to cleanse and nourish hair.



LAVENDER VOLUME SHAMPOO

REFORMULATED

Item No. 29411 | 236 ml

Lavender Volume Shampoo gently cleanses and nourishes fine hair. Added botanical extracts, vitamins and essential oils remove build-up while maximising volume.

HOW TO USE Lather. Rinse. Use when required to cleanse and strengthen hair.



LAVENDER VOLUME CONDITIONER

REFORMULATED

Item No. 29423 | 236 ml

Lavender Volume Conditioner gently conditions fine hair and complements Lavender Volume Shampoo.

HOW TO USE Apply to shampooed hair, avoiding the roots. Rinse. Use to cleanse and strengthen hair.



MIRAH LUSTROUS HAIR OIL

Item No. 23705 | 53 ml

Formulated with every hair type in mind, Mirah™ Lustrous Hair Oil softens and smooths the hair by minimising frizz, flyaways and tangles. Infused with Abyssinian, Monoi, camellia and argan oils, this hair oil improves manageability and shine and also has a pleasant, floral aroma.

HOW TO USE Apply a small amount to damp hair, from mid-length to ends, before blow-drying or air-drying or smooth through dry hair to eliminate frizz and add a healthy shine.

Men's Care

Freshen up with shaving and grooming products specifically formulated for men, all featuring naturally derived ingredients and premium essential oils. Our men's line includes everything busy men need to care for their skin and body, delivering a head-to-toe clean and natural confidence.



SHUTRAN ESSENTIAL OIL BLEND

Item No. 483502 | 15 ml   


An empowering essential oil blend specially formulated with a scent for men to boost feelings of masculinity and confidence, Shutran™ is perfect for use as a cologne that appeals to both men and women.

INGREDIENTS Idaho Blue Spruce, Ylang Ylang, Ocotea, Hinoki, Davana, Cedarwood, Lavender, Coriander, Lemon, Northern Lights Black Spruce

HOW TO USE Diffuse, directly inhale or apply topically.



SHUTRAN 3-IN-1 MEN'S WASH


Item No. 20483 | 236 ml 

Young Living's Shutran™ 3-in-1 Men's Wash is a shampoo, face wash and body wash all in one. Formulated with Shutran essential oil blend, aloe, ucuuba nut oil and other naturally derived ingredients, this cleanser is gentle, effective, smells great and will keep you fresh and clean from head to toe all day long.

HOW TO USE Lather over hair, body and face. Rinse.



SHUTRAN AFTERSHAVE LOTION


Item No. 571002 | 50 g 

This 100 percent vegetable-based aftershave refreshes and calms the skin after shaving. Made with Shutran™ essential oil blend, organic coconut oil, argan oil, jojoba oil, witch hazel extract, dandelion root extract and aloe vera, this aftershave is perfectly moisturising.

HOW TO USE Apply a small amount to face after shaving with Shutran™ Shave Cream. Can also be applied between shaves to keep skin moisturised.



SHUTRAN BAR SOAP

Item No. 5711 | 170 g 

Containing ingredients such as Shutran™ essential oil blend, olive oil, shea butter, wolfberry seed oil and jojoba oil, Shutran Bar Soap is gentle on skin. Plus, it contains activated carbon, giving the bar its rich grey colour and deodorising properties.

HOW TO USE Wet bar and work into a lather. Apply lather to desired areas of the body to cleanse skin. Rinse thoroughly with water.



SHUTRAN BEARD OIL

Item No. 20875 | 30 ml 

Shutran™ Beard Oil features the inspiring scent of our Shutran essential oil blend and is specially crafted to soften, condition and add a healthy-looking sheen to facial hair while moisturising the skin underneath.

HOW TO USE Use the dropper to dispense 3-4 drops of oil into the palm of your hand. Gently work the oil into your facial hair. Groom and style your facial hair as normal. Rinse excess oil from your hands with warm, soapy water.



SHUTRAN SHAVE CREAM

Item No. 25558 | 100 ml 

Made with pure essential oils and moisturising botanicals, Shutran™ Shave Cream delivers an incredibly close, smooth shave. Combining hydrating palm, grape seed and olive oils, naturally derived vitamin E complex and mango and cocoa butters, this luxurious shave cream provides a frictionless glide to reduce razor burn and nicks.

HOW TO USE Wet area with warm water. Apply a thin, even layer. Shave and rinse razor after each stroke. Rinse area with water.



Shopping with Young Living has its benefits!

We've dedicated decades to developing products that provide each of us with a healthy body, mind, home and planet. We're proud to bring you choices that support wellness and sustainability in every aspect of your life without ever wavering in our Seed to Seal® quality commitment. Our goal is to provide you with more ways to incorporate wellness and toxin-free alternatives into your habits and home.

Being a part of the Young Living community, as a Brand Partner not only provides access to our premium essential oils and essential oil products, but also offers:

- Wholesale pricing – you can access 24 percent off retail pricing on all Young Living products, when you join with 100 PV (point value).
- Access to Essential Rewards (ER), Young Living's perks program with a host of benefits:
 - Exclusive access to monthly gifts with purchase of 145+ PV.
 - Earn points to redeem for free products: Every ER 50+ PV order earns you loyalty points. The longer you place 50+ PV ER orders, the more loyalty points you earn each month – from 10% to 25% of the PV value in points.
 - Receive free gifts: Earn a free product every three months for the first year when you place an ER order of 100+ PV every month.
 - Exclusive access to discounted Essential Rewards Bundles
 - The convenience of having your favourite products automatically delivered each month – or easily customise your order each month.

Our promise to you

OUR MONEY-BACK GUARANTEE

If you are not satisfied with any Young Living product, you may return any unopened product within 30 days after shipment for a full refund or a credit on your Young Living account.*

Opened product must be returned to Young Living within 30 days after shipment. A credit will be applied to your account. For the full details of Young Living's Returns Policy, please see Section 11 of the Policies and Procedures.

*Note that the full refund will be provided in the same method of payment of the purchase price and GST (incl. reasonable shipping charges). Credit will be provided on your Young Living account of the purchase price and GST (incl. reasonable shipping charges).

3 Ways to Get Started with Young Living

Purchase a Starter Bundle

MOST
POPULAR
OPTION

- Select from eight Starter Bundles:
 - Includes 5 x Wellness Essential Oil singles and 7 x Essential Oil blends in the Starter Bundles that include a diffuser* (pictured)
 - Other Starter Bundles available include Basic, Healthy Home and NingXia Red
- Enjoy 24% off retail pricing
- Option to join the Essential Rewards Loyalty Program (ER)
- Add any additional products to your ER order, including a range of Essential Rewards Bundles



Desert Mist Starter Bundle (AUS)

This option provides the best value for money!

*New Zealand Starter Bundles contain the regular versions of the essential oil singles.

*Images are used for Australian versions only.

Choose your own products with a Customised Enrolment Order (CEO)

- Select any products: totalling 100 PV or more
- A Starter Bundle is NOT required
- Enjoy 24% off retail pricing
- Option to join the Essential Rewards Loyalty Program (ER)
- Add any additional products to your ER order, including a range of Essential Rewards Bundles



Nature's Home Essentials - Lifestyle Collection

Purchase as a Retail Customer

- Select any products
- No minimum order required
- Retail prices



Essential Rewards

The Starter Bundles and CEO options mentioned above allow you to benefit from the generous Essential Rewards (ER) Loyalty Program. [Learn more on page 80.](#)

Always read the label and follow the directions for use. View the full list of health warnings at youngliving.com/en_au/health-warnings. To share or sell these products compliantly please refer to the Product Claim Pages found in your Virtual Office.

Set yourself up for success with a Young Living Starter Bundle

An extraordinary value that offers a comprehensive introduction to the power of essential oils and the Young Living lifestyle. Our Starter Bundles are the perfect option for those wanting to transform their lives, with all-natural products. Select from our beautiful, value-packed range of Starter Bundles and save up to 50% on your favourite essential oil products and diffusers!

Essential Oil + Diffuser Starter Bundles*



12 Essential Oils

- 1 x Frankincense Wellness® 5 ml
- 1 x Lavender Wellness® 5 ml
- 1 x Lemon Wellness® 5 ml
- 1 x Orange Wellness® 5 ml
- 1 x Peppermint Wellness® 5 ml
- 1 x Peace and Calming® 5 ml
- 1 x DiGize™ 5 ml
- 1 x PanAway® 5 ml
- 1 x R.C.™ 5 ml
- 1 x Stress Away™ 5 ml
- 1 x Thieves® 5 ml
- 1 x Valor® 5 ml

Everyday Essentials

- 1 x Thieves® Spray 29.5 ml
- 1 x Thieves® Waterless Hand Sanitizer 29.5 g
- 2 x NingXia Red® Sachets (60 ml ea.)
- 2 x AromaGlide™ Roller Fitment

Resources & More

- 1 x Product Guide
- 1 x Price List
- 1 x Policies & Procedures Highlights
- 1 x Essential Oils at a Glance Flyer
- 1 x Welcome Folder

Your choice of Starter Bundle diffuser



Aria Starter Bundle

Item No. 36632 (AUS)
Item No. 30764 (NZ)



Desert Mist Starter Bundle

Item No. 37010 (AUS)
Item No. 30766 (NZ)



Dewdrop Starter Bundle

Item No. 36637 (AUS)
Item No. 30767 (NZ)



Lantern Starter Bundle

Item No. 36639 (AUS)
Item No. 30768 (NZ)



Rainstone Starter Bundle

Item No. 36640 (AUS)
Item No. 30769 (NZ)

Other Starter Bundles



Healthy Home Starter Bundle*

Item No. 36866 (AUS) Item No. 37079 (NZ)



NingXia Red Starter Bundle*

Item No. 36990 (AUS) Item No. 37051 (NZ)



Basic Starter Bundle*

Item No. 36865 (AUS) Item No. 36851 (NZ)

*These images depict Australian Starter Bundles.

Please note, New Zealand Starter Bundles contain the regular essential oil single versions.

Embrace wellness and abundance with Young Living's Lifestyle Collections



KidPower Collection

Item No. 38905

Item No. 40807 (without diffuser)

Carefully created with your little ones in mind. Let your child shine bright by encouraging feelings of confidence and positivity with the power of essential oils. Containing gentle, safe ingredients perfect for your children's needs.



Mindfulness Collection

Item No. 35501 (Amethyst Glass Water Bottle)

Item No. 34974 (Rose Quartz Glass Water Bottle)

The ultimate gift to nurture yourself or a loved one. Embrace the present moment and express your gratitude for earth's natural wonders and blessings with three of Young Living's most popular, pure essential oils. Reconnect with yourself by incorporating a daily mindfulness practice into your wellness routine.



Nature's Home Essentials Collection

Item No. 32078

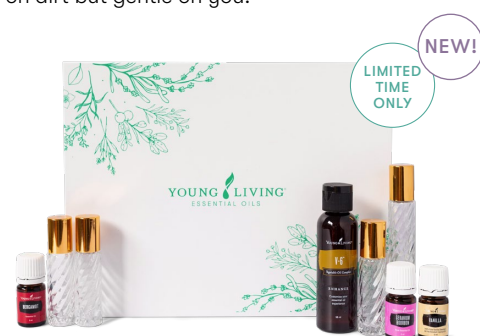
Contains a selection of plant-based products infused with pure essential oils to tackle your everyday household chores. The careful blend of botanicals makes our cleaning formula free from harsh chemicals and irritants—it's tough on dirt but gentle on you!



Relaxation Collection

Item No. 35875

Take a moment for yourself each day to rest, recover and restore. Including pure, essential oil products to help nourish the skin and mind. This collection has everything you need to enhance your self-care routine.



Signature Scent Collection

Item No. 41434

Embrace clean beauty and enjoy the relaxing, sweet aromas of this collection! Featuring a range of floral and sweet scents to create your perfect blend, you'll have a fragrance for every occasion. Paired with V-6™ Enhanced Vegetable Oil Complex and a glass roller bottle set, to help create your signature scent or a gift for a loved one.



Sweet Dreams Collection

Item No. 33912

Item No. 40675 (without diffuser)

Your ultimate dreamy bundle designed to help calm your mind, relax your body and soothe your soul to encourage peaceful sleep. Featuring pure essential oils and plant-based products, this collection offers simple, safe and effective solutions for relaxing sleep and stress relief.

Essential Rewards

Are you buying product consistently? Do you want to earn free product? Customise your monthly order by joining our optional Essential Rewards perks program to earn points that work like cash!

Benefits of Enrolling

- ✓ Earn Essential Rewards points with every 50 PV or above order to use towards free product.
The percentage of PV points you earn depends on how many months you have consecutively placed qualifying Essential Rewards orders.
EARN 10%
In PV points during the first 3 months of ordering
EARN 20%
In PV points between the 4th and 24th month of ordering
EARN 25%
In PV points after the 25th month of ordering and beyond
- ✓ Get FREE gifts when you consecutively order a minimum of 100 PV worth of product!
- ✓ Receive a bonus PV promotion reward when you reach 145 PV or more in your monthly orders.
- ✓ Discounted pricing on exclusive Essential Rewards Bundles.
- ✓ Customise your order each month or set up an automatically recurring order!

Please note:

- Choose your favourite Young Living products or Essential Rewards Bundle(s) worth at least 145 PV to qualify for the Essential Rewards gifts.
- Your ER points expire 12 months after they were earned.
- Selected items may not be available for ER Point Redemption. Please refer to Price List for details and number of points required for redemption.
- Sales Compensation Plan bonuses may be subject to change.
- To read the full Terms & Conditions for the Essential Rewards Program and to find out more details, please visit YoungLiving.com.au or YoungLiving.co.nz > **Member Benefits > Essential Rewards Program**
- ER program and PV promotion rewards and gifts may be subject to change.

Subscribe to get your order automatically every month.
With so many perks and bonuses, there's no better time to start than now!



Scan the QR code for more details about Essential Rewards.
Visit YoungLiving.com.au or YoungLiving.co.nz

Looking for a Business Opportunity? Sharing the YL Lifestyle

When you join Young Living, you join a supportive global community of individuals who are passionate about naturally derived, authentic solutions for themselves and their families. Sharing Young Living with those around you is your opportunity to invite others to join and enjoy a community of whole-life wellness.

- Our Sales Compensation Plan is one of the industry's most generous, offering a higher-than-average payout through commissions and bonuses.*
- Earn overseas Retreats: Every year we host several retreats in beautiful locations around the world to reward and train those who have demonstrated exceptional dedication in building their businesses.
- Recognition for your talents and hard work: We celebrate your rank advancement success with gifts and recognition at our events, such as Conventions.
- The opportunity to work towards and qualify for incredible all expenses-paid Incentive Trips with other YL qualifiers to reward you for your success.

Talk to the person who introduced you to Young Living, then head over to YoungLiving.com.au or YoungLiving.co.nz, click on 'Become A Brand Partner' and follow the prompts to enrol.

**The Brand Partner sales earnings disclosed are potential gross earnings and not net of other business expenses and not necessarily representative of the actual income, if any, that a Brand Partner can or will earn through the Young Living Sales Compensation Plan. A Brand Partner's earnings will depend on individual diligence, work effort, sales skill and market conditions. Young Living does not guarantee any income or rank success. See the Income Disclosure Statement for detailed earnings information per rank.*

View the Income Disclosure Statement here:
bit.ly/YLIncomeDisclosureAUNZ



To nurture potential, rescue the
harmed and protect the earth.



THE D. GARY YOUNG YOUNG LIVING™ FOUNDATION

PROVIDING A HAND UP SINCE 2009

For over a decade, The D. Gary Young, Young Living Foundation has partnered on dozens of projects worldwide that have helped over one million individuals meet their basic needs and access the opportunities they need to dream, create and thrive.

Over the years we've seen children overcome barriers to attend college, mothers bring their families out of poverty and girls escape the shadows of exploitation to become leaders of their own lives.

OUR MISSION:

To nurture potential, rescue the harmed and protect the earth

OUR THREE FOCUS AREAS:



NURTURE POTENTIAL

Unlocking opportunity through education and women's small-business enterprise.



RESCUE THE HARMED

Safeguarding the vulnerable from abuse and human trafficking.



PROTECT THE EARTH

Supporting conservation efforts that bring about change in the natural environment.

GET INVOLVED:

Our impact is propelled by the support of people like you who are committed to making a real difference for people in need around the world.

Together, we can continue to accelerate good and change lives for good.

Learn more at
YoungLivingFoundation.org/get-involved



We created Seed to Seal® as a set of rigorous quality benchmarks that put people and planet first. Seed to Seal's three pillars—Sourcing, Science and Standards—let you fall in love with Young Living products knowing that inside each bottle, tube, box or bag is a powerful product with a sustainable story.



Seed to Seal

Our quality commitment



Sourcing

Quality products come from quality sources. That's why we work exclusively with Young Living corporate-owned farms, partner farms and Seed to Seal-certified suppliers around the globe, so we can source conscientiously and prioritise quality as well as community and ecological impact. Our sourcing philosophy means that you never have to choose between quality and conscience.



Science

Purity starts in the field, but it's proven in the lab—two in-house labs and more than a dozen leading independent labs, to be exact. Every batch of Young Living essential oil undergoes advanced purity and efficacy testing and retesting by the 50+ highly trained scientists at our D. Gary Young Research Institute. Products that aren't pure enough or powerful enough—or that simply aren't perfect—never make it to your home.



Standards

Our decades of leadership mean that we're responsible for setting—and surpassing—the definitive green standard that others follow. This requires rigorous commitment to environmental standards that put people and the planet over profits. We proactively design, evaluate and regulate our process to ensure we do things the right way.

*Seed to Seal informs and inspires everything we do.
For more detailed information on our Seed to Seal pillars, please visit SeedtoSeal.com*



Global Farms

While our modern world is a miracle of engineering, it hasn't been such a miracle for our planet. Today's farming practices produce contaminated, modified crops and products that would be unrecognisable to our ancestors. To provide the most potent and nutritionally dense products on the market, we're going back to our farming roots, valuing quality over quantity.

When our founder, D. Gary Young, started the modern essential oils movement, he knew we couldn't harvest from farms that produced low-quality crops. Instead, he built his own farms. At Young Living's many corporate-owned farms around the world, you can find a fusion of ancient and modern farming practices that ensures that the natural essence of each plant is honoured and preserved from start to finish. This is the foundation of our Seed to Seal® quality commitment, which backs every essential oil and ingredient-based product we deliver to your home. From the trusted sources of our essential oils and select product ingredients to innovative, science-backed proprietary formulas and rigorous quality tests, we set and exceed the highest quality standards. Seed to Seal is governed by the activities defined within our three guiding pillars: sourcing, science and standards.

This rigorous quality commitment ensures that the products in your home are as clean as nature intended, helping you connect back to the planet while doing your part to keep it green. Now with more than 24 farms across six continents, Young Living has set the standard for sustainable farming practices around the globe.

Book your farm tour at [YoungLiving.com](https://www.YoungLiving.com)



Scan the QR code for more details about each farm.



Young Living Lavender Farm and Distillery

Mona, Utah, USA

The Young Living Lavender Farm and Distillery is an iconic lavender farm, not only for Young Living but also to the essential oils movement and the wellness community. This farm constantly strives to improve its green efforts and sustainability. A recent redesign of the farm's distillery created a closed-loop system that saves approximately 984 million litres of water a year. Only a short drive from Young Living Global Headquarters, this lavender farm is home to events such as the Lavender Day Festival, the Fall Festival and Draft Horse Show and Rodeo. It is also a centre for innovative new distilling methods.

OILS FROM THIS FARM:

Lavender, Clary Sage, Goldenrod, Melissa, Juniper, Blue Yarrow, White Fir, Evergreen Essence, Ruta Graveolens, Hyssop



Skyrider Wilderness Ranch

Tabiona, Utah, USA

The Skyrider Wilderness Ranch—nestled in the hills of Tabiona, Utah and home to stunning vistas and wildlife—held a special place in Gary Young's heart. The ranch occupies 38 square kilometres in one of the largest pinyon pine forests in the world. It's home to 8–12 beehive colonies that pollinate the plants and help maintain a healthy ecosystem. The farm is also a waystation for beautiful monarch butterflies where they can rest and feed during their migration between Canada and the Yucatan.

PRODUCT FROM THIS FARM:

Einkorn



Skyrider River Ranch

Tabiona, Utah, USA

This location is an addition to our Tabiona ranch family. Located near Young Living's Skyrider Wilderness Ranch, this ranch grows many botanicals for essential oil research. It's also the location of the D. Gary Young Wildlife Sanctuary, an 11,597-acre conservation easement Young Living donated to The Nature Conservancy. The sanctuary serves as a migratory corridor, nicknamed the Utah Serengeti, due to the large herds of elk and deer that migrate between their summer and winter ranges. The easement includes seven miles of the Duchesne River, two mountain ranges and the sage brush habitat that provides a haven for endangered greater sage-grouse.



St. Maries Lavender Farm and Distillery

St. Maries, Idaho, USA

The St. Maries Lavender Farm and Distillery is where the Young Living farm family got its start. Young Living Founder D. Gary Young brought authentic, unhybridised lavender and melissa seeds from France and planted them on this beautiful 200-acre farm. Years later, when viral and fungal blights threatened France's lavender crop, Gary carried seeds from the St. Maries farm to share with lavender farmers in France, helping to re-establish true lavender.

OILS FROM THIS FARM:

Lavender, Melissa, Goldenrod



Vida De Seville Distillery

Almaden de la Plata, Seville, Spain

Located less than an hour from the city of Seville, this distillery crafts some of our most-beloved essential oils. The distillery puts passion and craft into the process, including distilling Cistus oil from handpicked, wildcrafted plants that grow in the Sierra Norte Nature Park. The distillation process and zero-waste practices further our efforts to sustain the land and produce the highest-quality products straight from nature.

OILS FROM THIS FARM:

Cistus, Frankincense, Myrrh



Labbeemint Partner Distillery

White Swan, Washington, USA

Founded by Jack Labbee in the early 1940s, the Labbeemint Partner Distillery started out as a small, family-run facility and grew to become the premier peppermint and spearmint provider for the oral care, confectionary, flavour, fragrance and aromatherapy industries. With four strategic locations that include a distillery at its main location in Washington and warehouses in other locations, Labbeemint provides a scalable, sustainable mint source. The farm is still family run and maintains a level of unmatched supply chain honesty and transparency that makes it the ideal mint supplier for Young Living.

OILS FROM THIS FARM:

Peppermint, Spearmint



Kona Sandalwood Reforestation Project

Big Island, Hawaii, USA

The Kona Sandalwood Reforestation Project is a great example of how our farm partnerships strive to preserve cultural values. At this location, only dead or dying sandalwood is harvested to maintain the ecological balance and to follow the deeply rooted Hawaiian belief in humanity's responsibility to maintain a respectful relationship with the land.

OIL FROM THIS FARM:

Royal Hawaiian™ Sandalwood*

*Royal Hawaiian Sandalwood is a trademark of Jawmin, LLC.



Finca Botanica Farm and Distillery

Chongon (Guayaquil), Ecuador

Building this farm and its state-of-the-art distillery started as one of Gary Young's passion projects. Today Chongon's tropical climate helps nurture the farm's 2,000 acres of rich soil, year-round harvests and lush botanical life. To protect the crops, part of the farm's biomass is composted with manure and given to worms. The worms eat the compost and transform it into worm humus, which provides higher saturation of additional nutrients into the soil.

OILS & PRODUCTS FROM THIS FARM:

Ylang Ylang, Palo Santo, Mastrante, Lemongrass, Eucalyptus Blue, Dorado Azul, Ocotea, Plectranthus Oregano, Ruta Graveolens, Chocolate



Dalmatia Aromatic Farm and Distillery

Split, Croatia

Dalmatia's striking landscape is home to a rich history, as well as the highly specific conditions required to grow helichrysum. Helichrysum is one of those rare plants that doesn't require crop rotation since it takes its nutrients from the calcium carbonate found in rocks, not from the soil. That's why this farm was established: to be a sustainable source for our popular Helichrysum oil. It has since continued to grow and cultivate even more botanicals, protecting helichrysum and other plants growing in the wild.

OILS & PRODUCTS FROM THIS FARM:

Helichrysum, Sage



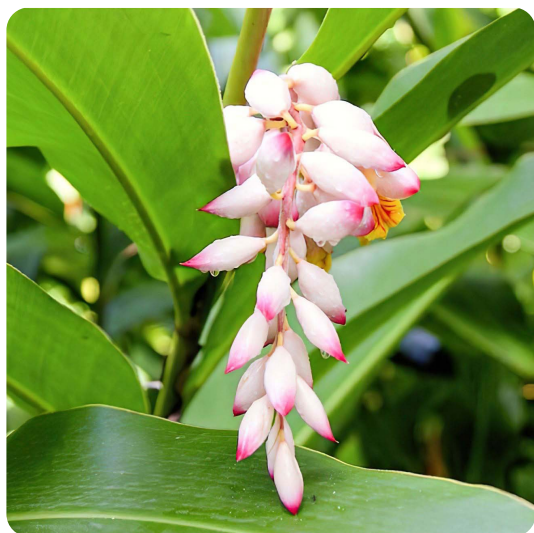
Amanzi Amahle Cooperative Farm and Distillery

KwaZulu-Natal, South Africa

The Amanzi Amahle Cooperative Farm and Distillery works with local growers throughout the region to produce some of Young Living's most popular essential oils. This partnership provides the valuable resources smaller farms need to produce high-quality essential oils, while also dedicating efforts to the conscientious treatment of people, land and resources. For example, in 2019 Young Living helped fund a mobile distillery that allowed the farm to distil on-site. The D. Gary Young, Young Living Foundation also worked with the farm to locate land for a community plot that will generate funds to purchase school transportation for local children.

OILS FROM THIS FARM:

Tea Tree, Eucalyptus Radiata, Lemon, Orange, Grapefruit



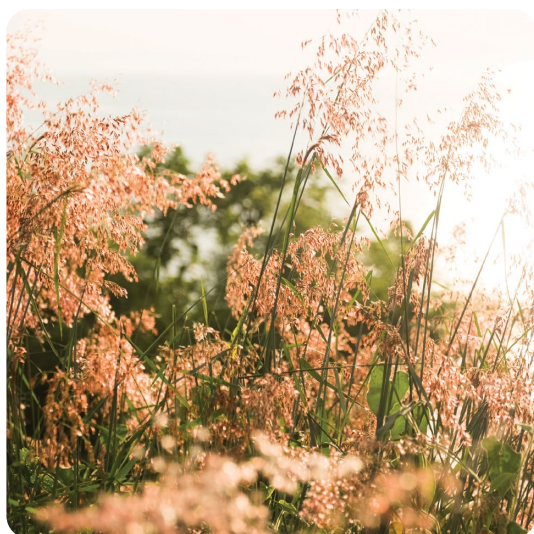
Okinawa Farm and Distillery

Okinawa, Japan

While working to discover and share powerful new essential oils with our global community, the Young Living farm team was introduced to shell ginger in 2021 by Dr. Je Tae Woo, a leading research scientist working with Young Living Japan. After reviewing the research, the farm team partnered with Dr. Woo in selecting, vetting and testing to our Seed to Seal® standards at the location that is now home to this beautiful northern Okinawa farm.

OIL FROM THIS FARM:

Shell Ginger



Taiwan Cooperative Farm And Distillery

Taitung, Taiwan

With a coastline and mountains over 4,260 metres high, Taiwan is home to diverse microclimates, giving the island a rich range of biodiversity. Similarly, the cooperative farm and distillery is made up of smaller individual farm operations that focus on different oils, including the oil harvested from hong kuai—the Taiwan red cypress. The farms seek to nurture and restore much of Taiwan's unique plant life after a century of deforestation and depletion.

OILS FROM THIS FARM:

Jade Lemon, Hong Kuai, Xiang Mao, Camphor Wood



Finca Victoria Farm

Ciudad Victoria, Tamaulipas, Mexico

The Finca Victoria Farm comprises of 2,400 acres of rich farmland, with 50 groves of hand-tended fruit trees. Fresh lime and grapefruit rinds are cold pressed to produce essential oils of the highest quality. Because this farm is a zero-waste facility, every remaining part of the fruit is put to good use.

OILS FROM THIS FARM:

Grapefruit, Lime



Outback Botanical Reserve and Distillery

Darwin, Australia

Australia's Northern Territory outback is the backdrop for this location's plantation of Australian cypress trees. The founder of the Outback Botanical Reserve and Distillery drew upon ethnobotanical use in aboriginal practices to discover a new, now-patented method of distillation that resulted in Blue Cypress essential oil. In 2007 Gary Young reached out to him about his discovery and provided the funds for the distillery, establishing one of our earliest partnerships.

OIL FROM THIS FARM:

Blue Cypress



Happy Pili Tree Farm and Distillery

Bicol Region, Philippines

Chosen as a partner farm because of its ethical and conscientious harvesting methods, the Happy Pili Tree Farm and Distillery is Young Living's main supplier of Elemi essential oil. With expertise in legally and sustainably sourcing this precious plant and providing fair wages to workers, the farm protects natural resources and helps ensure long-term viability of high-quality Elemi essential oil. The farm has also vertically integrated the production process by building a distillery on-site, as well as keeping job opportunities and expertise within the community.

OIL FROM THIS FARM:

Elemi



Arabian Frankincense Distillery

Muscat, Oman

Young Living is the first company in the world to distil and export Omani Sacred Frankincense oil and bring it to the Western world. Gary and Mary Young travelled to Oman in 1995 and learned the rich history of the *Boswellia sacra* trees that had been harvested there over the past 5,000 years. Gary was determined to build a distillery there and enlisted the help of Dr. Mahmoud Suhail, who used his special relationship with frankincense growers and harvesters to help Young Living offer Sacred Frankincense oil to the world.

OIL FROM THIS FARM:

Sacred Frankincense



Simiane-la-Rotonde Lavender Farm and Distillery

Simiane-la-Rotonde, France

Young Living's Simiane-la-Rotonde Lavender Farm and Distillery is located in charming Provence, a region of France renowned for its beauty, fragrant lavender fields and summer-long festivals. Keeping with our innovative sustainability initiatives and quest for pure, unadulterated oils, the farm uses sheep to weed its fields. Sheep prefer the leafy forbs that include most species of weed, leaving the essential oil-producing plants unharmed.

OILS FROM THIS FARM:

Lavender, Clary Sage, Rosemary, Lavandin, Einkorn



Northern Lights Farm and Distillery

Fort Nelson, British Columbia, Canada

After extensive scouting and research in 2014, Young Living purchased land in British Columbia, Canada, for the Northern Lights Farm and Distillery. Northern Lights serves as a main source of Black Spruce essential oil, an important oil in many popular blends. Ever mindful of the care it takes to preserve and protect these beautiful forests, the Northern Lights farm obtained a horticulture license and coordinated with local governments to manage the nearby forests. By thinning out old and dying trees, the farm enables surviving trees to grow and thrive.

OIL FROM THIS FARM:

Northern Lights Black Spruce



Mera Ocotea Farm

Pastaza Province, Ecuador

As one of our newest farms, the Mera Ocotea Farm presents Young Living with a unique opportunity to establish our commitment to the planet. For starters, we'll plant 5,000 ocotea trees on the farm's 120 acres, which will help accelerate oxygen production. The farm will rely on the region's year-round rainfall and will use only non-GMO seeds that are cultivated through natural pollination. In time, wildlife corridors will surround the farm, creating vital links between habitats that protect and re-establish threatened populations.

OIL FROM THIS FARM:

Ocotea



Highland Flats Tree Farm and Distillery

Naples, Idaho, USA

The Highland Flats Tree Farm and Distillery is home to beautiful conifer trees that produce essential oils reminiscent of the great outdoors. The farm has a registered monarch butterfly waystation habitat where migrating monarch butterflies can feed and rest during their travels between Canada and the Yucatan. The farm is also the first to replace its distillery's steam boiler with two steam generators, which produce steam on demand, improving efficiency while reducing waste. Keep an eye out for our Spring Planting and Winter Harvest events, so you can register to see the generators in action!

OILS FROM THIS FARM:

Idaho Blue Spruce, White Fir, Idaho Grand Fir



Kalipay Coconut Farm

Polillo Island, Philippines

The Kalipay Coconut Farm is located in the lush, tropical landscape of the Philippines. Kalipay provides Young Living with our main source of coconut oil. We chose Kalipay because it shares our passion for giving back and supports communities by donating a portion of its profits every year to help fight generational poverty through education, leadership and technology scholarship programs. The Kalipay Coconut Farm also uses green chemistry, a new discipline that focuses on the efficient use of resources and the elimination of waste during the production process.

PRODUCT FROM THIS FARM:

Coconut Oil



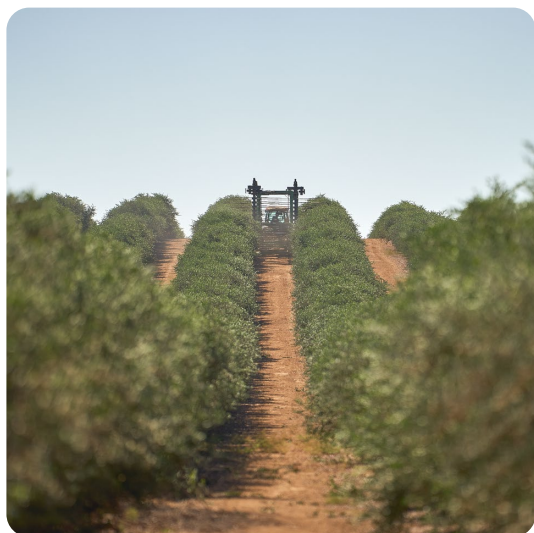
Bella Vista Farm

Reggio Calabria, Italy

The Bella Vista Farm is a third-generation farm and cold-press facility located outside the city of Reggio Calabria, Italy—a region that produces nearly 90 percent of the world's Bergamot essential oil! Founded in the early 1930s, the farm uses best practices to ensure the quality and purity of its Bergamot as it works to meet the demand for this popular citrus oil. The farm takes full advantage of southern Italy's sunny climate, using solar energy to power all its buildings during the off season.

OIL FROM THIS FARM:

Bergamot



Desert Oasis Farm

Hatzerim, Israel

The Desert Oasis Farm is our second Middle Eastern partner. This farm produces jojoba oil, which is used in many of our products, including Lavender-Oatmeal Moisturizing Soap, Mirah® Luminous Cleansing Oil and Shutran® Shave Cream.

OIL FROM THIS FARM:

Jojoba Oil



Ningxia Wolfberry Farm and Distillery

Ningxia, China

While travelling the world, Gary Young encountered the powerful wolfberry native to China's remote Ningxia region. This region hosts a diverse geography of forest mountains and hills, deserts, flood plains and basins carved by the Yellow River. The significant irrigation from the river supports the production of wolfberries, wolfberry puree and wolfberry seed oil. Gary knew the world needed access to this superfruit and partnered with the family-owned Ningxia Wolfberry Farm and Distillery as the provider for our popular NingXia Red® line and other products.

PRODUCTS FROM THIS FARM:

NingXia Red®, NingXia Zyng™, NingXia Dried Wolfberries

Let's be friends!

Follow us on Social Media

Join us on social media to get the latest news, promotions and events updates. Plus, connect with other YL members and grow your business!



Facebook Australia
'Young Living Australia'



Facebook Group - YL Business Collective
'The YL Business Collective'



Facebook New Zealand
'Young Living New Zealand'



Instagram
@YLBusinessCollective



Facebook AUNZ Members
'Young Living Members AUNZ'



YouTube.com
/c/YoungLivingAustraliaAndNewZealand



Instagram
@YoungLivingAUNZ



Pinterest
YoungLivingAUNZ

Imagery & Publications

Visit the Digital Library for resources such as product information, publications, images, shareable graphics and plenty more!



Digital Library Australia
Library.YoungLiving.com/en/au



Blog Australia
YoungLiving.com/blog/Australia



Digital Library New Zealand
Library.YoungLiving.com/en/nz



Blog New Zealand
YoungLiving.com/blog/New-Zealand

Subscribe to our Blog

Subscribe to our Blog and discover delicious recipes, learn about our oils and more.



Nature Distilled, Life Enhanced.

How to order

AUSTRALIA

Web: YoungLiving.com.au

Phone: 1300 AU YLEO (1300 28 9536)

Live Chat: <http://bit.ly/aunzlivechat>

Email: custserv@youngliving.com.au

SYDNEY EXPERIENCE CENTRE AND PRODUCT PICKUP / HQ

Level 3, Building B, 3 Columbia Court,
Baulkham Hills, NSW, 2153 Australia

PERTH EXPERIENCE CENTRE AND PRODUCT PICKUP

Unit 1, 30 Haydock Street,
Forrestdale Business Park,
Forrestdale, WA, 6112 Australia

NEW ZEALAND

Web: YoungLiving.co.nz

Phone: 0800 NZ YLEO (0800 69 9536)

Live Chat: <http://bit.ly/aunzlivechat>

Email: custservnz@youngliving.com

For more information, please contact
this Young Living brand partner:

The Oil House
theoilhouse@yahoo.com.au
Member #11436904



DIRECT SELLING
AUSTRALIA

Member



NEW ZEALAND

This document was printed using
paper from responsible resources.



MIX
Paper from
responsible sources
FSC® C102126



384902
2023 V1